

Vesper Propers, July 5, 2026
Sixth Sunday after Pentecost

Our venerable father Athanasius of Mt. Athos, hegumen, humble and peaceful, who founded a coenobitic way of living in the Great Laura. Despite many trials, he was father to many monks who followed his ascetic model. (1003)

Supplement for The Order of Vespers for Sundays after Pentecost, 2006

Lamplighting Psalms in the Tone of the Week (Tone 5, p. 69), stichera 10-7.

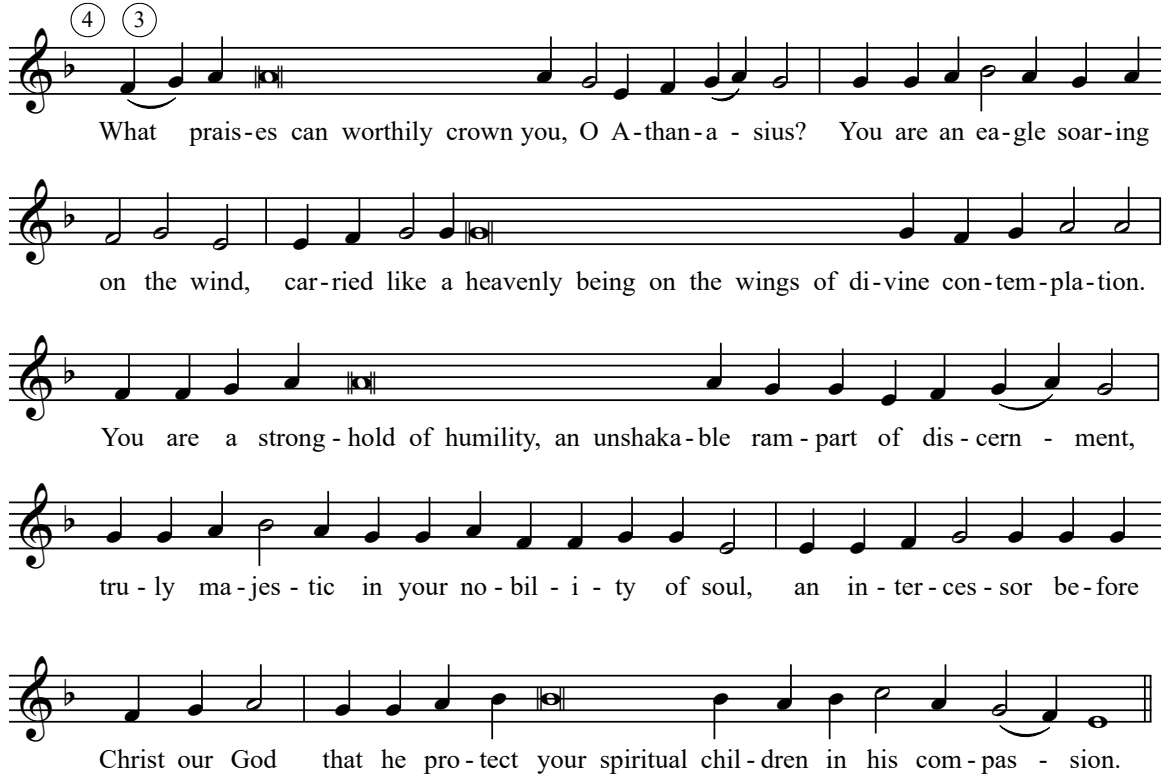
Cantor: (Tone 2) If you, O Lord, should mark our guilt, Lord, who would survive?
(on 6) But with you is found forgiveness; for this we revere you.

Stichera of our venerable father Athanasius of Mount Athos - Tone 2 samohlasen

What prais-es are worthy of you, O A-than-a - sius? Your vir-tues are your true
a-dorn - ment, and you were filled with grace by the light flow - ing from God.
You are a sword cutting down the re - bel - lious pas - sions, a ra-diant
pil - lar of divine con - tem - pla - tion, a flame of ab - sti - nence enkindling on the
lamp-stand of your soul the di-vine precepts of the One who gives life to all man-kind!

Cantor: My soul is longing for the Lord, I count on his word.
(on 5) My soul is longing for the Lord, more than watchman for daybreak.
All repeat "What praises are worthy of you..."

Cantor: Let the watchman count on daybreak
(on 4) and Israel on the Lord.

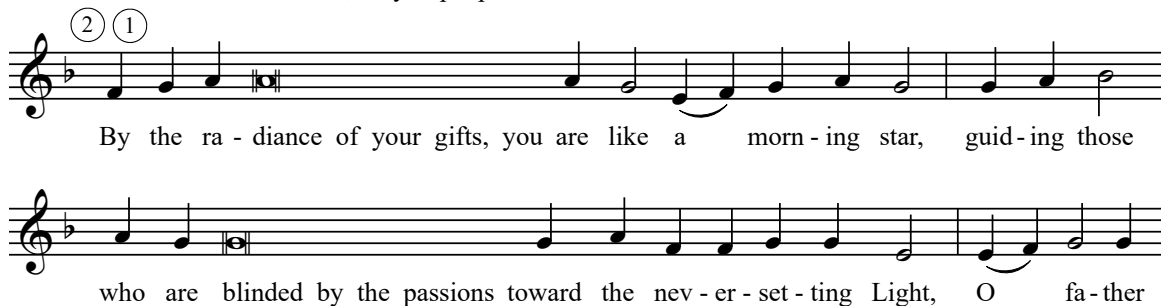


④ ③

What prais-es can worthily crown you, O A-than-a - sius? You are an ea-gle soar-ing
on the wind, car-ried like a heavenly being on the wings of di-vine con-tem-pta-tion.
You are a strong - hold of humility, an unshaka-ble ram - part of dis - cern - ment,
tru - ly ma - jes - tic in your no - bil - i - ty of soul, an in - ter - ces - sor be - fore
Christ our God that he pro - tect your spiri-tual chil - dren in his com - pas - sion.

Cantor: Because with the Lord there is mercy and fullness of redemption.
(on 3) Israel indeed he will redeem from all its iniquity.
All repeat "What praises can worthily crown you..."

Cantor: Praise the Lord, all you nations; **Psalm 116**
(on 2) acclaim him, all you peoples!



② ①

By the ra - diance of your gifts, you are like a morn - ing star, guid - ing those
who are blinded by the passions toward the nev - er - set - ting Light, O fa - ther



Athana-sius, wise in God. Since you in-creased the talent en-trust-ed to you,



Christ made you a phy-si-cian of souls: a-ble to lance fes-tering wounds with the

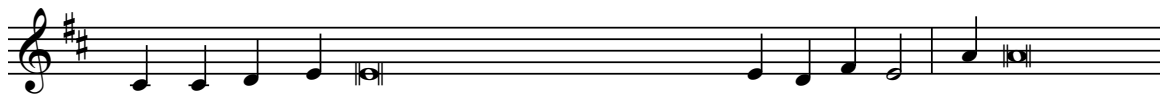


scal-pel of your words, you re-store health to the faith-ful who have re-curse to you.

Cantor: Strong is the love of the Lord for us;
(on I) he is faithful forever.
All repeat "By the radiance of your gifts..."

Cantor: *(Tone 6)* Glory....

Doxastikon of our venerable father Athanasius of Mount Athos - Tone 6 samohlasen



Your life was filled with the grace of God, O father A-than-a-sius, and your passing



was tru-ly ho - ly. To - day, the whole community of the Holy Moun - tain



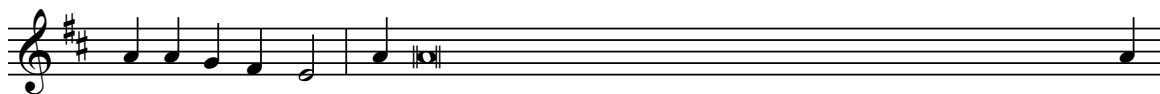
as - sem - bles. See - ing you life - less upon your bed, it cries a - loud in tears:



"Grant one last word to your ser - vants. Tell us: how can you leave your sons,



whom you have loved as a com-pas-sion-ate fa - ther? Al-though the tomb will



cov-er you on earth, we who whole-heartedly venerate you will have you in heaven as



a pro-tec - tor and in - ter - ces - sor be - fore Christ our God!"

Cantor: (Tone 5) Now and ever...

Dogmatikon in the Tone of the week (Tone 5, page 76).

Readings: Composite I (Festal Menaon 486)
Proverbs 10:31-32; 11:1-2.4.3.5-12 (EOT 312)
Wisdom 3:1-9 (EOT 315)

Aposticha

Aposticha in the Tone of the Week (Tone 5, page 77), concluding with:

Cantor: (Tone 6) Glory...

Aposticha doxastikon of our venerable father Athanasius of Mount Athos - Tone 6 samohlasen



He is the jewel of the ho - ly fa - thers, the glory of Chris-tian as - cet - ics,



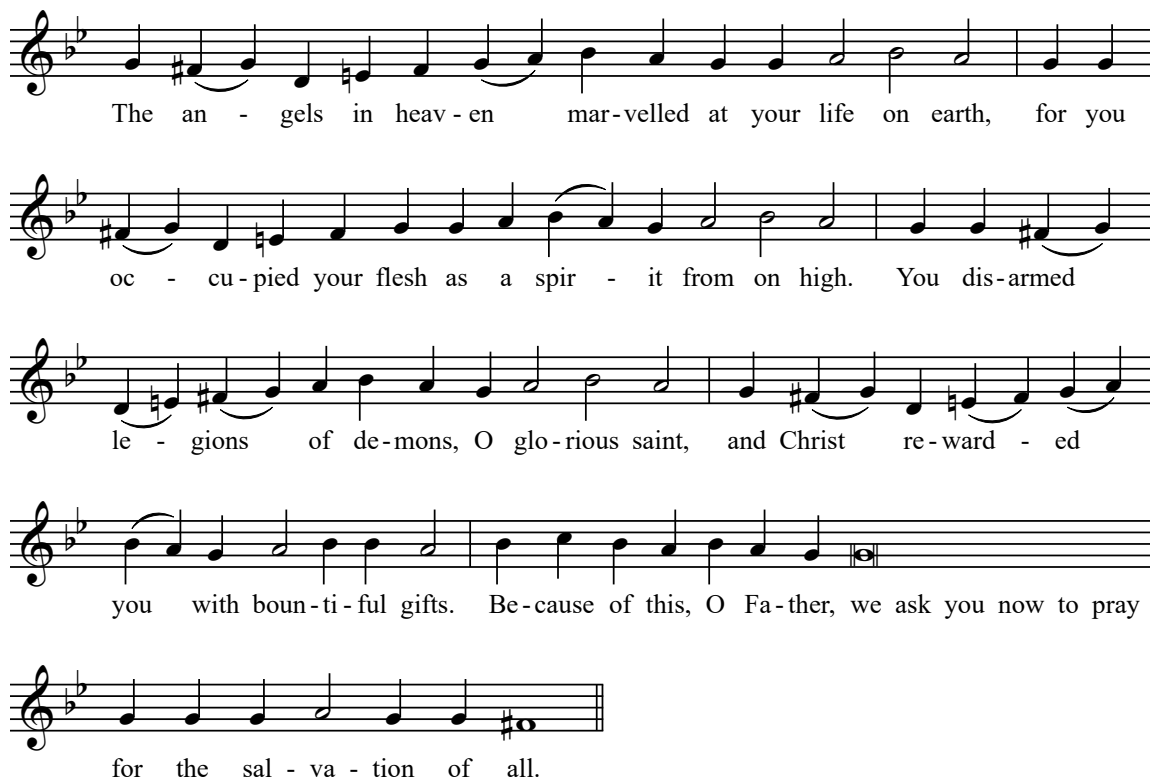
the foun-tain of di - vine mir - a - cles, our fer - vent intercessor be - fore God.

Troparia

Troparion of the Resurrection in the Tone of the Week (Tone 5, p. 80), then:

Cantor: (Tone 3) Glory to the Father...

Troparion of our venerable father Athanasius of Mount Athos - Tone 3



The an - gels in heav - en mar - velled at your life on earth, for you
oc - cu - pied your flesh as a spir - it from on high. You dis - armed
le - gions of de - mons, O glo - rious saint, and Christ re - ward - ed
you with boun - ti - ful gifts. Be - cause of this, O Fa - ther, we ask you now to pray
for the sal - va - tion of all.

Cantor: Glory... Now and ever...

Festal Theotokion in the same Tone (Tone 3), page 57.