

TYPIKA AT HOME: DECEMBER 13, 2020
SUNDAY OF THE FOREFATHERS
THE HOLY MARTYRS EUSTRATIUS, AUXENTIUS, EUGENE, MARDARIUS AND
ORESTES.
THE HOLY VIRGIN MARTYR LUCY.

Troparion, Tone 3:

Let the heavens rejoice, let the earth be glad; for the Lord has shown the might of his arm. By his death the Lord has trampled Death; he has become the first-born of the dead; he has delivered us from the depths of Hades and has granted great mercy to the world.

Troparion, Tone 2:

By faith, you, O Christ, justified the forefathers. Through them you betrothed yourself to a Church from all nations. The saints rejoice in glory because a glorious offspring has blossomed from their seed: the Mother who bore you without seed. Through their prayers, O Christ our God, have mercy on us.

Troparion, Tone 4:

Your martyrs, O Lord our God, in their struggle, received an incorruptible crown from you. With your strength, they brought down the tyrants and broke the cowardly valor of demons. Through their prayers, O Christ our God, save our souls.

The following is then read:

Synaxarion:

On December 13, we commemorate the passion of the holy and illustrious martyrs of Christ, Eustratius, Mardarius, Auxentius, Eugene and Orestes.

It was the sword and fire that brought an end, side by side, to the martyrs who accompanied Eustrates, side by side. It was on the thirteenth of December, this illustrious day.

On this same day, we commemorate the holy virgin and martyr Lucy.

Lucy received a crown as a virgin; Jesus gave her a second one in her martyrdom.

On the same day, we commemorate the Sunday of the holy Forefathers.

O holy Forefathers, in former times you danced with joy at seeing the approach of Christ, the Messiah and King. Rejoice, O holy Abraham, forefather of Christ!

Through their holy prayers, O our God, have mercy on us and save us. Amen.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

We chant the Typical Psalms:

Psalm 102:

Bless the Lord, O my soul,
and all my being, bless his holy name.

Bless the Lord, O my soul,
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,

who redeems your life from the grave,
who crowns you with love and compassion,

who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives judgment for all who are oppressed.

He made known his ways to Moses

and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.

His wrath will come to an end;
he will not be angry forever.

He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.

As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;

for he knows of what we are made,
he remembers that we are dust.

As for man, his days are like grass;
he flowers like the flower of the field;

the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting
upon those who hold him in fear;

his justice reaches out to children's children
when they keep his covenant in truth,
when they remember his commands and do them.

The Lord has set his throne in heaven
and his kingdom is ruling over all.

Bless the Lord, all his angels,
mighty in power, fulfilling his word,
who heed the voice of his word.

Bless the Lord, all his hosts,
his servants who do his will.

Bless the Lord, all his works,

in every place where he rules.

Glory to the Father, and to the Son,
and to the Holy Spirit,
now and ever and forever. Amen.

Bless the Lord, O my soul!
and all my being, bless his holy name.

Blessed are you, O Lord.
Glory to the Father, and to the Son,
and to the Holy Spirit.

Praise the Lord, O my soul.
I will praise the Lord all my life.
I will make music to my God while I live.

Put no trust in princes,
in mortal men in whom there is no help.

Take their breath, they return to clay
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,

who alone made heaven and earth,
the seas and all they contain.

It is the Lord who keeps faith forever,
who is just to those who are oppressed.

It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,
who raises up those who are bowed down,

the Lord, who protects the stranger
and upholds the widow and orphan.

It is the Lord who loves the just
but thwarts the path of the wicked.

The Lord will reign forever,
Zion's God, from age to age.

Now and ever
and forever. Amen.

Hymn of the Incarnation

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Troparia at the Beatitudes

In your kingdom, remember us, O Lord, when you come in your kingdom.

12. *Blessed are the poor in spirit,
for theirs is the kingdom of heaven.*

(Tone 3) O Christ, from Paradise you banished our forefather Adam who rejected your commandment; and, O Compassionate One, into Paradise you brought the thief who confessed you on the cross, as he cried out, "Remember me, O Savior, in your kingdom."

11. *Blessed are they who mourn,
for they will be comforted.*

- Lord and Giver of life, when we sinned you condemned us to the curse of death; and, O Master, when you suffered without sin in your body, you gave life to mortals who cry out, "Remember us also in your kingdom."

10. *Blessed are the meek,
for they will inherit the land.*

- Having risen from the dead, O Lord, by your resurrection you raised us with you from the passions; you destroyed the entire dominion of death, O Savior. Therefore we cry out in faith, "Remember us also in your kingdom."

9. *Blessed are they who hunger and thirst for
righteousness, for they will be satisfied.*

- By your three-day burial you, as a life-giving God, raised with you the dead in Hades, and you, as a good God, poured out incorruption on us all who in faith cry out always, "Remember us also in your kingdom."

8. *Blessed are the merciful, for they will be shown mercy.*

(Tone 1) In the universe the fervor of Seth for his Creator is celebrated. He served in truth by the zeal of his soul and the purity of his life, and now he sings in the land of the living: Holy are you, O Lord our God.

7. *Blessed are the pure of heart, for they will see God.*

- From his mouth and from his heart, from his lips and in the spirit, Enosh began to invoke the Name of the Lord God of all. He lived a life worthy of God, and was covered with glory.

6. *Blessed are the peacemakers, for they will be called children of God.*

- By sacred hymns, let us celebrate the blessed Enoch. He pleased the Lord, and was taken up in glory. He triumphed visibly over death for he was a servant close to God.

5. *Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.*

- The expectation of the nations comes upon the Virgin now, and behold! Bethlehem opens again Eden that once was closed, It receives the incarnate Word, who rests bodily in a

manger.

4. *Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.*

(Tone 4) You cried aloud, O Mardarius: "Christ is more to me than all the things of my fathers." Your heels wholly burned away by heated irons, and your breast was pierced by arrows, but you rested with joy.

3. *Rejoice and be glad, for your reward will be great in heaven.*

- Though cut out, your tongue did not cease to hymn Christ, O Eugene; and though severed, your hands raised themselves to God, O blessed one, asking deliverance for those who praise you.

2. *Glory to the Father, and to the Son, and to the Holy Spirit.*

- Your manly soul was very wondrous, O most noble Eugene, for when your legs were violently broken you surrendered your spirit into the hands of the Master of all, rejoicing.

1. *Now and ever and forever. Amen.*

- O all-pure Lady you gave birth to the Lord, who guides all mortals. Calm now the constant and grievous turbulence of my passions, and grant serenity to my heart.

Prokeimenon, Tone 4:

Blessed are you and praiseworthy, O Lord, the God of our Fathers, and glorious forever is your name.

Verse: For you are just in all that you have done for us.

Epistle: Colossians 3:4-11 and Ephesians 6:10-17

Leader: A reading from the Letter of St. Paul the Apostle to the Colossians.

Brothers and Sisters: When Christ your life appears, then you too will appear with him in glory. Put to death, then, the parts of you that are earthly: immorality, impurity, passion, evil desire, and the greed that is idolatry. Because of these the wrath of God is coming upon the disobedient. By these you too once conducted yourselves, when you lived in that way. But now you must put them all away: anger, fury, malice, slander, and obscene language out of your mouths. Stop lying to one another, since you have taken off the old self with its practices and have put on the new self, which is being renewed, for knowledge, in the image of its creator. Here there is not Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free; but Christ is all and in all.

Brothers and Sisters: draw your strength from the Lord and from his mighty power. Put on the armor of God so that you may be able to stand firm against the tactics of the devil. For our struggle is not with flesh and blood but with the principalities, with the powers, with the world rulers of this present darkness, with the evil spirits in the heavens. Therefore, put on the armor of God, that you may be able to resist on the evil day and, having done everything, to hold your ground. So stand fast with your loins girded in truth, clothed with righteousness as a breastplate, and your feet shod in readiness for the gospel of peace. In all circumstances, hold faith as a shield, to quench all the flaming arrows of the evil one. And take the helmet of salvation and the sword of the Spirit, which is the word of God.

Alleluia, Tone 4: Alleluia, alleluia, alleluia

Verse: Moses and Aaron were among his priests; Samuel was among those who called upon his name.

Verse: They called upon the Lord and he answered them.

Leader: A reading from the gospel of the holy apostle and evangelist Luke. (Luke 14:16-24 and Luke 21:12-19)

Response: Glory to you, O Lord, glory to you.

Leader:

The Lord told this parable: “A man gave a great dinner to which he invited many. When the time for the dinner came, he dispatched his servant to say to those invited, ‘Come, everything is now ready.’ But one by one, they all began to excuse themselves. The first said to him, ‘I have purchased a field and must go to examine it; I ask you, consider me excused.’ And another said, ‘I have purchased five yoke of oxen and am on my way to evaluate them; I ask you, consider me excused.’ And another said, ‘I have just married a woman, and therefore I cannot come.’ The servant went and reported this to his master. Then the master of the house in a rage commanded his servant, ‘Go out quickly into the streets and alleys of the town and bring in here the poor and the crippled, the blind and the lame.’ The servant reported, ‘Sir, your orders have been carried out and still there is room.’ The master then ordered the servant, ‘Go out to the highways and hedgerows and make people come in that my home may be filled. For, I tell you, none of those men who were invited will taste my dinner.’”

The Lord said: Before all this happens, however, they will seize and persecute you, they will hand you over to the synagogues and to prisons, and they will have you led before kings and governors because of my name. It will lead to your giving testimony. Remember, you are not to prepare your defense beforehand, for I myself shall give you a wisdom in speaking that all your adversaries will be powerless to resist or refute. You will even be handed over by parents, brothers, relatives, and friends, and they will put some of you to death. You will be hated by all because of my name, but not a hair on your head will be destroyed. By your perseverance you will secure your lives.

Response: Glory to you, O Lord, glory to you.

Then:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Remember us, O Lord,
when you come in your kingdom.

Remember us, O Master,
when you come in your kingdom.

Remember us, O Holy One,
when you come in your kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Look towards him and be radiant;
let your faces not be abashed.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Now and ever
and forever. Amen.

Profession of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Kontakion, Tone 6:

You did not worship a man-made image, O thrice-blessed youths. You armed yourself with uncreated divinity. You were glorified in the trial by fire. Withstanding the flames, you stood and called out: Hasten, O compassionate God, and hurry to help us in your mercy. For you can do whatever you will.

Lord, have mercy. (*Twelve times*)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

Response: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:

O Lord, I believe and confess that you are truly Christ,
who came into the world

To save sinners of whom I am the first.

Although I cannot be a partaker now of your mystical supper, O Son of God,

Come at least spiritually into my heart by Your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,

Nor will I give you a kiss as did Judas,

But like the thief I profess to you:

+ Remember me, O Lord, when you come in your kingdom.+ Remember me, O Master,
when you come in your kingdom.

+ Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,

Which I would receive, and which is now here present with us in Mystery,

Is truly your most precious Body, and your life-giving Blood,

Which, I pray, I may one day receive again

For the remission of all my sins and for life everlasting. Amen

Then immediately:

Psalm 33

I will bless the Lord at all times,
his praise always on my lips;

In the Lord
my soul shall make its boast
The humble shall hear
and be glad.

Glorify the Lord with me.
Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;

those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,
not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Closing Hymns:

Let us now praise famous men, tell their stories once again.
Ruling Kingdoms in their might, known for valor in men's sight.
Those with counsel true and wise, those who saw with prophet's eyes -
Those who wrote the psalms we sing; those who taught the sage and king.
For their gifts and witness, Lord, we sing praises with one accord.

Those were honored in their age - priest and monarch, prophet, sage -
And have left behind a name, which their children e'er can claim.
Others, though, have run this race, vanished, leaving not a trace,
As if they had never been, they and children after them.
For their gifts and witness, Lord, we sing praises with one accord.

These, the godly ones, we praise, who endured the darkest days,
Covenanted, Lord, with you, and whose grace has seen them through.
All our hymns of praise we bring for their steadfastness, O King!
From their seed upon this earth, you have taken humble birth.
For their gifts and witness, Lord, we sing praises with one accord.

Text: J. Michael Thompson, based on Ecclesiasticus 44:1-10, 13-14
Melody: *Mendelssohn* (*Hark! The herald angels sing*)