

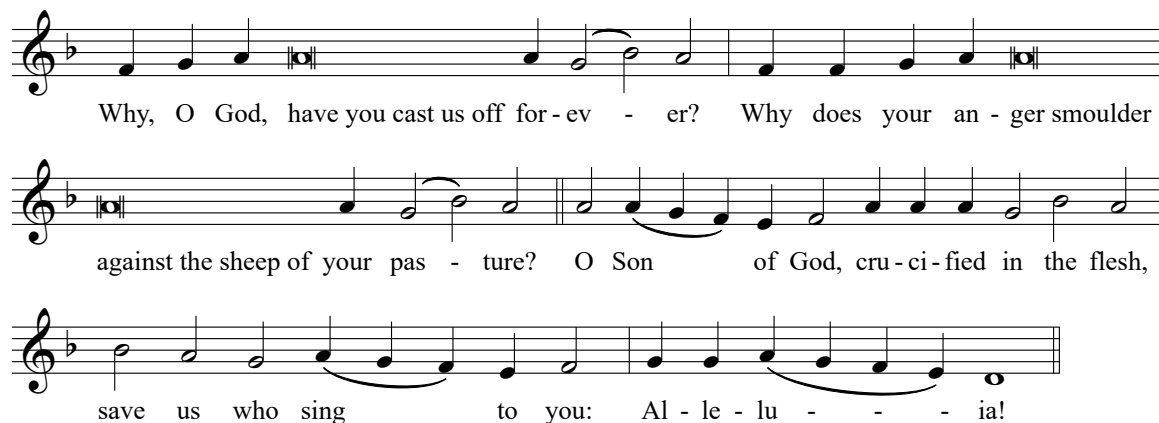
**Divine Liturgy, September 15, 2019**  
**SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS**

**First Antiphon (Psalm 21:2)**



My God, my God, hear me; why have you for-sak - en me? Far from my  
sal - vation are the words of my trans - gres - sions. Through the pray'rs of the  
The - o - to - kos, O Sav - ior, save us. Glo - ry to the Father, and to  
the Son, and to the Ho - ly Spir - it, now and ev - er and for - ev - er. A - men.  
Through the pray'rs of the The - o - to - kos, O Sav - ior, save us.

**Second Antiphon (Psalm 66:2):**



Why, O God, have you cast us off for - ev - er? Why does your an - ger smoulder  
against the sheep of your pas - ture? O Son of God, cru - ci - fied in the flesh,  
save us who sing to you: Al - le - lu - - - ia!

### Third Antiphon (Psalm 94:1)

Come, let us sing joyful-ly to the Lord; let us ac-claim God our Sav - ior.

O Son of God, cru - ci - fied in the flesh, save us who sing to you:

Al - le - lu - - - ia!

### Entrance Hymn (Psalm 94:6):

Come, let us wor - ship and bow be - fore Christ. O Son of God,

cru - cified in the flesh, save us who sing to you: Al - le - lu - - ia!

### Troparion of the Resurrection - *Tone 5*

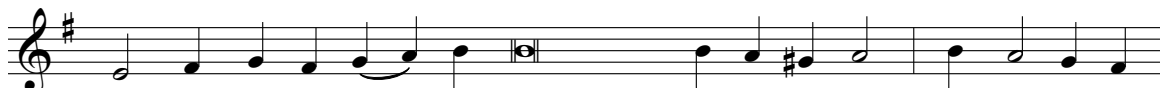
O faith-ful, let us praise and a - dore the Word e - ter - nal with the Fa - ther

and the Spir - it, and born of the Vir - gin for our sal - va - tion.

For he chose to as - cend the cross in the flesh and to suf - fer death, and to

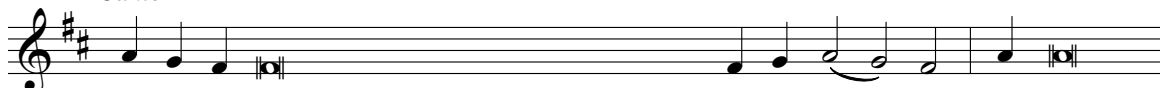
raise the dead by his glo - ri - ous res - ur - rec - - - tion.

### Troparion of the Cross - Tone 1



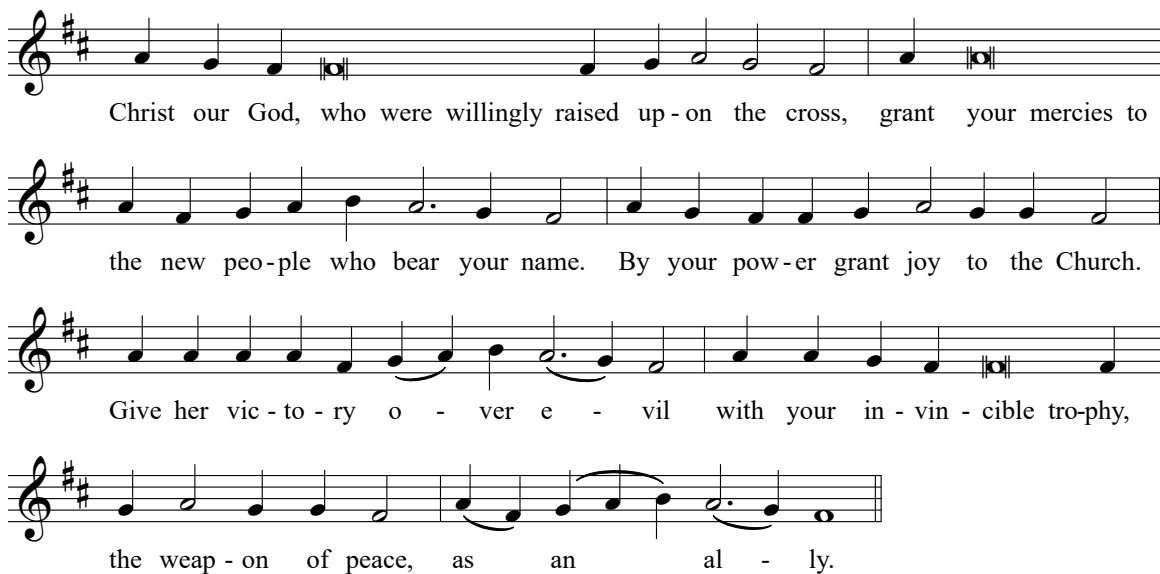
Save your peo-ple, O Lord, and bless your in-her-i-tance. Grant vic-to-ry  
to your Church o-ver e-vil, and pro-tect your peo-ple by your cross.

#### *Cantor*



Glo-ry to the Father, and to the Son, and to the Ho-ly Spir-it, now and ever  
and for-ev-er. A-men.

### Kontakion of the Cross - Tone 4



Christ our God, who were willingly raised up-on the cross, grant your mercies to  
the new peo-ple who bear your name. By your pow-er grant joy to the Church.  
Give her vic-to-ry o-ver e-vil with your in-vin-cible tro-phy,  
the weap-on of peace, as an al-ly.

*Instead of "Holy God", the following may be sung (music on pages 32-33):*

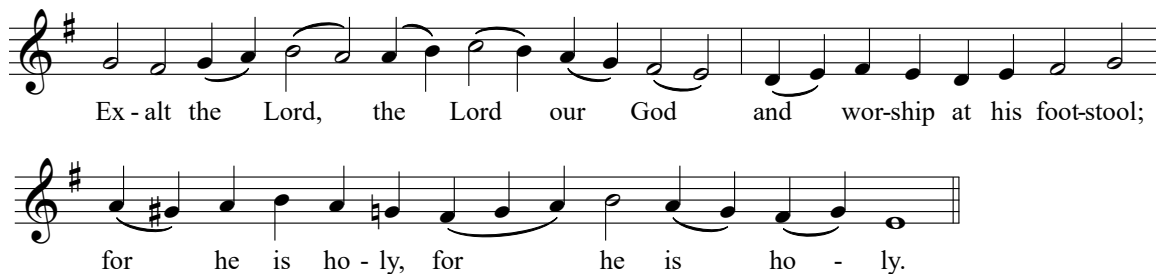
We bow to your cross, O Lord, and we glorify your holy resurrection. *(three times)*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

And we glorify your holy resurrection.

We bow to your cross, O Lord, and we glorify your holy resurrection.

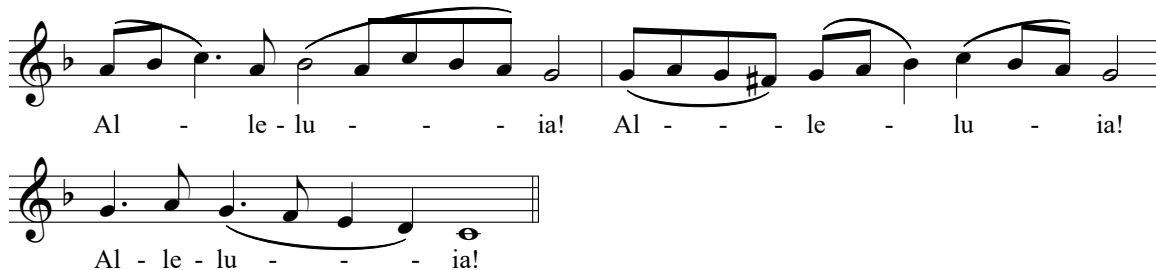
**Prokeimenon of the Cross - Tone 7 (Psalm 98:5,1):**



Ex - alt the Lord, the Lord our God and wor-ship at his foot-stool;  
for he is ho - ly, for he is ho - ly.

**Verse:** The Lord is King; let the peoples rage.

**Alleluia of the Cross - Tone 1 (Psalm 73:2,12):**



Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** Remember your flock which you acquired long ago.

**Verse:** God is our King from all ages; he has accomplished salvation in the middle of the earth.

Instead of "It is truly proper . . ."

**Magnification:**

Ex - tol, ex - tol, O my soul, O my soul,  
the most pre - cious cross of the Lord.

The musical notation consists of two staves in G major. The first staff contains the melody for "Ex - tol, ex - tol, O my soul, O my soul," with a fermata over the second "tol" and a long note for "O my soul". The second staff continues with "the most pre - cious cross of the Lord." with a fermata over "Lord".

**Irmos:**

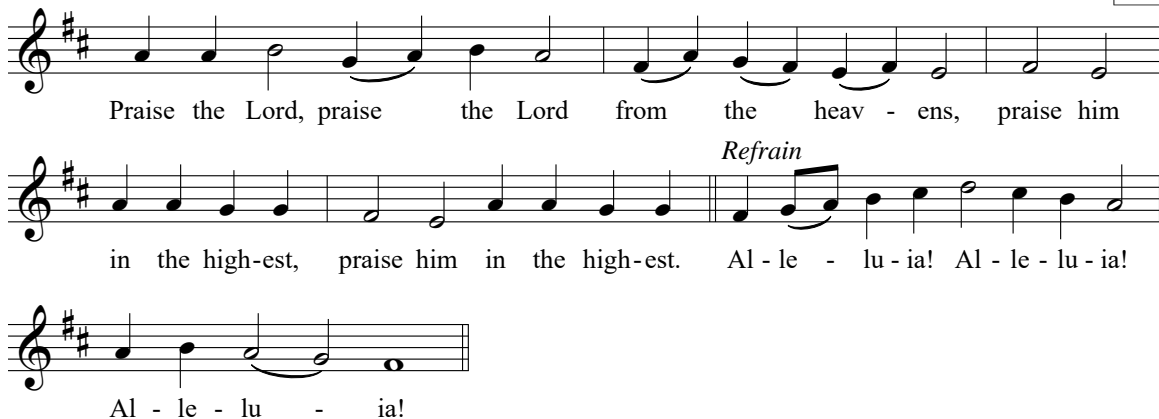
*Tone 6 Irmos, simple setting*

You are a mystical paradise, O The-o - to-kos; Christ has blos-somed forth from  
you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth.  
As we now ex - alt the cross and bow be-fore it, we pro-claim  
your great - - - ness.

The musical notation consists of four staves in G major. The first staff begins with a sharp sign and contains the melody for "You are a mystical paradise, O The-o - to-kos; Christ has blos-somed forth from". The second staff continues with "you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth." The third staff contains "As we now ex - alt the cross and bow be-fore it, we pro-claim" and the fourth staff concludes with "your great - - - ness." with a fermata over the final note.

Communion Hymn - For Sunday (Psalm 148:1):

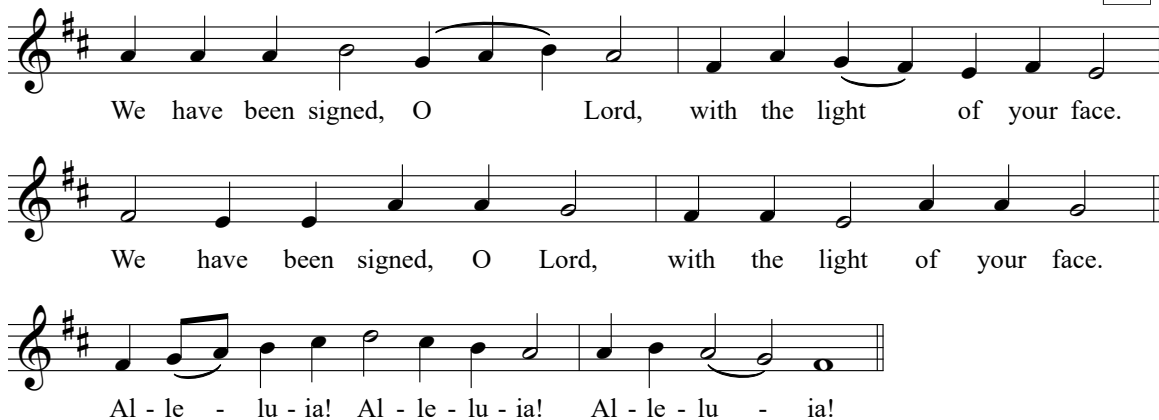
A



Praise the Lord, praise the Lord from the heav - ens, praise him  
*Refrain*  
in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!  
Al - le - lu - ia!

Communion Hymn of the Cross (Psalm 4:7):

A



We have been signed, O Lord, with the light of your face.  
We have been signed, O Lord, with the light of your face.  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!