

**Divine Liturgy, September 20, 2015**  
**SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS**

**Hymn**

*melody: Pod tvoj pokrov / We Hasten to Your Patronage*



1. Christ called the crowd to Him and said, "If you would fol - low Me,  
2. What prof - it, then, to gain the world And then to lose one's soul?  
3. For I am dead to my old self; With Christ I'm cru - ci - fied;



De - ny your - self, take up your cross, And my dis - ci - ple be!  
What can be giv - en in ex - change That still would keep us whole?  
The life I live is not my own - Yes, to my "self" I've died!



For those who seek to save their life Will lose it at the end;  
If we be - have a - shamed of Christ, With wit - ness far from grand,  
Christ lives in us; a life of faith— From sin and death set free,



But life lost for the Gos - pel's sake Will live on as My friend."  
Christ will dis - own us each when we're Be - fore the judg - ment - stand.  
That I may know that lov - ing Lord, Who gave Him - self for me.

**First Antiphon** (Psalm 21:2)

My God, my God, hear me; why have you for-sak - en me? Far from my  
sal - vation are the words of my trans - gres - sions. Through the pray'rs of the  
The - o - to - kos, O Sav-ior, save us. Glo - ry to the Father, and to  
the Son, and to the Ho-ly Spir - it, now and ev - er and for - ev - er. A - men.  
Through the pray'rs of the The - o - to - kos, O Sav - ior, save us.

**Second Antiphon** (Psalm 66:2):

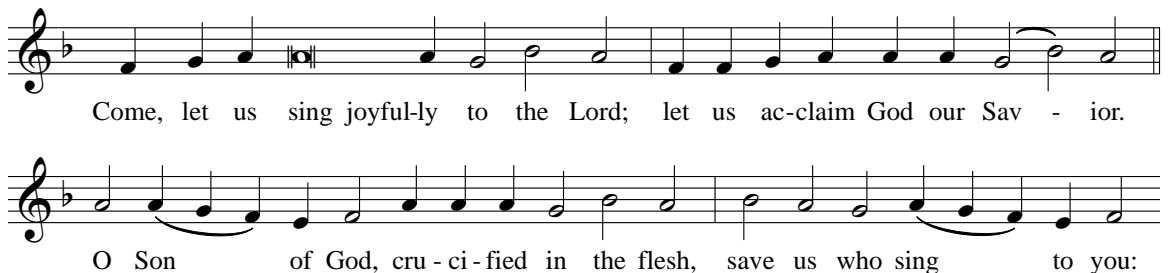
Why, O God, have you cast us off for - ev - er? Why does your an - ger smoulder  
against the sheep of your pas - ture? O Son of God, cru - ci - fied in the flesh,  
save us who sing to you: Al - le - lu - - - ia!

**Hymn of the Incarnation - Resurrection Tone 7** (other versions on pp. 18 and 21):



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,  
now and ev - er and for - ev - er. A - men. O on - ly - begotten Son and  
Word of God, who be - ing im - mor - tal, deigned for our sal - va - tion  
to be - come in - car - nate of the ho - ly Theotokos and ever - Vir - gin Mar - y,  
and be - came man with - out change; you were al - so crucified, O Christ our God,  
and by death have tram - pled Death, be - ing One of the Ho - ly Trin - i - ty,  
glo - rified with the Fa - ther and the Ho - ly Spir - it, save us.

**Third Antiphon** (Psalm 94:1)



Come, let us sing joyful - ly to the Lord; let us ac - claim God our Sav - ior.  
O Son of God, cru - ci - fied in the flesh, save us who sing to you:

Al - le - lu - - - ia!

**Entrance Hymn** (Psalm 94:6):

Come, let us wor - ship and bow be - fore Christ. O Son of God,  
 cru - cified in the flesh, save us who sing to you: Al - le - lu - ia!

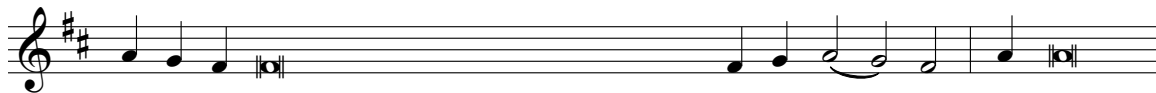
**Troparion of the Resurrection - Tone 8**

You de - scend - ed from on high, O mer - ci - ful One. You ac - cept - ed  
 bur - i - al for three days to free us from our pas - sions. O Lord, our  
 Res - ur - rec - tion and our Life, glo - - - ry to you.

**Troparion of the Cross - Tone 1**

Save your peo - ple, O Lord, and bless your in - her - i - tance. Grant vic - to - ry  
 to your Church o - ver e - vil, and pro - tect your peo - ple by your cross.

*Cantor*



Glo-ry to the Father, and to the Son, and to the Ho-ly Spir - it, now and ever



and for - ev - er. A - men.

**Kontakion of the Cross - Tone 4**



Christ our God, who were willingly raised up - on the cross, grant your mercies to



the new peo-ple who bear your name. By your pow-er grant joy to the Church.



Give her vic - to - ry o - ver e - vil with your in - vin - cible tro-phy,



the weap - on of peace, as an al - ly.

*Instead of "Holy God", the following is sung (music on pages 32-33):*

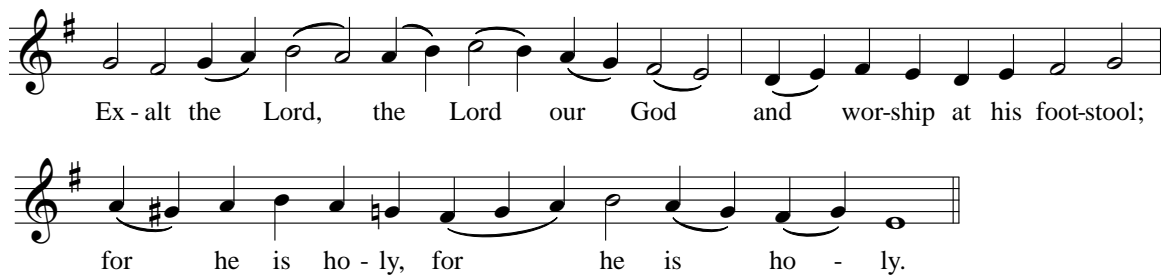
We bow to your cross, O Lord, and we glorify your holy resurrection. *(three times)*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

And we glorify your holy resurrection.

We bow to your cross, O Lord, and we glorify your holy resurrection.

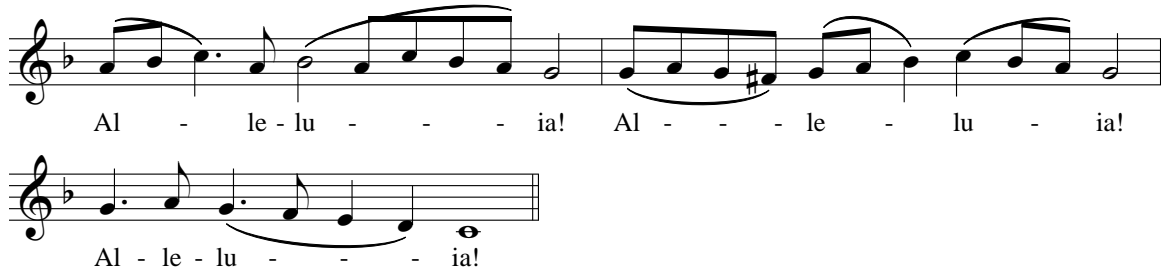
**Prokeimenon of the Cross - Tone 7 (Psalm 98:5,1):**



Ex - alt the Lord, the Lord our God and wor-ship at his foot-stool;  
for he is ho - ly, for he is ho - ly.

**Verse:** The Lord is King; let the peoples rage.

**Alleluia of the Cross - Tone 1 (Psalm 73:2,12):**



Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** Remember your flock which you acquired long ago.

**Verse:** God is our King from all ages; he has accomplished salvation in the middle of the earth.

Instead of "It is truly proper . . ."

**Magnification:**

Ex - tol, ex - tol, O my soul, O my soul,  
the most pre - cious cross of the Lord.

The musical notation for the Magnification is written on two staves in G major. The first staff contains the melody for the first two phrases: "Ex - tol, ex - tol, O my soul, O my soul,". The second staff contains the melody for the final phrase: "the most pre - cious cross of the Lord." The melody is primarily composed of quarter and eighth notes, with some half notes and rests. The key signature has one sharp (F#).

**Irmos:**

*Tone 6 Irmos, simple setting*

You are a mystical paradise, O The-o - to-kos; Christ has blos - somed forth from  
you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth.  
As we now ex - alt the cross and bow be-fore it, we pro-claim  
your great - - - ness.

The musical notation for the Irmos is written on four staves in G major. The first staff contains the melody for the first phrase: "You are a mystical paradise, O The-o - to-kos; Christ has blos - somed forth from". The second staff contains the melody for the second phrase: "you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth." The third staff contains the melody for the third phrase: "As we now ex - alt the cross and bow be-fore it, we pro-claim". The fourth staff contains the melody for the final phrase: "your great - - - ness." The melody is primarily composed of quarter and eighth notes, with some half notes and rests. The key signature has one sharp (F#).

Communion Hymn - For Sunday (Psalm 148:1):

A



Communion Hymn of the Cross (Psalm 4:7):

A

