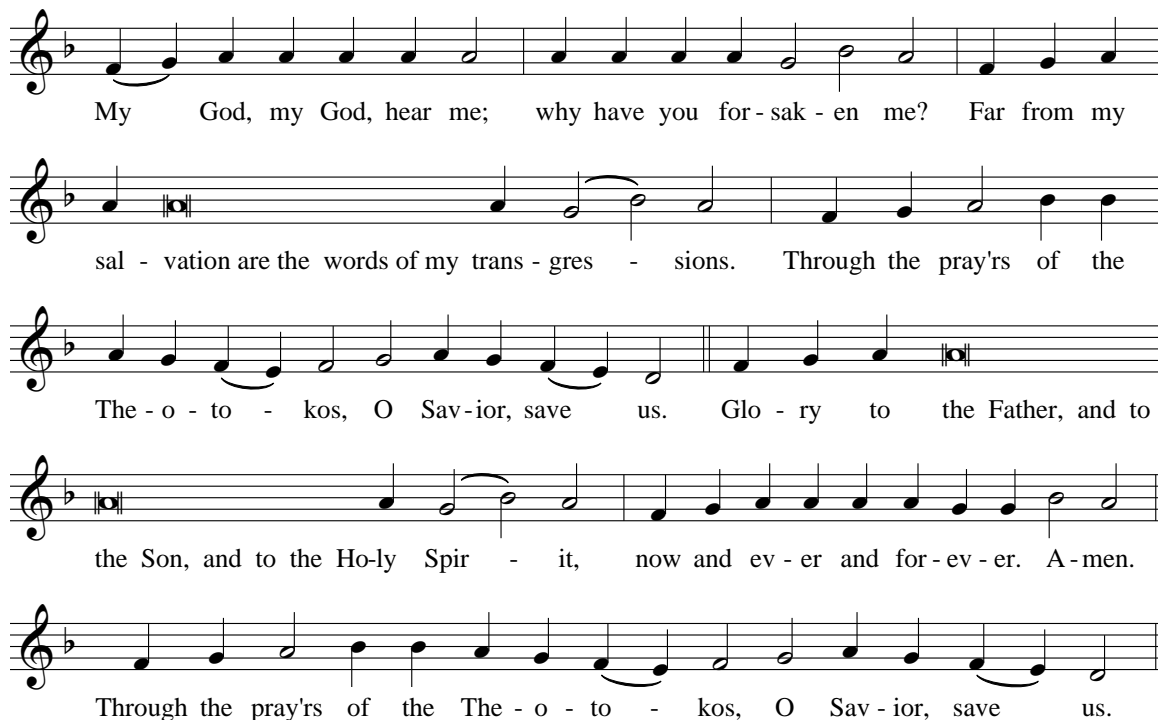


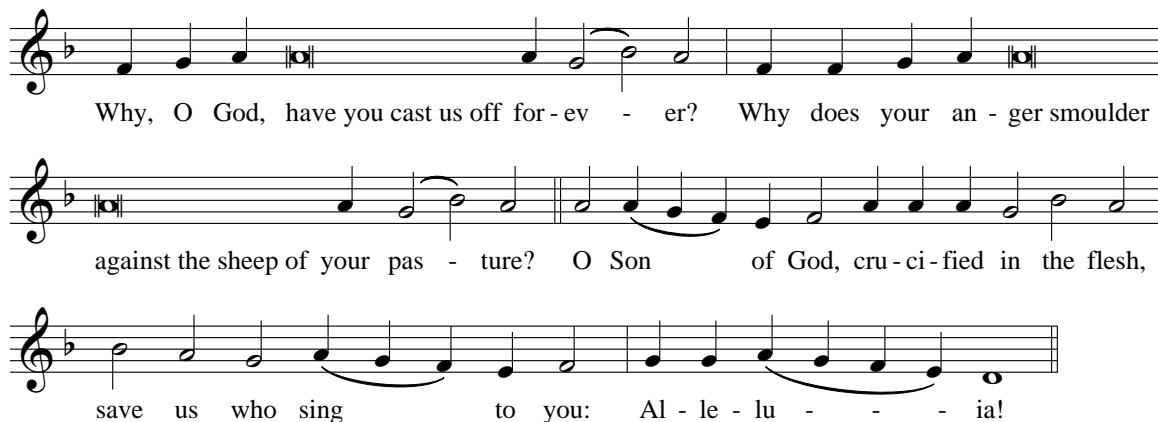
**Divine Liturgy, September 19, 2010**  
**SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS**

**First Antiphon (Psalm 21:2)**



My God, my God, hear me; why have you for-sak-en me? Far from my  
sal-va-tion are the words of my trans-gres-sions. Through the pray'rs of the  
The-o-to-kos, O Sav-ior, save us. Glo-ry to the Father, and to  
the Son, and to the Ho-ly Spir-it, now and ev-er and for-ev-er. A-men.  
Through the pray'rs of the The-o-to-kos, O Sav-ior, save us.

**Second Antiphon (Psalm 66:2):**



Why, O God, have you cast us off for-ev-er? Why does your an-ger smoulder  
against the sheep of your pas-ture? O Son of God, cru-ci-fied in the flesh,  
save us who sing to you: Al-le-lu-ia!

**Third Antiphon** (Psalm 94:1)



Come, let us sing joyful-ly to the Lord; let us ac-claim God our Sav - ior.



O Son of God, cru - ci - fied in the flesh, save us who sing to you:



Al - le - lu - - - ia!

**Entrance Hymn** (Psalm 94:6):



Come, let us wor - ship and bow be - fore Christ. O Son of God,



cru - cified in the flesh, save us who sing to you: Al - le - lu - - ia!

**Troparion of the Resurrection - Tone 8**



You de - scend - ed from on high, O mer - ci - ful One. You ac - cept - ed

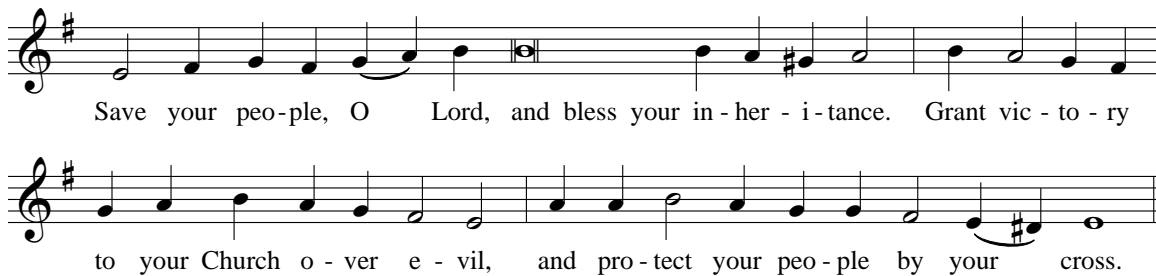


bur - i - al for three days to free us from our pas - sions. O Lord, our



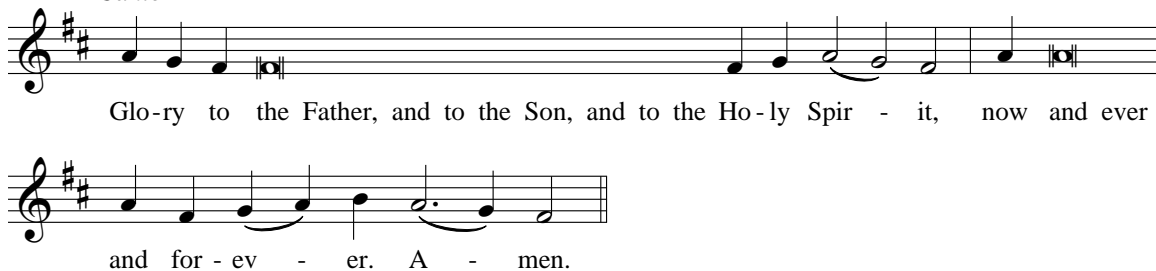
Res - ur - rec - tion and our Life, glo - - ry to you.

### Troparion of the Cross - *Tone 1*



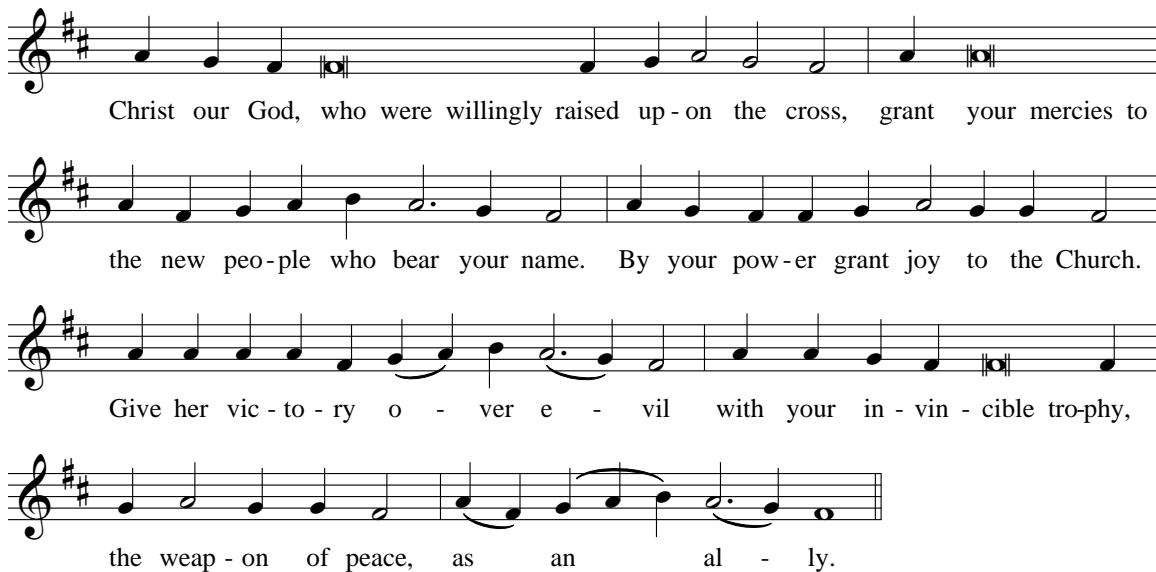
Save your peo-ple, O Lord, and bless your in-her-i-tance. Grant vic-to-ry  
to your Church o-ver e-vil, and pro-TECT your peo-ple by your cross.

#### *Cantor*



Glo-ry to the Father, and to the Son, and to the Ho-ly Spir-it, now and ever  
and for-ev-er. A-men.

### Kontakion of the Cross - *Tone 4*



Christ our God, who were willingly raised up-on the cross, grant your mercies to  
the new peo-ple who bear your name. By your pow-er grant joy to the Church.  
Give her vic-to-ry o-ver e-vil with your in-vin-cible tro-phy,  
the weap-on of peace, as an al-ly.

*Instead of "Holy God", the following is sung (music on pages 32-33):*

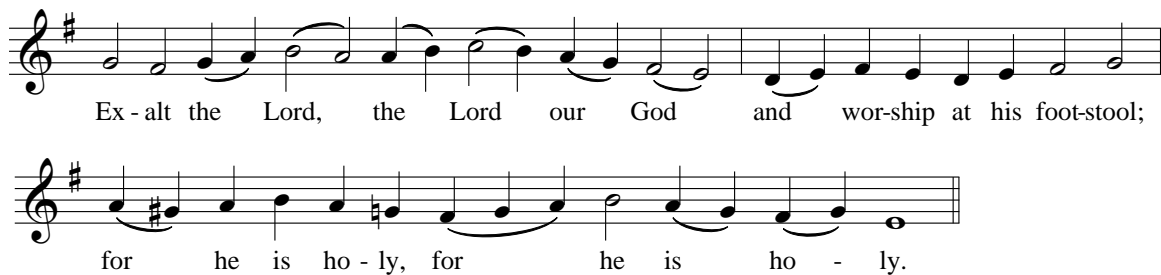
We bow to your cross, O Lord, and we glorify your holy resurrection. (*three times*)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

And we glorify your holy resurrection.

We bow to your cross, O Lord, and we glorify your holy resurrection.

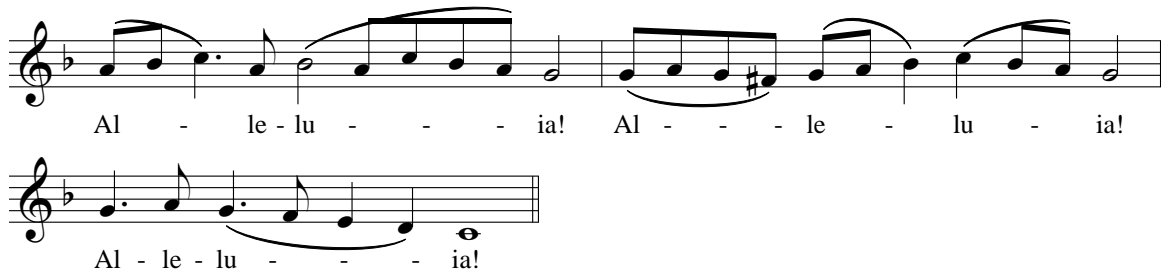
**Prokeimenon of the Cross - Tone 7 (Psalm 98:5,1):**



Ex - alt the Lord, the Lord our God and worship at his foot-stool;  
for he is ho - ly, for he is ho - ly.

**Verse:** The Lord is King; let the peoples rage.

**Alleluia of the Cross - Tone 1 (Psalm 73:2,12):**



Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** Remember your flock which you acquired long ago.

**Verse:** God is our King from all ages; he has accomplished salvation in the middle of the earth.

Instead of "It is truly proper . . ."

**Magnification:**

Ex - tol, ex - tol, O my soul, O my soul,  
the most pre - cious cross of the Lord.

The musical notation for the Magnification is written on two staves in G major. The first staff contains the melody for "Ex - tol, ex - tol, O my soul, O my soul," and the second staff contains the melody for "the most pre - cious cross of the Lord." The lyrics are placed below the notes.

**Irmos:**

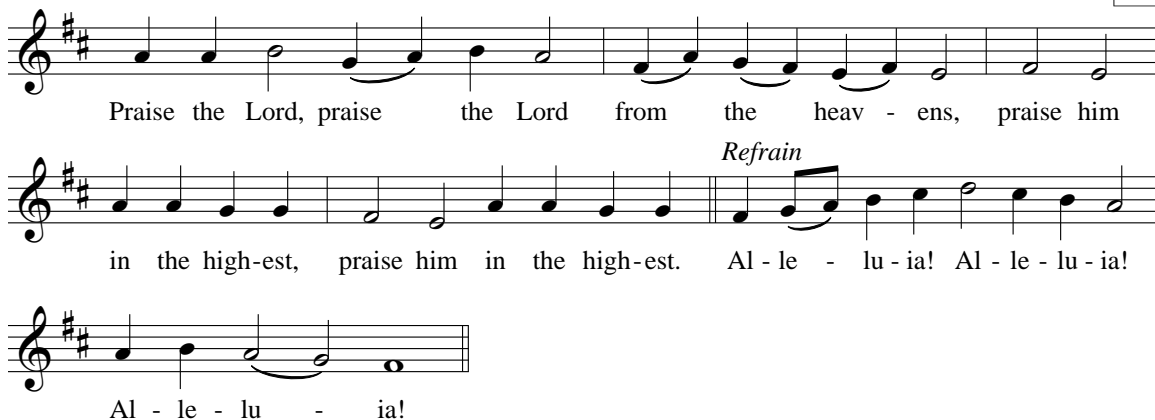
*Tone 6 Irmos, simple setting*

You are a mystical paradise, O The-o - to-kos; Christ has blos-somed forth from  
you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth.  
As we now ex - alt the cross and bow be-fore it, we pro-claim  
your great - - - ness.

The musical notation for the Irmos is written on four staves in G major. The first staff contains the melody for "You are a mystical paradise, O The-o - to-kos; Christ has blos-somed forth from", the second staff for "you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth.", the third staff for "As we now ex - alt the cross and bow be-fore it, we pro-claim", and the fourth staff for "your great - - - ness." The lyrics are placed below the notes.

Communion Hymn - For Sunday (Psalm 148:1):

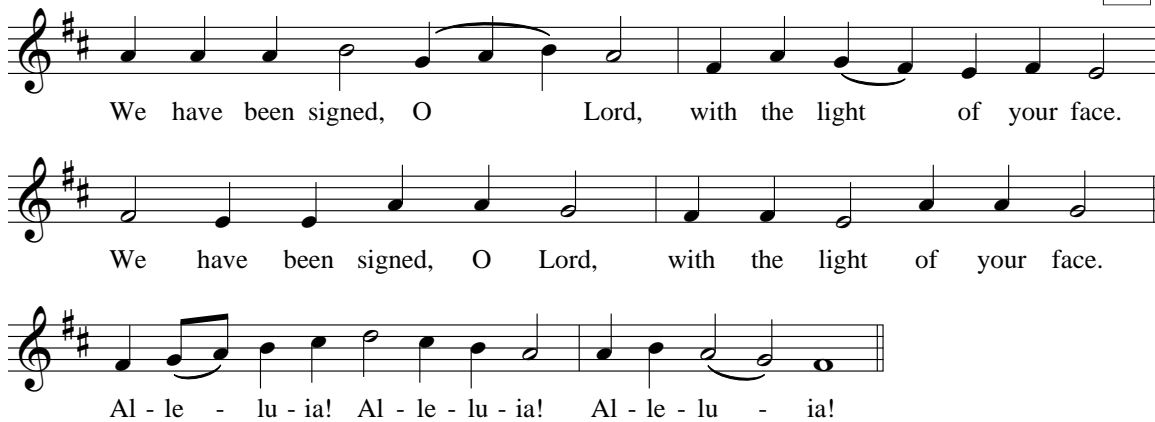
A



Praise the Lord, praise the Lord from the heav - ens, praise him  
*Refrain*  
in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!  
Al - le - lu - ia!

Communion Hymn of the Cross (Psalm 4:7):

A



We have been signed, O Lord, with the light of your face.  
We have been signed, O Lord, with the light of your face.  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!