

**Matins Propers, March 6, 2005**  
**Fourth Sunday of the Great Fast**  
**Our Venerable Father John Climacus**

*All page references are to **The Order of Matins on Sundays After Pentecost, 2004***

1. *Introduction, p. 1*
2. *Hexapsalmos, p. 1*
3. *Litany of Peace, p. 10*
4. *"The Lord is God," Tone 5, p. 188*  
*Troparion, Tone 7, p. 249*  
*Glory...*

**Troparion of our Venerable Father John Climacus - Tone 4**



O ven - 'ra - ble John, we have found your god - ly deeds to be a divine ladder

lead - ing us to heav - en for you were a mod - el of vir - tue.

There - fore, beg Christ our God to save our souls.

*Now and ever...*

*Festal Theotokion, Tone 4, p. 161*

5. *Psalm 118 and Hosts of Angels, p. 18*
6. *Hypakoe, Tone 7, p. 253*
7. *Prokeimenon, Tone 7, p. 257*
8. *Let Everything that Lives, Tone 7, p. 257*
9. *material before the Gospel, p. 24*
10. *Resurrection Gospel 7 (John 20: 1 - 10)*
11. *Having Beheld the Resurrection of Christ, p. 25*
12. *Psalm 50, p. 25*

# Penitential Stichera after Ps. 50

*Cantor*




Glo - ry to the Father, and to the Son and to the Ho - ly Spir - - - it.

*All*



O - pen to me the doors of repent-ance, O Giv - er of life. As we wor-ship in



your tem-ple this morn - ing, teach us how to purify the temples of our bod - ies,



and, in your com-pas - - - sion, pur - ify me by the good - ness of




your mer - - - cies.

*Cantor*




Now and ev - er and for - ev - er. A - men.

*All*



Lead me to the paths of salva-tion, O The - o - to - kos, for I have condemned



my - self with shame - ful sins and have was - ted all my life in sloth - ful - ness.

By your in - ter - ces - sion, pur - i - fy me from all sin - ful - ness.

*Cantor*

Have mer - cy on me, God, in your kind - ness. In your com - pas - sion blot out

my of - fense.

*All*

When I think upon the multitude of my e - vil deeds, I tremble for the ter - ri - ble

Judg - ment Day. But trust - ing in the com - pas - sion of your mer - cy, O Lord,

I cry to you like Da - vid: Have mer - cy on me, O God,

ac - cord - ing to your great mer - - - cy.

*14. Prayer after Ps. 50, p. 29*

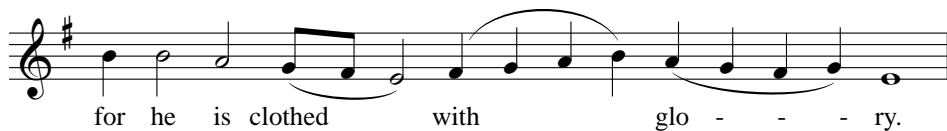
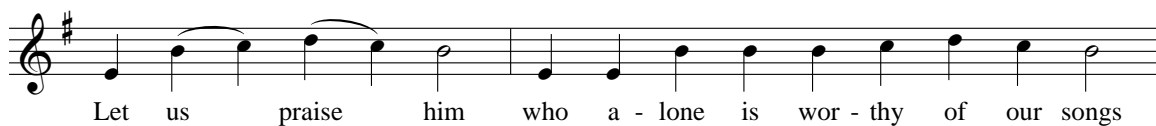
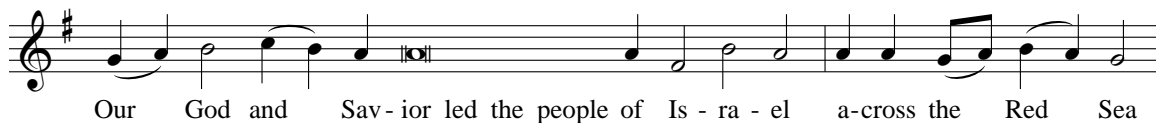
# Canon

With *Katavasiai of the Theotokos*

## Ode 1

### Irmos

Tone 5



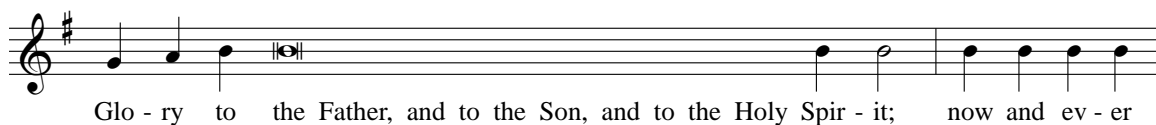
### Refrain



O Christ, I am like the one who fell into the hands of thieves, left half-dead because of their blows; for I am the victim of my sins. *Refrain*

Do not despise my weakness, O God our Savior; be attentive to my cry and my sighing. I have handed over your riches to thieves; O God of mercy, I beseech you, save me. *Refrain*

You have cared for my wounded soul, injured by the thievery of sin and by evil thoughts; in your love, O Christ our Savior, save me.





and for - ev - er. A - men.

Intercede constantly, O Mother of Christ, before the One who is incarnate of you without leaving the fatherly bosom, that he may save his creatures from all danger.

**Katavasia 1 of the Theotokos**

*Tone 4*



I will o - pen my mouth; it will be filled by the Ho - ly Spir - it, and I



will offer my praise to the Queen Moth - er. I will cel - e - brate in joy;



in my re - joic - ing I will sing of these won - - - ders.

**Kontakion**

*Tone 4*



John, our teach - er and fa - ther, the Lord has raised you to the heights of



self - con - trol, to be a true guid - ing star en - light - en - ing the ends of the earth.

**Ikos:** O John, our leader and father, you have become the dwelling place of God; you shine with your virtues as the most pure gold; you are adorned with faith, hope, and love; expounding the divine precepts, you practiced asceticism and were liberated from the flesh; you acquired wisdom, courage, chastity, and humility, by which you were raised up; illuminated by constant prayer, you attained the tabernacles on high.

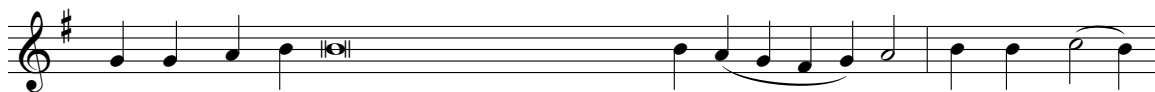
# Ode 8

## Irmos

Tone 5



In the fur - - - - nace the Youths wove a dance



with the whole u - niverse for you, O God and Cre - a - tor, and they sang:



all you works of the Lord, praise the Lord, and ex - alt him



for - ev - - - er.

### Refrain



Glo - ry to you, our God, glo - ry to you.

Because of the thievery of my thoughts and the scourges of my sins, my life is squandered and I am deprived of your divine image, O Savior; but in your love for us, have mercy on us. *Refrain*

You have come from heaven to earth, O my Savior, and in your mercy, you poured out the balm of your compassion over my wounds, O Christ; for I am covered with bruises because of the assault of my sins. *Refrain*

You have given your body and soul to redeem me, O God our Savior, to save me who am completely wounded by the multitude of my sins; for I have no other hope of healing, but your mercy, O Lord.



Let us bless the Father, Son, and Holy Spir - it, Lord. Now and ev - er



and for - ev - er. A - men.

At the word of God, you gave birth to the Lord in an ineffable manner, and you remained a virgin after giving birth; all of us, the works of the Lord, now bless and exalt you forever.



Let us praise, bless, and worship the Lord, sing-ing and highly exalting him a-bove all



for - ev - - - er.

**Katavasia 8 of the Theotokos**

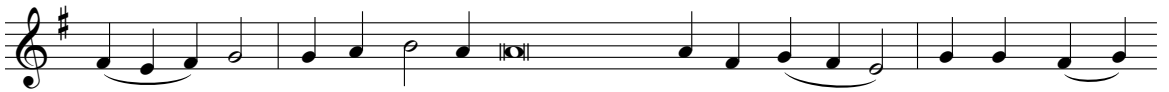
*Tone 4*



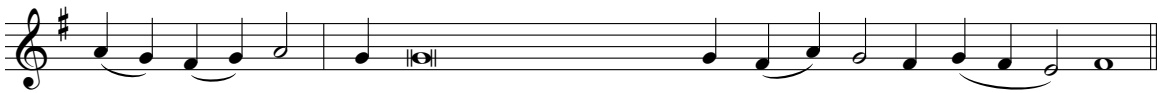
The three youths in the fur - nace were saved by the



Off - spring of the The-o - to - kos. He who was foretold has been born



on earth, and he joins to - gether a crea-tion to sing: All you works

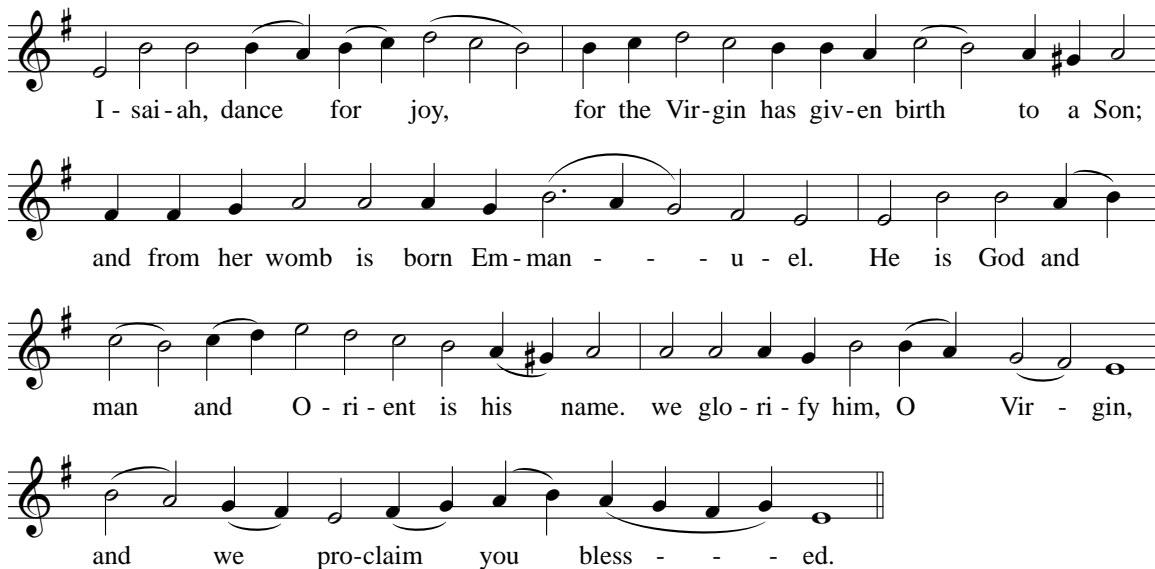


of the Lord, bless the Lord and praise him a - bove all for - ev - er.

*The Canticle of the Theotokos (Magnificat) is found on page 32.*

## Ode 9

### Irmos



I - sai - ah, dance for joy, for the Vir - gin has giv - en birth to a Son;  
and from her womb is born Em - man - - u - el. He is God and  
man and O - ri - ent is his name. we glo - ri - fy him, O Vir - gin,  
and we pro - claim you bless - - - ed.

### Refrain

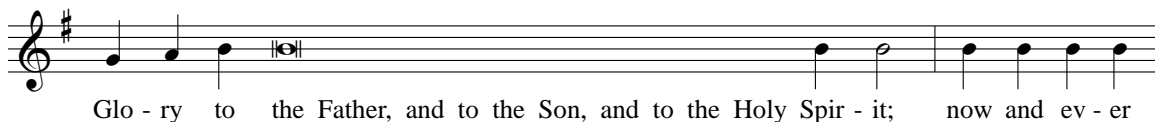


Glo - ry to you, our God, glo - ry to you.

I have not observed your commandments, O Lord, but I have followed my own will, giving in to my passions and sensual pleasures; I have been stripped of grace; naked, and covered with sores, I beseech you to save me, O God and Savior. *Refrain*

Neither the priest nor the Levite could wash my wounds, but only you, O God of goodness; in your compassion, you have come to me; you poured out the oil of your love upon me, and, as a wise physician, O Christ our Savior, you have attended to me and healed me. *Refrain*

In your compassion, O Christ, full of tenderness, you have saved me when I was suffering, flailed by the lashes of the brigands; and, as the Good Samaritan who gave two silver coins, you gave your body and your blood to save me.



Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er





and for - ev - er. A - men.

Wondrous was your childbearing! You conceived without seed, O Theotokos, and in virginity, you gave birth to your Son; for God himself is born, and we who glorify him, call you blessed,. O Virgin.

### Katavasia 9 of the Theotokos

*Tone 4*



May ev - 'ry child of the earth ex - ult in spir - it and hold a - loft



the burn - ing lamp; may the an - gels in heav - en praise with joy the ho - ly



feast of the Mother of God and sing to her: Re - joice, O blessed and ev - er - Vir - gin,



ho - ly The - o - to - kos.

## Hymns of Light

*Holy is the Lord our God, Tone 7, p. 271*

When Mary Magdalene said: They have carried away my Lord, Peter and the other disciple whom Jesus loved hastened to the grave. They both came and found the wrappings inside the tomb, and the cloth, which was on his head, lying aside. The disciples remained silent until they truly beheld Christ.

*Glory...*

The sensual pleasures of this world only bring disgust, and by fasting, your flesh has wasted away; but you renewed the strength of your soul, and you gained eternal glory in heaven. O venerable Father John, do not cease to intercede for us.

*Now and ever...*

We truly recognize you as the Theotokos, for we have been saved through you; ineffably, you conceived the God who saved us from death by his Cross, drawing to himself the assembly of the saints, with whom we praise your glory, O Virgin Theotokos.

17. *Psalms of Praise: Tone , p. 271*  
*recited verses, p. 271*

To carry out the sentence pre-ordained:  
this honor is for all *the* faithful.

Praise God in his holy place, **Psalm 150**  
praise him in his mighty heavens.

**Cantor:** Praise him for his powerful deeds,  
(on 4) praise his surpassing greatness.

④

Christ is ris - en from the dead, loos - en - ing the bonds of death.

An - nounce this great joy over all the earth and let the heav - ens praise

the glo - ry of God.

**Cantor:** O praise him with sound of trumpet  
(on 3) praise him with lute and harp.

③

Hav - ing be - held the Resurrec - tion of Christ, let us a - dore the ho - ly Lord

Je - sus who a - lone is sin - less.

**Cantor:** Praise him with timbrel and dance,  
(on 2) praise him with strings and pipes.

②

Tru - ly we cease not to worship the Resurrec-tion of Christ, for we are saved  
from our sins. Ho - ly is the Lord Je - sus, who has showed forth  
the Re - sur - rec - tion for us.

**Cantor:** O praise him with resounding cymbals,  
(on 1) praise him with clashing of cymbals.  
Let everything that lives and that breathes  
give praise to the Lord.

①

What shall we give to the Lord for all that he has done for us? To save us,  
God has dwelt in our midst. The Word has become flesh because of our  
cor-rupt-ed na-ture, and he has tak-en up his a-bode a-mong us.  
The Ben-efactor reaches out to us in our in grat-i-tude; the Re-deem-er  
comes to us in our serv-i-tude; the Sun of Jus-tice descends to those in

dark-ness; he who is beyond suffering is nailed to the cross; he is Light  
to those in Hades and Life to those in death; to all mor-tals he is the  
Re-sur-rec-tion. There-fore we cry out: O our God, glo - ry to you!

**Cantor:** Glory...

**Doxastikon of the Fourth Sunday of the Great Fast**

*Tone 1*

Come, let us labor in the mystical vine - yard of the Lord, and in it,  
we shall gather the fruit of con-ver - sion; for we do not work to fill our-selves  
with food and drink, but to cul - tivate vir-tue through fast - ing and pray'r.  
Thus, we shall please the Lord, and the Mas - ter of the vineyard will give  
us the re - com - pense by re - deem - ing our souls from the debt of sin;  
for he a - lone is all - good.

**Cantor:** Now and ever...

*Theotokion for normal Sundays, p. 38*

18. *The Great Doxology, p. 39*

19. *Troparion "Today salvation has come..." p. 42*

20. *Litany "Let us complete," p. 43*

21. *Prayer over bowed heads, p. 45*

22. *Dismissal, p. 46*

*After the "Amen" of the dismissal, we sing the Seventh Gospel Sticheron in Tone 7, p. 60*