

THE DIVINE LITURGY OF THE PRESANCTIFIED GIFTS

Responses and Hymns
set to the Carpathian Plainchant

*DRAFT prepared by the
Metropolitan Cantor Institute
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of Pittsburgh, U.S.A.
200x

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FOREWORD

The Divine Liturgy of the Presanctified Gifts consists of Vespers combined with a solemn Holy Communion service. This liturgy gives the faithful an opportunity to receive the Holy Eucharist on weekdays of the Great Fast - the “aliturghical” fasting days on which the Eucharistic Sacrifice is not celebrated.

This edition of the Liturgy of the Presanctified Gifts has been prepared for the use of the faithful of the Byzantine Ruthenian Metropolitan Church of Pittsburgh by the Intereparchial Liturgical Commission and the Intereparchial Music Commission. The text has been translated from the Greek original, compared with the Church Slavonic.

The musical settings are based on the Ruthenian tradition that has been handed down from one generation to the next. In some cases, both the traditional melodies and the shorter, simplified melodies used in earlier American editions of this service are provided.

This book is approved for use in churches of the Byzantine Ruthenian Metropolitan Church *sui juris* of Pittsburgh, U.S.A.

Most Reverend Basil M. Schott, O.F.M.
Metropolitan of Pittsburgh

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LITURGICAL NOTES

A **bow** is an inclination of the head at the shoulders while making the sign of the cross, without extending the hand to the knees or to the ground.

“**To make a great bow or prostration**” means to make the sign of the cross, kneel, and then touch the forehead to the floor. Those who cannot make a full prostration may make a **profound bow**, touching the floor with the fingers and making a sign of the cross on themselves.

It is fitting that all the faithful prepare themselves for the reception of Holy Communion. Prayers of Preparation for Holy Communion are found starting on page 184. These prayers are recommended as a personal preparation.



From left to right: a bow, a profound bow, and a prostration

During the fourth week of the Great Fast, following the Sunday of the Holy Cross, the cross remains on the tetrapod in the middle of the church. The Typikon prescribes that, on Tuesday through Friday at the Sixth Hour, we sing "We bow to your cross" in place of the troparion of the Prophecy; and on Friday, at the end of the Sixth Hour, all venerate the cross, which is then returned to the holy table.

If desired, this may be done as part of the Liturgy of the Presanctified Gifts instead:

- After the dismissal, "We bow to your cross" is sung (that is, "We bow to your cross, O Lord, and we glorify your holy resurrection", 3 times; Glory, Now and ever, "and we glorify your holy resurrection"; then "We bow to your cross" a final time).
- The priest and faithful may come forward to venerate the cross at the tetrapod. During the veneration, the hymns (stichera) for the veneration of the cross may be sung, as on the Third Sunday of the Great Fast.
- After the Liturgy of the Presanctified Gifts on Friday, the celebrant returns the cross to the holy table, in silence and without ceremony.

THE DIVINE LITURGY OF THE PRESANCTIFIED GIFTS

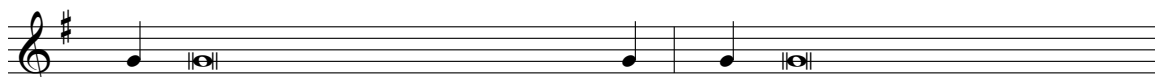
The faithful STAND when the celebrant goes to the holy table.

Deacon: Reverend Father, give the blessing!

Celebrant: Blessed is the kingdom of the Father, and of the Son, and of the Holy Spirit, now and ever and forever.

Response: 
A - - - men.


Psalm 103, and the verses that precede and follow it, can be sung in the usual psalm tone (given here) or to the Lenten tone. Music for the Lenten tone can be found on page xx.



Come, let us worship our King and God. Come, let us worship Christ, our

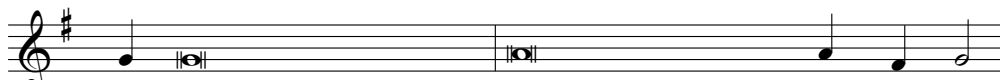


King and God. Come, let us worship and bow before the only Lord Jesus



Christ, the King and our God.

Psalm 103



Bless the Lord, O my soul! Lord my God, how great you are,

clothed in majesty and glory,
wrapped in light as in *a* robe

You stretch out the heavens like a tent.
Above the rains you build **your** dwelling.
You make the clouds your chariot,
you walk on the wings of **the** wind;

you make your angels spirits
and your ministers a **flaming** fire.
You founded the earth on its base,
to stand firm from age **to** age.

You wrapped it with the ocean like a cloak:
the waters stood higher than **the** mountains.
At your threat they took to flight;
at the voice of your thunder **they** fled.

They rose over the mountains and flowed down
to the place which you had **appointed**.
You set limits they might not pass
lest they return to cover **the** earth.

You make springs gush forth in the valleys;
they flow in between **the** hills.
They give drink to all the beasts of the field;
the wild asses quench **their** thirst.

On their banks dwell the birds of heaven;
from the branches they sing **their** song.
From your dwelling you water the hills;
earth drinks its fill of **your** gift.

You make the grass grow for the cattle
and the plants to serve **man's** needs,
that he may bring forth bread from the earth
and wine to cheer **man's** heart;

oil, to make his face shine
and bread to strengthen *man's* heart.
The trees of the Lord drink their fill,
the cedars he planted *on* Lebanon;

there the birds build their nests;
on the treetop the stork has *her* home.
The goats find a home on the mountains
and rabbits hide in *the* rocks.

You made the moon to mark the months;
the sun knows the time for *its* setting.
When you spread the darkness it is night
and all the beasts of the forest *creep* forth.

The young lions roar for their prey
and ask their food *from* God.
At the rising of the sun they steal away
and go to rest in *their* dens.

Man goes out to his work,
to labor till *evening* falls.
How many are your works, O Lord!
In wisdom you have made them all.
The earth is full of *your* riches.

There is the sea, vast and wide,
with its moving swarms past counting,
living things great *and* small.
The ships are moving there,
and the monsters you made *to* play with.

All of these look to you
to give them their food in *due* season.
You give it, they gather it up;
you open your hand, they have *their* fill.

You hide your face, they are dismayed;
you take back your spirit, they die,
returning to the dust from which *they* came.
You send forth your spirit, they are created;
and you renew the face of *the* earth.

May the glory of the Lord last forever!
May the Lord rejoice in *his* works!
He looks on the earth and it trembles;
the mountains send forth smoke at *his* touch.

I will sing to the Lord all my life,
make music to my God while *I* live.
May my thoughts be pleasing to him.
I find my joy in *the* Lord.

Let sinners vanish from the earth and the wicked exist no more.
Bless the Lord, O *my* soul.

And again:

You made the moon to mark the months;
the sun knows the time for *its* setting.

How many are your works, O Lord!
In wisdom you have made *them* all.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Alleluia! Alleluia! Alleluia!
Glory to you, *O* God! (*twice*)

And the third time, with melody:



Litany of Peace

The faithful may SIT as the Litany of Peace begins:

Deacon: In peace, let us pray to the Lord.

Response:

①



Deacon: For peace from on high and for the salvation of our souls, let us pray to the Lord.

Response:

②



For peace in the whole world, for the stability of the holy Churches of God, and for the union of all, let us pray to the Lord. ①

For this holy church and for all who enter it with faith, reverence, and fear of God, let us pray to the Lord. ②

For our holy father, (*Name*), pope of Rome, let us pray to the Lord. ①

For our most reverend metropolitan, (*Name*), for our God-loving bishop, (*Name*), for the venerable presbyterate, the diaconate in Christ, and all the clergy and people, let us pray to the Lord. ②

For our government and for all in the service of our country, let us pray to the Lord. ①

For this city, [*or*: For this holy monastery], for every city, community, and for the faithful living in them, let us pray to the Lord. ②

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord. ①


For those who travel by sea, air, and land, for the sick, the suffering, the captive and for their salvation, let us pray to the Lord. (2)

Special petitions may be inserted here.

That we be delivered from all affliction, wrath, and need, let us pray to the Lord. (1)

Protect us, save us, have mercy on us, and preserve us, O God, by your grace. (2)

Deacon: Commemorating our most holy, most pure, most blessed and glorious Lady, the Theotokos and ever-Virgin Mary with all the saints, let us commit ourselves and one another, and our whole life to Christ our God.

Response: 
To you, O Lord.

The celebrant prays, concluding:

Celebrant: For to you, Father, Son, and Holy Spirit, is due all glory, honor, and worship, now and ever and forever.

Response: 
A - - - - men.

The presanctified gifts are transferred from the artophorion (tabernacle) to the table of preparation during the chanting of the Antiphonal Psalms.

When the Psalms begin, the faithful KNEEL.

The Typikon prescribes the chanting of the entire 18th kathisma of the Psalter (Psalms 119-133) at Vespers on weekdays of the Great Fast. The following division of these psalms is recommended for parochial use:

Antiphonal Psalms for Wednesday 

Antiphonal Psalms for Tuesday and Friday 

Antiphonal Psalms for Monday and Thursday 

Antiphonal Psalms for Wednesdays

Psalm 119

To the Lord in the hour of my distress
I call and he answers me.
“O Lord, save my soul from lying lips,
from the tongue of the deceitful.”

What shall he repay you in return,
O treacherous tongue?
The warriors’ arrows sharpened,
and coals, red-hot, blazing.

Alas, that I abide a stranger in Meshech,
dwell among the tents of Kedar!
Long enough have I been dwelling
with those who hate peace.

I am for peace, but when I speak,
they are for fighting.

Psalm 120

I lift up my eyes to the mountains
from where shall come my help.
My help shall come from the Lord
who made heaven and earth.

May he never allow you to stumble!
Let him sleep not, your guard.
No, he sleeps not nor slumbers,
Israel’s guard.

The Lord is your guard and your shade;
at your right side he stands.
By day the sun shall not smite you
nor the moon in the night.

The Lord will guard you from evil,
he will guard your soul.
The Lord will guard your going and coming
both now and forever.

Psalm 121

I rejoiced when I heard them say:
“Let us go to God’s house.”
And now our feet are standing
within your gates, O Jerusalem.

Jerusalem is built as a city
strongly compact.
It is there that the tribes go up,
the tribes of the Lord.

For Israel’s law it is,
there to praise the Lord’s name.
There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:
“Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!”

For love of my brethren and friends
I say: “Peace upon you.”
For love of the house of the Lord
I will ask for your good.

Psalm 122

To you have I lifted up my eyes,
you who dwell in the heavens;
my eyes, like the eyes of slaves
on the hand of their lords.

Like the eyes of a servant
on the hand of her mistress,
so our eyes are on the Lord our God
till he show us his mercy.

Have mercy on us, Lord, have mercy.
We are filled with contempt.
Indeed all too full is our soul with the scorn of the rich,
with the proud man's disdain.

Psalm 123

"If the Lord had not been on our side,"
this is Israel's song.

"If the Lord had not been on our side
when men rose up against us,

then would they have swallowed us alive
when their anger was kindled.

Then would the waters have engulfed us,
the torrent gone over us;

over our head would have swept
the raging waters."

Blessed be the Lord
who did not give us a prey to their teeth!

Our life, like a bird, has escaped
from the snare of the fowler.
Indeed the snare has been broken
and we have escaped.

Our help is in the name of the Lord,
who made heaven and earth.


The faithful STAND.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Alleluia! Alleluia! Alleluia!
Glory to you, O God!

Alleluia! Alleluia! Alleluia!
Glory to you, O God!

Alleluia! Alleluia! Alleluia!
Glory to you, O God!

The service continues on page 20 

Antiphonal Psalms for Tuesdays and Fridays

Psalm 124

Those who put their trust in the Lord are like Mount Zion,
that cannot be shaken, that stands forever.
Jerusalem! The mountains surround her,
so the Lord surrounds his people both now and forever.

For the scepter of the wicked shall not rest
over the land of the just
for fear that the hands of the just
should turn to evil.

Do good, Lord, to those who are good,
to the upright of heart;
but the crooked and those who do evil, drive them away!
On Israel, peace!

Psalm 125

When the Lord delivered Zion from bondage,
it seemed like a dream.
Then was our mouth filled with laughter,
on our líps there were songs.

The heathens themselves said:
“What marvels the Lord worked for them!”
What marvels the Lord worked for us!
Indeed we were glad.

Deliver us, O Lord, from our bondage
as streams in dry land.
Those who are sowing in tears
will síng when they reap.

They go out, they go out, full of tears,
 carrying seed for the sowing;
they come back, they come back, full of song,
 carrying their sheaves.

Psalm 126

If the Lord does not build the house,
 in vain do its builders labor;
if the Lord does not watch over the city,
 in vain does the watchman keep vigil.

In vain is your earlier rising,
 your going later to rest,
you who toil for the bread you eat,
 when he pours gifts on his beloved while they slumber.

Truly sons are a gift from the Lord,
 a blessing, the fruit of the womb.
Indeed the sons of youth
 are like arrows in the hand of a warrior.

O the happiness of the man
 who has filled his quiver with these arrows!
He will have no cause for shame
 when he disputes with his foes in the gateways.

Psalm 127

O blessed are those who fear the Lord
 and walk in his ways!
By the labor of your hands you shall eat.
 You will be happy and prosper;

your wife like a fruitful vine
 in the heart of your house;
your children like shoots of the olive,
 around your table.

Indeed thus shall be blessed
the man who fears the Lord.
May the Lord bless you from Zion,
may you see the prosperity of Jerusalem
all the days of your life!

May you see your children's children.
On Israel, peace!

Psalm 128

“They have pressed me hard from my youth,”
this is Israel's song.
“They have pressed me hard from my youth
but could never destroy me.

They plowed my back like plowmen,
drawing long furrows.
But the Lord who is just,
has destroyed the yoke of the wicked.”

Let them be shamed and routed,
those who hate Zion!
Let them be like grass on the roof
that withers before it flowers.

With that no reaper fill his arms,
no binder makes his sheaves
and those passing by will not say:
“On you the Lord's blessing!”
“We bless you in the name of the Lord.”


The faithful STAND.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Alleluia! Alleluia! Alleluia!
Glory to you, O God!

Alleluia! Alleluia! Alleluia!
Glory to you, O God!

Alleluia! Alleluia! Alleluia!
Glory to you, O God!

The service continues on page 20 

Antiphonal Psalms for Mondays and Thursdays

Psalm 129

Out of the depths I cry to you, O Lord;
Lord, hear my voice!
Let your ears be attentive
to the voice of my pleading.

If you, O Lord, should mark our guilt,
Lord, who would survive?
But with you is found forgiveness:
for this we revere you.

My soul is waiting for the Lord.
I count on his word.
My soul is longing for the Lord
more than watchman for daybreak.

Let the watchman count on daybreak
and Israel on the Lord.
Because with the Lord there is mercy
and fullness of redemption,

Israel indeed he will redeem
from all its iniquity.

Psalm 130

O Lord, my heart is not proud
nor haughty my eyes.
I have not gone after things too great
nor marvels beyond me.

Truly I have set my soul
in silence and peace.
A weaned child on its mother's breast,
even so is my soul.

O Israel, hope in the Lord
both now and forever.

Psalm 131

Lord, remember David
and all his humility,
how we swore to the Lord
and vowed to the God of Jacob.

"I will not enter the house where I live
nor go to the bed where I rest.
I will give no sleep to my eyes
to my eyelids I will give no slumber

till I find a place for the Lord,
a dwelling for the Strong One of Jacob."
At Ephrata we heard of the ark;
we found it in the plains of Yearim.

"Let us go to the place of his dwelling;
let us go to kneel at his footstool."
Go up, Lord, to your rest,
you and your holy ark.

Your priests will be clothed with righteousness
and your saints will rejoice.
For the sake of David your servant
do not reject your anointed.

The Lord swore a true oath to David;
he will not go back on his word:
“A son, the fruit of your body,
will I set upon your throne.

If they keep my covenant in truth
and my laws that I have taught them,
their sons also shall rule
on your throne from age to age.”

For the Lord has chosen Zion;
he prefers her for his dwelling:
“This is my resting-place for ever;
here have I chosen to live.

I will greatly bless her produce,
I will fill her poor with bread.
I will clothe her priests with salvation
and her saints will rejoice.

There David’s stock will flower;
I will prepare a lamp for my anointed.
I will cover his enemies with shame
but on him my crown shall shine.”

Psalm 132

Behold, how good and how pleasant,
when brothers dwell in unity!
It is like precious oil upon the head,
running down upon the beard,

running down upon Aaron’s beard
to the hem of his garment.
It is like the dew of Hermon
which falls on the heights of Zion.

For there the Lord has commanded the blessing:
life forever.

Psalm 133

Come, bless the Lord,
all you who serve the Lord,
who stand in the house of the Lord,
in the courts of the house of our God.

Lift up your hands to the holy place
and bless the Lord through the night.
May the Lord bless you from Zíon,
he who made both heaven and earth.

The faithful STAND.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Alleuia! Alleluia! Alleluia!
Glory to you, O God!

Alleuia! Alleluia! Alleluia!
Glory to you, O God!

Alleuia! Alleluia! Alleluia!
Glory to you, O God!

The Lamp-Lighting Psalms (Psalms 140, 141, 129 and 116) are now sung with their stichera, which vary for each day of the Fast.

*The opening verses of Psalm 140 ("O Lord, I have cried") with refrain ("Hear me, O Lord!") are sung according to the tone of the first sticheron, as follows:
(music on pages 21-25)*

Monday in the First Week (Clean Monday)	Tone 3
Wednesday in the First Week	Tone 8
Friday in the First Week	Tone 5
Wednesday in the Second Week	Tone 1
Friday in the Second Week	Tone 4
Wednesday in the Third Week	Tone 4
Friday in the Third Week	Tone 7
Wednesday in the Fourth Week	Tone 4
Friday in the Fourth Week	Tone 7
Wednesday in the Fifth Week	Tone 8
Thursday in the Fifth Week	Tone 8
Friday in the Fifth Week	Tone 6
Wednesday in the Sixth Week	Tone 5
Friday in the Sixth Week	Tone 8
Great and Holy Monday	Tone 1
Great and Holy Tuesday	Tone 1
Great and Holy Wednesday	Tone 1

After "O Lord, I have cried," continue with the recitando psalm verses on page 25.

Tone 1

O Lord, I have cried to you, hear me. Hear me, O Lord! O

Lord, I have cried to you, hear me; re - ceive the voice of my pray'r when I

call up - on you. Hear me, O Lord! Let my pray'r

as - cend to you like in - cense and the lift - ing up of my hands like an

eve - ning sac - ri - fice. Hear me, O Lord!

25

Tone 2

O Lord, I have cried to you, hear me. Hear me, O Lord!

O Lord, I have cried to you, hear me; re - ceive the voice of my pray'r when I

call up - on you. Hear me, O Lord! Let my pray'r

as - cend to you like in - cense and the lift - ing up of my hands

like an eve - ning sac - ri - fice. Hear me, O Lord!

25

Tone 3

O Lord, I have cried to you, hear me. Hear me, O Lord!

O Lord, I have cried to you, hear me; re-ceive the voice of my pray'r when I

call up - on you. Hear me, O Lord! Let my pray'r

as-cend to you like in-cense and the lift - ing up of my hands like an

eve-ning sac - ri - fice. Hear me, O Lord!

Tone 4

O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord, I have cried


to you, hear me; re - ceive the voice of my pray'r when I call up - on you.

Hear me, O Lord! Let my pray'r ascend to you like in - cense

and the lifting up of my hands like an eve-ning sac - ri - fice. Hear

me, O Lord!

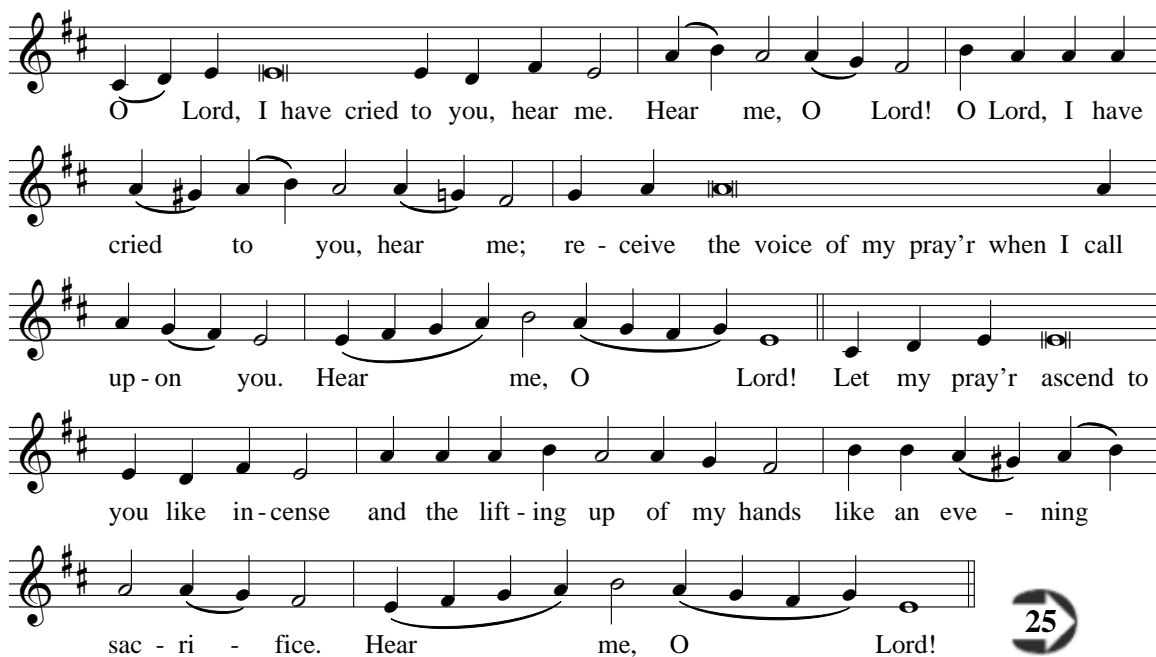
Tone 5



O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord, I
have cried to you, hear me; re-ceive the voice of my pray'r when I call up-on you.
Hear me, O Lord! Let my pray'r ascend to you
like in-cense and the lift-ing up of my hands like an eve-ning sac-ri-fice.
Hear me, O Lord!

25

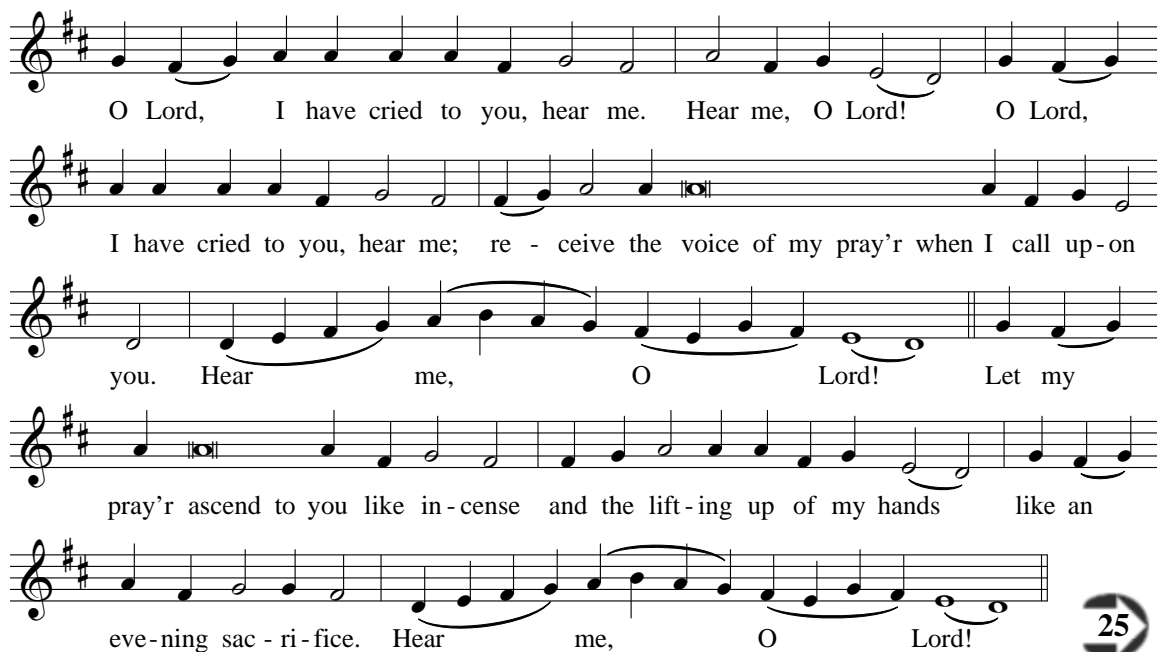
Tone 6



O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord, I have
cried to you, hear me; re-ceive the voice of my pray'r when I call
up-on you. Hear me, O Lord! Let my pray'r ascend to
you like in-cense and the lift-ing up of my hands like an eve-ning
sac-ri-fice. Hear me, O Lord!

25

Tone 7



O Lord, I have cried to you, hear me. Hear me, O Lord! O Lord,
 I have cried to you, hear me; re - ceive the voice of my pray'r when I call up-on
 you. Hear me, O Lord! Let my
 pray'r ascend to you like in-cense and the lift-ing up of my hands like an
 eve-ning sac - ri - fice. Hear me, O Lord!

25

Tone 8



O Lord, I have cried to you, hear me. Hear me, O Lord! O
 Lord, I have cried to you, hear me; re - ceive the voice of my pray'r when I
 call up - on you. Hear me, O Lord! Let my
 pray'r ascend to you like in - - - cense and the lift - ing up of my hands
 like an eve-ning sac - ri - fice. Hear me, O Lord!

25

The remaining verses are chanted alternately.

O Lord, set a guard before my mouth
and set a seal on the door of my lips.
Let not my heart be inclined to evil,
nor make excuse for the sins I commit.

Let me never share in sinners' feasting.
If a just man strikes or reproves me it is kindness
but let the oil of the wicked not anoint my head.
Let my prayer be ever against their malice.

The princes were thrown down by the side of the rock;
then they understood that my words were kind.
As a millstone is shattered to pieces on the ground,
so their bones were strewn at the mouth of the grave.

To you, Lord God, my eyes are turned;
in you I take refuge; spare my soul!
From the trap they have laid for me keep me safe;
keep me from the snares of those who do evil.

Let the wicked fall into the traps they have set
while I pursue my way unharmed.

Psalm 141

With all my voice I cry to the Lord,
with all my voice I entreat the Lord.
I pour out my trouble before him;
I tell him all my distress while my spirit faints within me.

But you, O Lord, know my path.
On the way where I shall walk they have hidden a snare to entrap me.
Look on my right and see:
there is no one who takes my part.

I have no means of escape,
not one who cares for my soul.

I cry to you, O Lord.

I have said: "You are my refuge, all I have in the land of the living."

Listen, then, to my cry
for I am in the depths of distress.
Rescue me from those who pursue me
for they are stronger than I.

*The following verses continue to be chanted or are sung to melody, according
to the number of stichera. The faithful may SIT.*

10. Bring my soul out of this prison
and then I shall praise your name.

9. Around me the just will assemble
because of your goodness to me.

Psalm 129

8. Out of the depths I cry to you, O Lord;
Lord, hear my voice!

7. Let your ears be attentive
to the voice of my pleading.

6. If you, O Lord, should mark our guilt, Lord, who would survive?
But with you is found forgiveness: for this we revere you.

5. My soul is waiting for the Lord. I count on his word.
My soul is longing for the Lord more than watchman for daybreak.

4. [Let the watchman count on daybreak
and Israel on the Lord.]

The stichera (hymns alternating with psalm verses) are now sung, according to the liturgical day:

Monday in the First Week	page 28
Wednesday in the First Week	page 32
Friday in the First Week	page 36
Wednesday in the Second Week	page 40
Friday in the Second Week (use tone of the week)	pages 145-183
Wednesday in the Third Week	page 44
Friday in the Third Week (use tone of the week)	pages 145-183
Wednesday in the Fourth Week	page 48
Friday in the Fourth Week (use tone of the week)	pages 145-183
Wednesday in the Fifth Week	page 53
Thursday in the Fifth Week	page 57
Friday in the Fifth Week	page 60
Wednesday in the Sixth Week	page 65
Friday in the Sixth Week	page 69
Great and Holy Monday	page 74
Great and Holy Tuesday	page 79
Great and Holy Wednesday	page 84

If there is no tone number on a given sticheron, it is sung to the same tone as the preceding hymn.


Stichera for Monday in the First Week

Tone 3

[illegible]

All:

All: 4




Let us keep an acceptable fast that will please the Lord. A true

fast means estrange-ment from e - vils, ab - stinence from an-ger, con - trol

of the tongue, giv - ing up the pas - sions, insults, lies, and swear - ing.

To be deprived of all of these is a true and ac - cept - a - ble fast.

Tone 2

Cantor: 

Be - cause with the Lord there is mercy and fullness of redemp - tion, Is - ra - el

in - deed he will re - deem from all its in - i - qui - ty.

All:

All: (3)

I have com-mit-ted ev-'ry sort of sin. I am more lost than an-y-one.

I would not have the tears to shed e-ven if I want-ed to re-pent. But if I

con-tin-ue to live in-dif-frent-ly I will be li-a-ble to pun-ish-ment.

But you, O God, who a-lone are good, set me a-right and have mer-cy on me.

Cantor: Praise the Lord, all you na-tions; ac-claim him all you peo-ples!

All: ② On this joy-ful day of the fast grant me show-ers of tears, O Lord.

Let me feel com-punction and wash away the filth of self-in-dul-gence so that

I may stand be-fore you pur-i-fied when you come from heav-en to judge all

mor-tals as the on-ly just judge, O Lord.

Tone 5

Cantor: Strong is the love of the Lord for us; he is faith-ful for-ev-er.

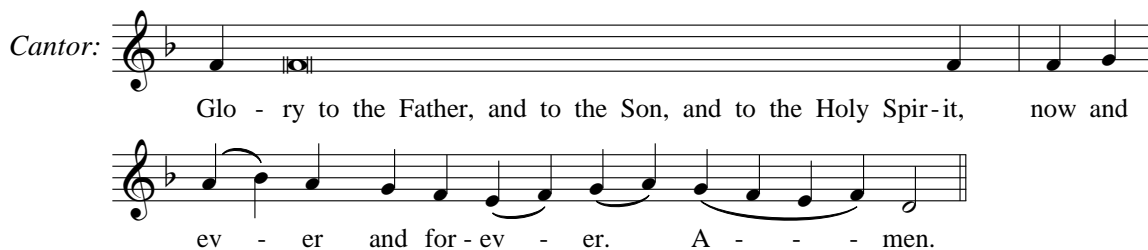
All:

①



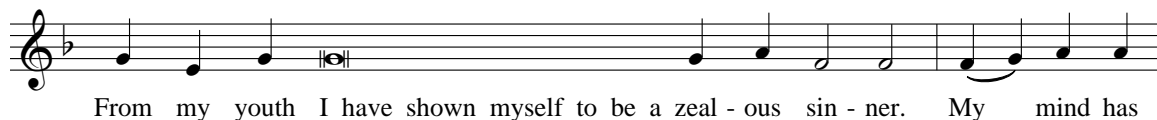
Come, O faith-ful, let us ea - gerly take up the strong shield of the fast
to de - flect the enemy's ev - 'ry e - vil scheme. Let us not be enticed by
pas - sion - ate pleas - ures nor fear the fire of temp - ta - tions; for
through them Christ who loves us all will re - ward us with crowns for our
per - se - ver - ance. Then let us pray with bold - ness; let us fall be - fore him
and cry out, beg - ging peace for our souls and great mer - cy.

The faithful STAND.

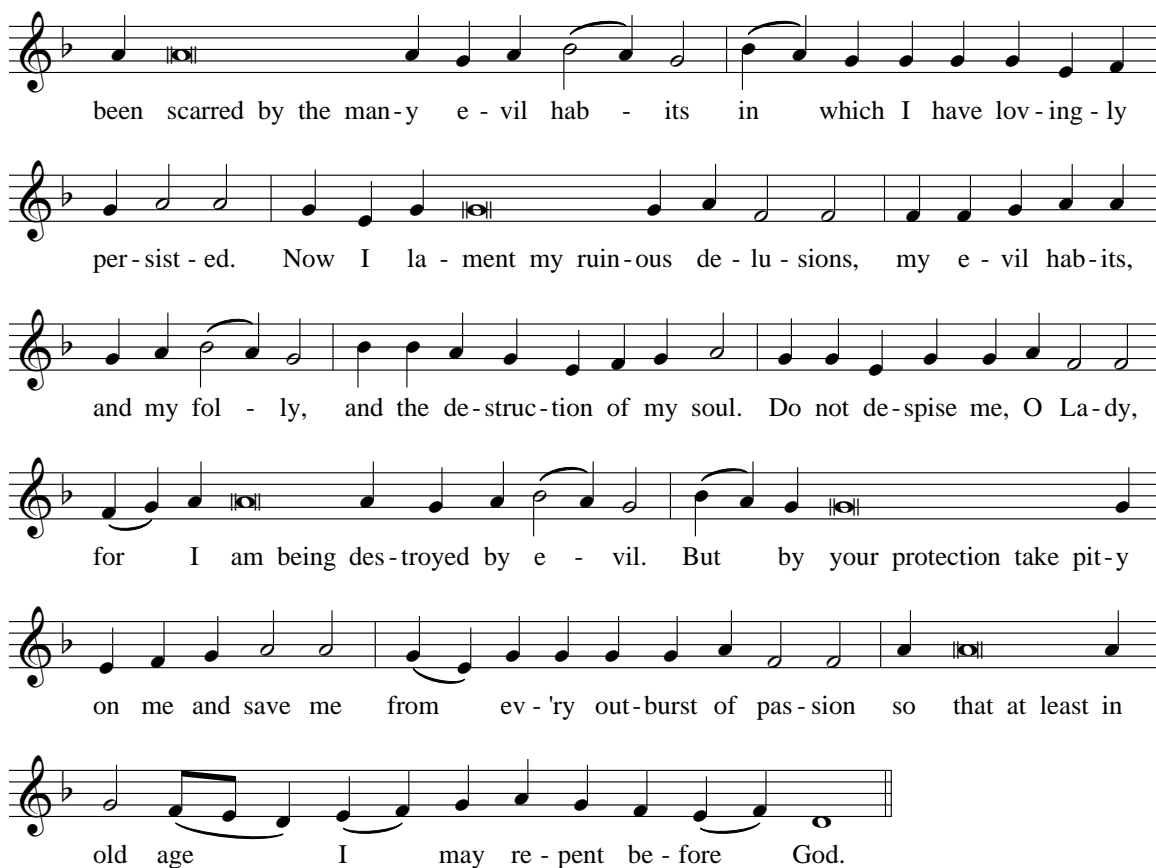


Cantor: Glo - ry to the Father, and to the Son, and to the Holy Spir-it, now and
ev - er and for - ev - er. A - - - men.

Theotokion - All:



From my youth I have shown myself to be a zeal - ous sin - ner. My mind has



been scarred by the man-y e - vil hab - its in which I have lov - ing - ly

per - sist - ed. Now I la - ment my ruin - ous de - lu - sions, my e - vil hab - its,

and my fol - ly, and the de - struc - tion of my soul. Do not de - spise me, O La - dy,

for I am being des - troyed by e - vil. But by your protection take pit - y

on me and save me from ev - 'ry out - burst of pas - sion so that at least in

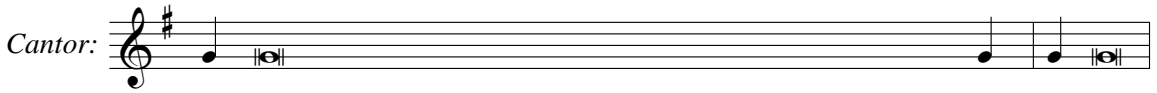
old age I may re - pent be - fore God.

The service continues on page 88



Stichera for Wednesday in the First Week

Tone 8



Be - cause with the Lord there is mercy and fullness of redemp-tion, Is-rael



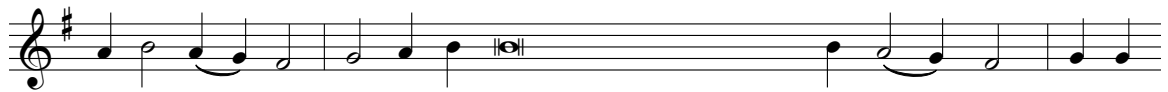
in - deed he will re-deem from all its in - i - qui - ty.

All:

③



While fast-ing in body let us al-so fast in spir - it. Let us loos-en ev'ry bond of



in - i - qui - ty. Let us cut through the knots of forced a-gree - ments. Let us



rip up ev - 'ry un-just con - tract. Let us give bread to the hun - gry



and wel-come the homeless poor in - to our homes so that we may receive great



mer - - - cy from Christ our God.

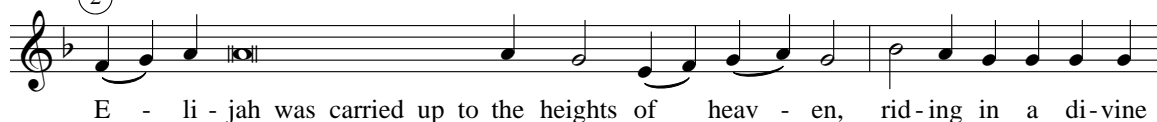
Tone 2



Praise the Lord, all you na - tions; ac-claim him all you peo - ples!

All:

②



E - li - jah was carried up to the heights of heav - en, rid - ing in a di - vine



char - i - ot of vir - tues, be - cause he had been made bril - liant by fast - ing.



My low - ly soul, long for the same, and like - wise fast from all wicked - ness



and mur - der - ous strife and from pleas - ures which delight but pass a - way.



So you will escape the bitter, everlast - ing pain of Ge - hen - na, cry - ing out



to Christ: O Lord, glo - ry to you.

Tone 5



Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All:

①



O a - pos - tles of God, fer - vent in - tercessors for the world and shields of the



faith - ful, you have the pow - er to speak boldly before Christ our God.

We im - plore you, all-re-vered a - pos - tles, in - ter-cede in our be - half
 that we may keep the good season of the fast with joy and re-ceive the grace of
 the consub-stan - tial Trin - it - y. O great and glo - rious her - alds,
 pray for our souls.

The faithful STAND.

Cantor:

Glo - ry to the Father, and to the Son, and to the Holy Spir-it, now and
 ev - er and for - ev - er. A - - - men.

Theotokion - All:

Re-joice, O Seal of Pro-phe-cy, good news of the god-ly-voiced a - pos - tles;
 for you tru-ly gave birth to God in the flesh which we can-not fathom or ex-plain,
 O pure one. For this you were the first to be hon - ored and to sa - vor

the de-lights of Par - a - dise. There - fore, we extol you with songs as a

bril - liant ad - vo - cate and in - ter - ces - sor pleas - ing to God.

Through you, O most pure one, we have been en - riched and made wor - thy of the

everlasting life of your Son who rich - ly be - stows great mer - cies.

The service continues on page 88.



Stichera for Friday in the First Week

Tone 5

Cantor: 

Be - cause with the Lord there is mercy and fullness of redemp-tion, Is - ra - el



in - deed he will re - deem from all its in - i - qui - ty.

All: 

③

Come, you faith-ful, let us do God's works in light; let us walk uprightly



in the light of day. Let us rip up every unjust claim a-against our neigh - bors,



and put no stum-bling block in their path. Let us put a-side pleas-ures of the flesh.



Let us grow in spir - i - tual gifts. Let us give bread to those in need



and run to Christ, cry - ing in re - pen - tance: Have mer - cy on us,



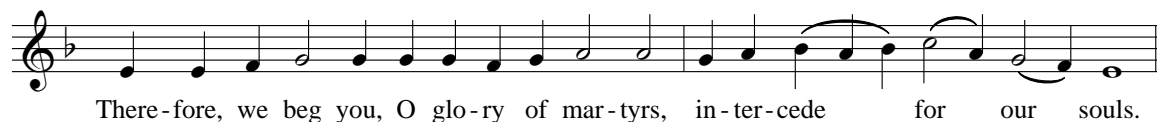
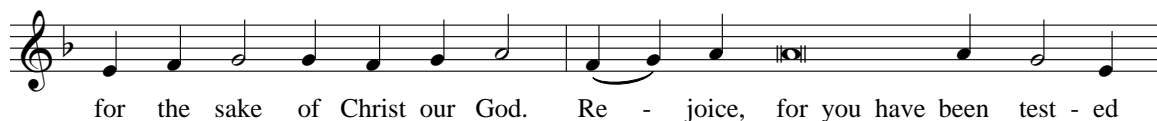
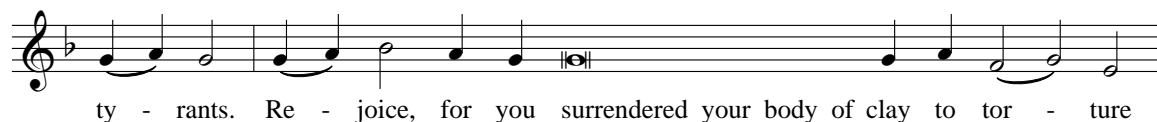
our God.

Tone 2

Cantor: 

Praise the Lord, all you na - tions; ac-claim him all you peo - ples!

All: ②

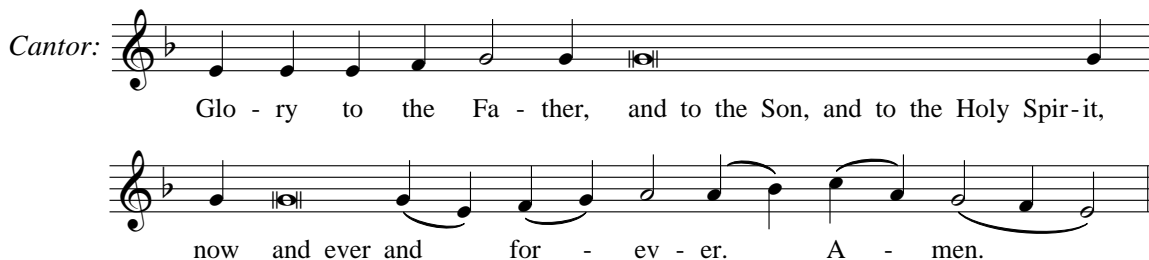


All: ①



Your name shows you to be God's ex-cel-lent gift, O Mar-tyr
The-o-dore. Af-ter your death, just as in your life, you grant the requests of
those who run to you. Once the son of a widow was carried off by pa-gan
sol-diers, and she came to you, drenching your shrine with tears; and in your
sym-path-y for her, mount-ed on a white horse, you brought back her child
in-vis-i-bly. From that day to this, you have not ceased work-ing mir-a-cles.
Pray to Christ our God to save our souls.

The faithful STAND.



Cantor: Glo-ry to the Fa-ther, and to the Son, and to the Holy Spir-it,
now and ever and for-ev-er. A-men.

Dogmatikon - All:

The shad - ow of the Law passed a - way when grace ar - rived, for, like
the bush which burned but was not con - sumed, you gave birth as a virgin, and a
vir - gin you re - mained. In - stead of a pil - lar of fire, the Sun
of Jus - tice dawned; in - stead of Mo - ses, Christ - the sal - va - tion of our souls.

The musical score is written on four staves in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below the notes. The first staff ends with a double bar line and repeat dots. The second staff also ends with a double bar line and repeat dots. The third and fourth staves continue the melody and lyrics.

The service continues on page 88.



Stichera for Wednesday in the Second Week

Tone 1



Be - cause with the Lord there is mercy and fullness of redemp-tion,



Is - ra - el indeed he will re-deem from all its in - i - qui - ty.

All: ③



If we would fast in spir - it we must not tell lies with our tongue nor give



cause for scan-dal or take of-fense. Rath-er, through repentance, let us bright-en the



lamp of our soul. With tears, let us cry out to Christ:



Re - mit our sins, for you love us all.

Tone 3



Praise the Lord, all you na-tions ac-claim him all you peo - ples!

All: ②



Through the prayers of the di - vine a - pos - tles, let us right - ly keep the season

of the fast, O Lord. Grant us compunction that we may all be saved
and glorify your good - ness and com - pas - sion.

Tone 6

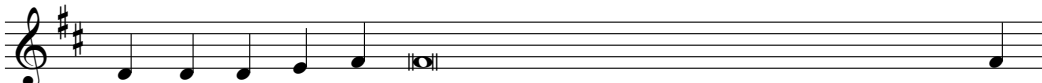
Cantor: Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All:


O a - pos - tles of Christ, bea - cons of the world, rich treasures of the knowledge of
our all - wise God, de - liv - er from temp - ta - tions us who praise you.
Through your ho - ly prayers lead us through the sea - son of the fast and guide
us to live free from all e - vil and to please our God as we an - ti - cipate the
pas - sion of Christ, of - fer - ing him our praise with con - fi - dence.

The faithful STAND.

Cantor:




Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it,




now and ev - er and for - ev - er. A - men.


Theotokion - All:



En - vi - ous of your flock, O most pure one, the adversary constant-ly



be - sieg - es it, hop - ing to make a meal for him - self;



but you, O The - o - to - kos, de - liv - er us from his clutch - es.

The service continues on page 88.



Stichera for Friday in the Second Week

Turn to the tone of the week.

Friday evening stichera in Tone 1	p. 145
Friday evening stichera in Tone 2	p. 150
Friday evening stichera in Tone 3	p. 154
Friday evening stichera in Tone 4	p. 159
Friday evening stichera in Tone 5	p. 164
Friday evening stichera in Tone 6	p. 169
Friday evening stichera in Tone 7	p. 174
Friday evening stichera in Tone 8	p. 179

Stichera for Wednesday in the Third Week




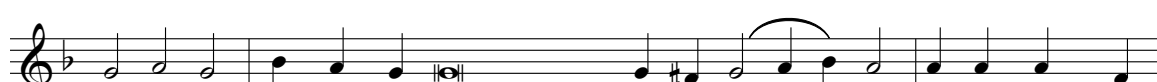
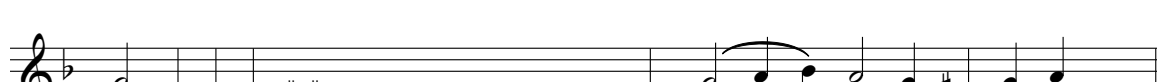
Tone 4

Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will re-deem from all its in - i - qui - ty.

All:

③


 Like the prod - i - gal son, I squand-ered my fa-ther's wealth and I grew des-o-late.

 Liv-ing in the land of the wick - ed, I im - itated the irrational beasts in my

 fol - ly. I have stripped off ev-'ry di-vine grace; and so I return, cry-ing

 out to you: My com-pas-sionate and mer-ci - ful Fa - ther, I have sinned, O

 God; wel - come me as a penitent and have mer - cy on me.

Tone 6

Cantor: 
 Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

All:

(2)

O a - pos - tles who have seen God, you re - flect the spir - i - tual Sun.
Pray for our soul's en - light-en - ment, de - liv - er us from the gloomy darkness
of pas - sions, and intercede that we may see the day of sal - va - tion.
Through your prayers and in - ter - ces - sions, cleanse our hearts, wounded by the
e - vil one. Saved by faith, we will al - ways hon - or you; for you have
saved the world by your all - wise preach - ing.

Cantor:

Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All:

(1)

I am a prod - igital son exiled in an e - vil land, I have squandered horribly the
wealth you gave me, O com - pas - sion - ate fa - ther. Now I starve for

lack of good deeds. Clothed with the shame of my trans-gres - sion, be-hold
me, stripped of grace. So I cry out to you: I have sinned, for I know your
good - ness. Re-ceive me mercifully as one of your hired hands, O Christ,
through the prayers of the a - pos - - - tles who have loved you.

The faithful STAND.

Cantor:

Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it,
now and ev - er and for - ev - er. A - men.

Theotokion - All:

En - vi - ous of your flock, O most pure one, the adversary constant-ly
be - sieg - es it, hop - ing to make a meal for him - self;
but you, O The - o - to - kos, de - liv - er us from his clutch - es.

The service continues on page 88.




Stichera for Friday in the Third Week

Turn to the tone of the week.


Friday evening stichera in Tone 1	p. 145
Friday evening stichera in Tone 2	p. 150
Friday evening stichera in Tone 3	p. 154
Friday evening stichera in Tone 4	p. 159
Friday evening stichera in Tone 5	p. 164
Friday evening stichera in Tone 6	p. 169
Friday evening stichera in Tone 7	p. 174
Friday evening stichera in Tone 8	p. 179

Stichera for Wednesday in the Fourth Week

Tone 4

Cantor: 

Be - cause with the Lord there is mercy and fullness of redemp-tion,



Is - rael indeed he will re-deem from all its in - i - qui - ty.

All:

③



The fast which brings bless - ings has now run half its course. It is pleased with the



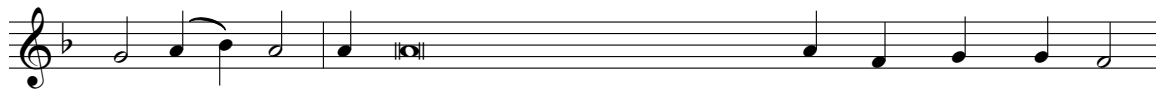
days which have passed and pro-pos-es profit in those still to come. Striv-ing



for vir - tue produces e - ven more good deeds. There - fore, let Christ, the giver of



all good gifts, be pleased to hear our cry. You fast-ed and en-dured the



cross for us; al - low us to partake of your divine Pas - cha blame - less - ly



and to pass our lives in peace, prop-erly praising you together with the Fa - ther



and the Spir - it.

Tone 5



Praise the Lord, all you na - tions, ac-claim him all you peo - ples!

All:



Those who do good deeds in se - cret not boast-ing a-bout them in pub - lic



but bear - ing them in their hearts, will re - ceive a spirit-ual re - ward.



God who sees all se - crets will re - ward them for their self - con - trol.



Let us com - plete the fast with - out put - ting on a gloom - y face.



Let us pray in the in-ner room of our soul, cry - ing out in - ces - sant - ly:



Our Fa - ther who art in heav - en, lead us not into temp - ta - tion, we pray;



but de - liv - er us from e - - - vil.

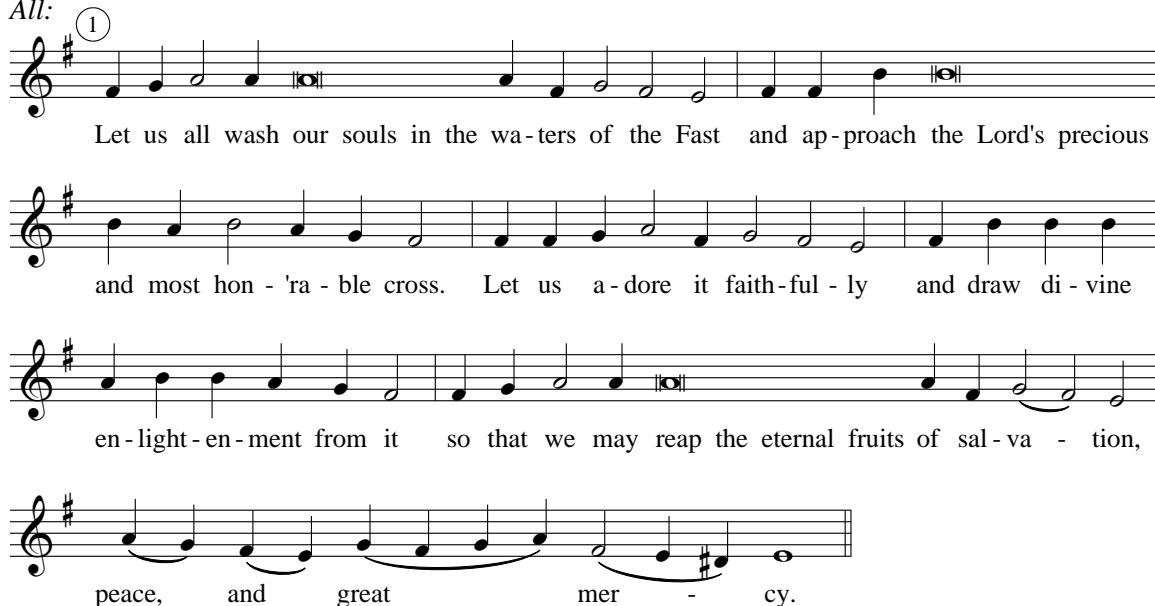
Tone 1



Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All:

①

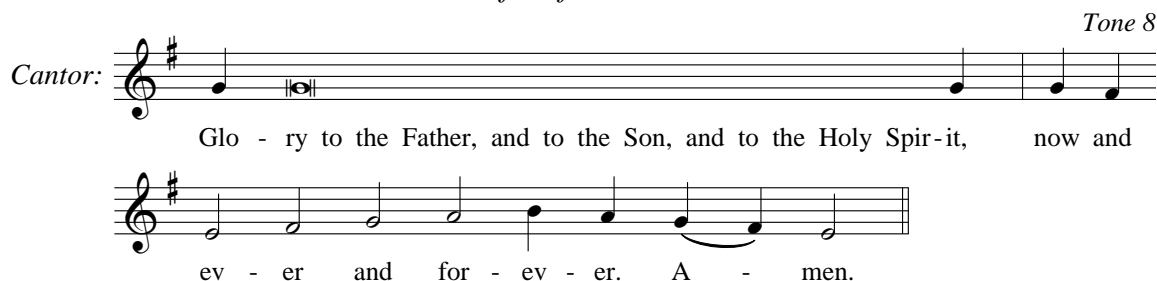


Let us all wash our souls in the wa-ters of the Fast and ap-proach the Lord's precious
and most hon - 'ra - ble cross. Let us a-dore it faith-ful - ly and draw di - vine
en-light-en-ment from it so that we may reap the eternal fruits of sal - va - tion,
peace, and great mer - cy.

The faithful STAND.

Cantor:

Tone 8



Glo - ry to the Father, and to the Son, and to the Holy Spir-it, now and
ev - er and for - ev - er. A - men.

Theotokion - All:



To - day, he who is by nature in - ac - cess - i - ble be-comes ac - cess - i - ble
to me and suf-fers the passion to free me from pas - sions. The En-light-en - er

of the blind is spit up-on by law - less lips. He gives his back to be scourged

for the sake of cap - tives. The pure Vir - gin Mother saw him on the cross

and said: A-las, my child, why have you done this? You who were fair-er

than all the chil - dren of men Now ap - pear life-less and de - formed,

with-out form or beau ty. A-las, my light, I cannot stand to see you a-sleep.

I am deep - ly wound - ed, and a cru - el sword pier - ces my heart.

I praise your passion and adore your com - pas - sion, O long-suf - fer - ing Lord,

glo - ry to you!

The service continues on page 88 ➤

Stichera for Friday in the Fourth Week

Turn to the tone of the week.

Friday evening stichera in Tone 1	p. 145
Friday evening stichera in Tone 2	p. 150
Friday evening stichera in Tone 3	p. 154
Friday evening stichera in Tone 4	p. 159
Friday evening stichera in Tone 5	p. 164
Friday evening stichera in Tone 6	p. 169
Friday evening stichera in Tone 7	p. 174
Friday evening stichera in Tone 8	p. 179


Stichera for Wednesday in the Fifth Week (Vigil of the Great Canon)

Tone 8

Cantor: 

Let the watchman count on day-break and Is - ra - el on the Lord.

All: 4



I fell in with thiev-ing e - vil thoughts; they stripped my wretched mind and beat me

ter - ri - bly. My soul is to - tal - ly wound - ed, and I lay stripped of virtue

on the road of life. A priest saw me suffering from in - cur - a - ble wounds

but passed by with-out a se- cond glance. Next, a Le- vite came and saw, but

he a - void - ed me, re - pulsed by the painful pol - lu - tion of my soul.

But you who chose to take flesh, O Christ our God, not from Sa-ma-ri-a,

but from Ma - - - ry, grant me heal-ing in your love, pour-ing out

on me your great mer - cy.



Be - cause with the Lord there is mercy and fullness of redemp-tion,



Is - rael indeed he will re-deem from all its in - i - qui - ty.

All:

③



Like the fool-ish serv - ant I have hidden the talent en-trust - ed to me



and bur - ied it in the ground I have been con-demned as use - less,



I no long-er dare to en-treat you. But in your forbearance, take pit-y on



me so that e - ven I may cry out to you: Be - fore I am com-plete - ly lost,



save me, O Lord.



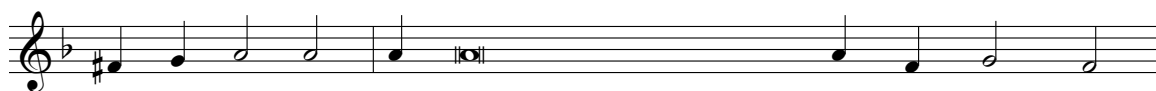
Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

All:


②



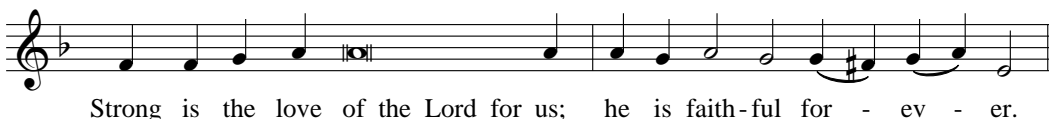
The harlot bathed your pure and pre-cious feet with her tears and called upon all



to ap-proach you to be absolved from the charges made a - gainst them.



O Sav - ior, grant me her faith that e - ven I may say: Be - fore I am
com - plete - ly lost, save me, O Lord.

Cantor: 

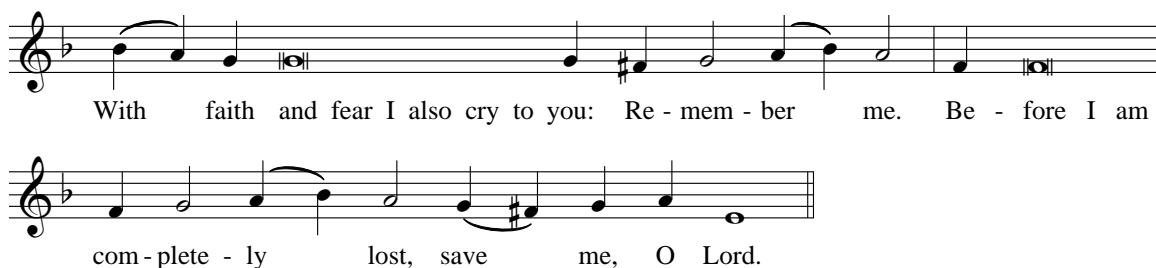
Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All: ① 

Out of envy the Prince of E - vil drove the first - crea - ted man from Par - a - dise;

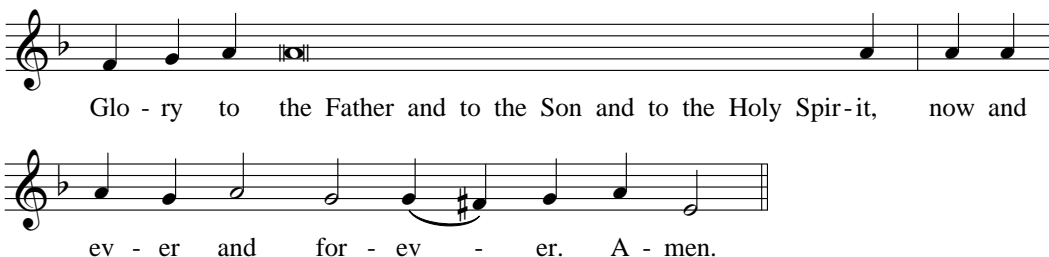


but by say - ing: Re - mem - ber me, the thief on the cross re - gained Par - a - dise.



With faith and fear I also cry to you: Re - mem - ber me. Be - fore I am
com - plete - ly lost, save me, O Lord.

The faithful STAND.

Cantor: 

Glo - ry to the Father and to the Son and to the Holy Spir - it, now and
ev - er and for - ev - er. A - men.

Theotokion - All:

O humility be - yond words, O wondrous and un - ique birth,
for a Virgin holds the Creator and God as a child in her arms. O Be - nefactor,
of your own will you took flesh from her. Be - fore I am com - plete - ly lost,
save me, O Lord.

The musical score is written on four staves in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below the notes. The first staff contains the first line of the hymn, the second and third staves contain the second line, and the fourth staff contains the third line. The melody is written in a single voice part.

The service continues on page 88.



Stichera for Thursday in the Fifth Week (Evening after the Great Canon)

Tone 8



Be - cause with the Lord there is mercy and fullness of redemp-tion,



Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: (3)



I have been stripped of the splen-dor of vir - tues by my own will through



my first trans-gres - sion; but by your condescension, O Word of God,



I am now clothed in that splen - dor a - gain. For you did not despise me,



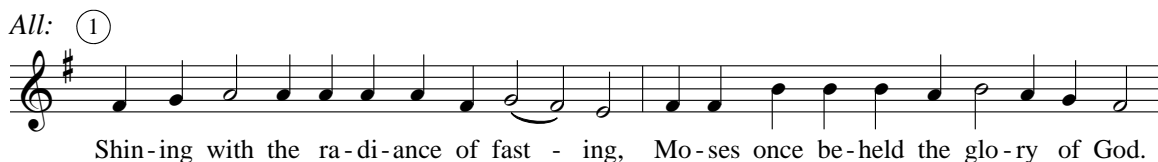
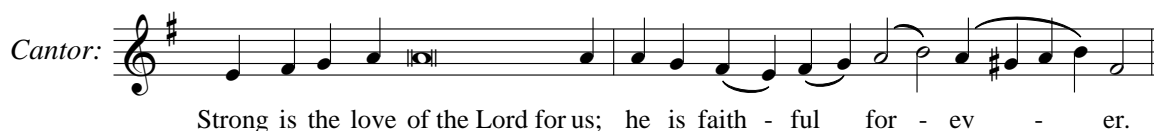
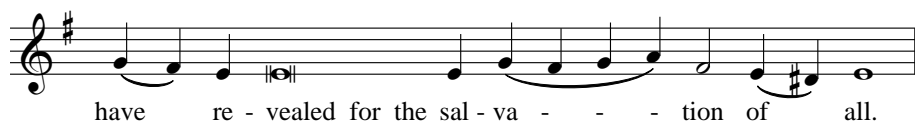
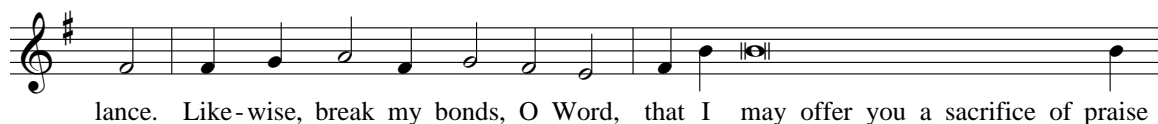
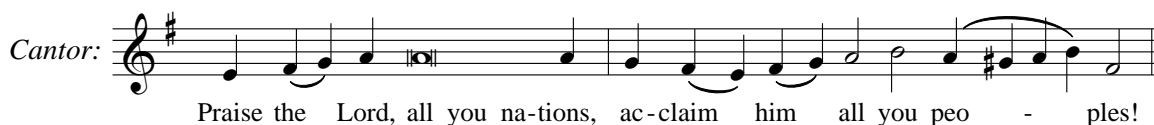
blemished by ter-ri-ble pas - sions and way-laid by thieves; but you kept me

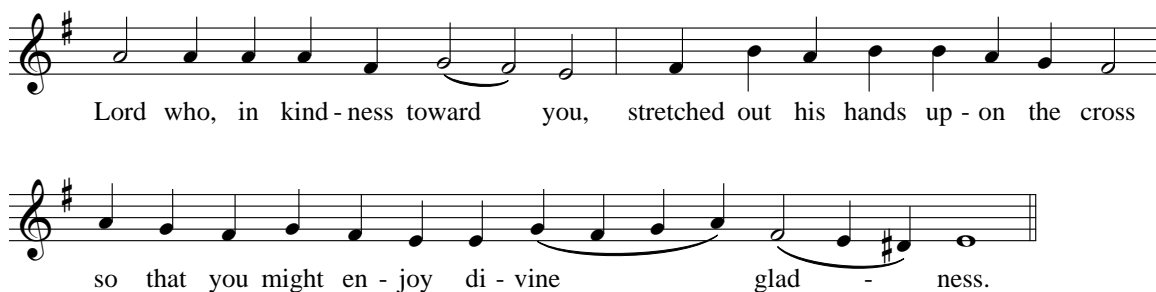


safe by your might - y strength. You have deemed me worth-y of your



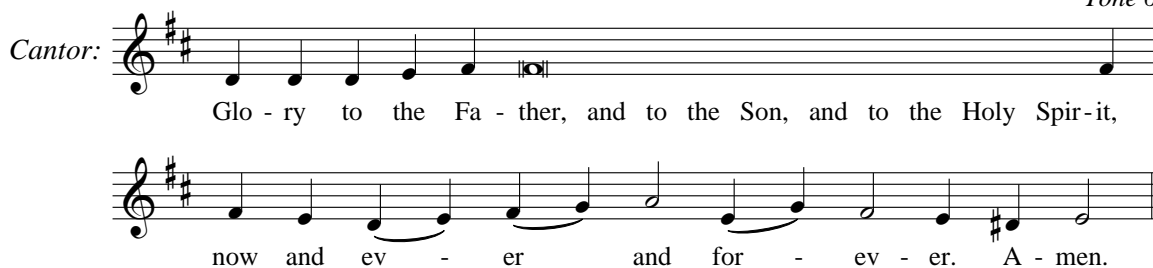
aid, most mer - ci - ful Lord.



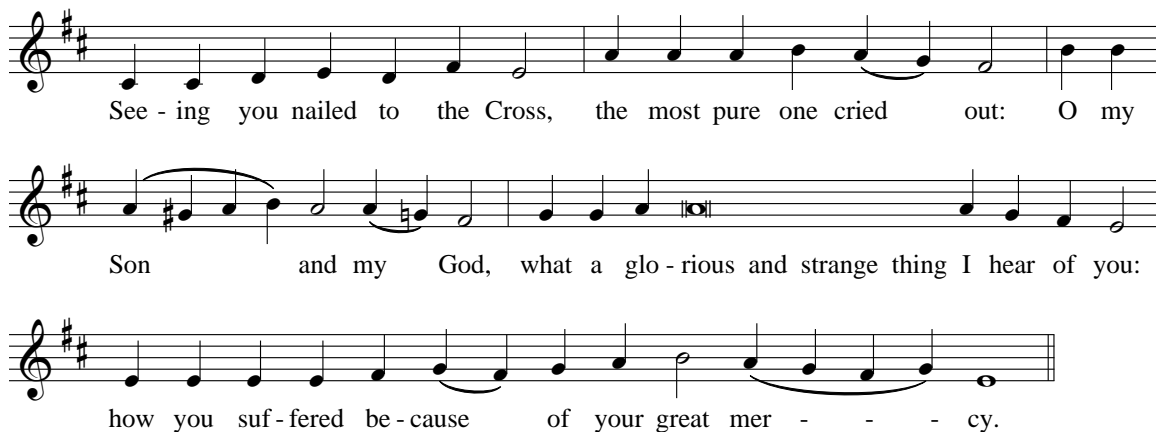


The faithful STAND.

Tone 6



Stavrotheotokion - All:



The service continues on page 88.




Stichera for Friday in the Fifth Week (Vigil of Akathistos Saturday)


Tone 6

Cantor: 

Let the watch-man count on day - break and Is - ra - el on the Lord.

All: 


I left the Jerusalem of your di - vine com - mands and went down toward the



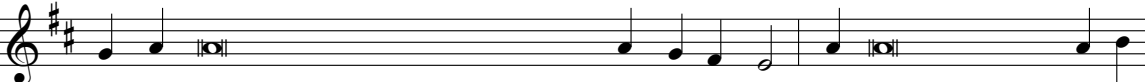
pas-sions of Je - ri - cho, dragged down by the false glo - ry of earth-ly cares.



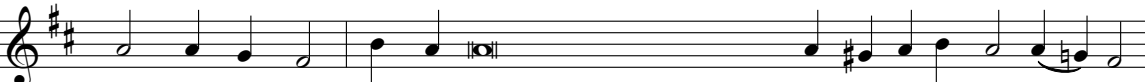
I fell in with thieving thoughts of e - vil, who stripped off the robe of my



a - dop - tion by grace, leav - ing me wound-ed, with-out the breath of life.



A priest came by and ignored me, looking down at my fall; then a Levite avoided me as



some-thing un-clean. But you, O Lord, incarnate from the Vir - gin in-ex-pres-si - bly,



have poured out your sal - va - tion like oil on my scars, O Christ our God,

in the blood and water will - ing - ly shed from your side. Bind up my wounds with

lin - en and merciful - ly in - clude me in the choir of heav - - - en.

Cantor: Be - cause with the Lord there is mercy and fullness of redemp - tion,

Is - rael indeed he will re - deem from all its in - i - qui - ty.

All:

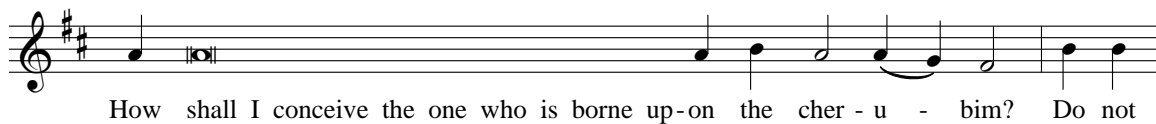
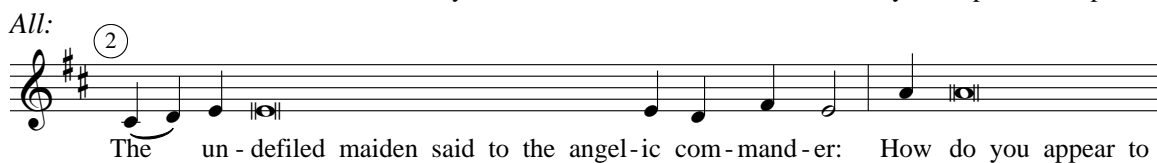
③ Ga - bri - el stood be - fore you, O maid - en, and revealed to you the pre - e - ter - nal

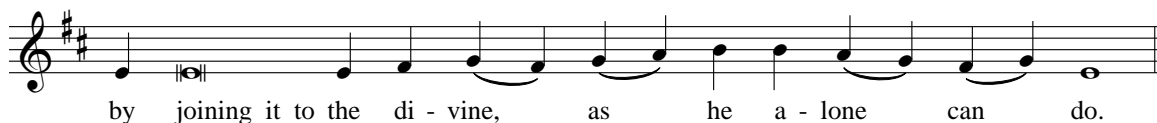
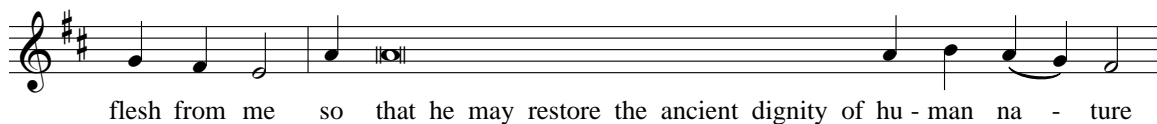
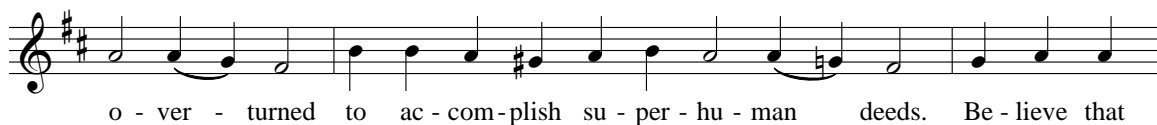
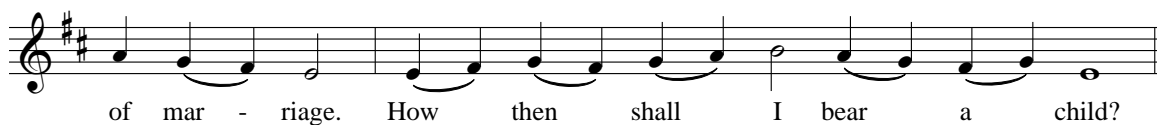
plan when he greet - ed you and said: Re - joice, O Un - sown Ground;

re - joice, O Bush Un - burned; re - joice O Un - fath - om - a - ble Depth; re - joice,

O Bridge which leads to Heav - en, and Ladder which Ja - cob saw raised on high;

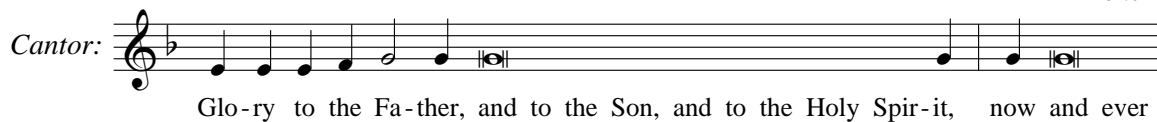
re - joice, O Di - vine Jar of Man - na; re - joice, O Re - lease from the Curse;





The faithful STAND.

Tone 2

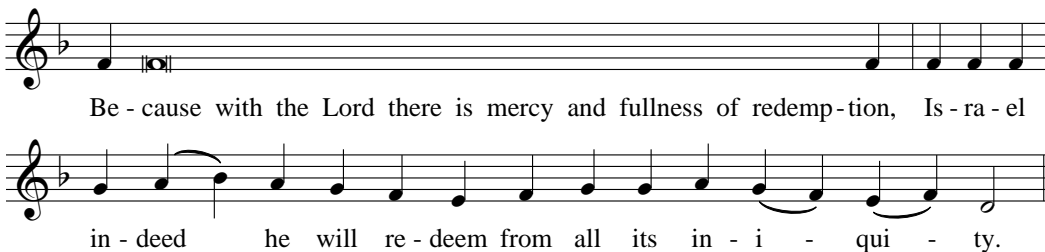




Stichera for Wednesday in the Sixth Week

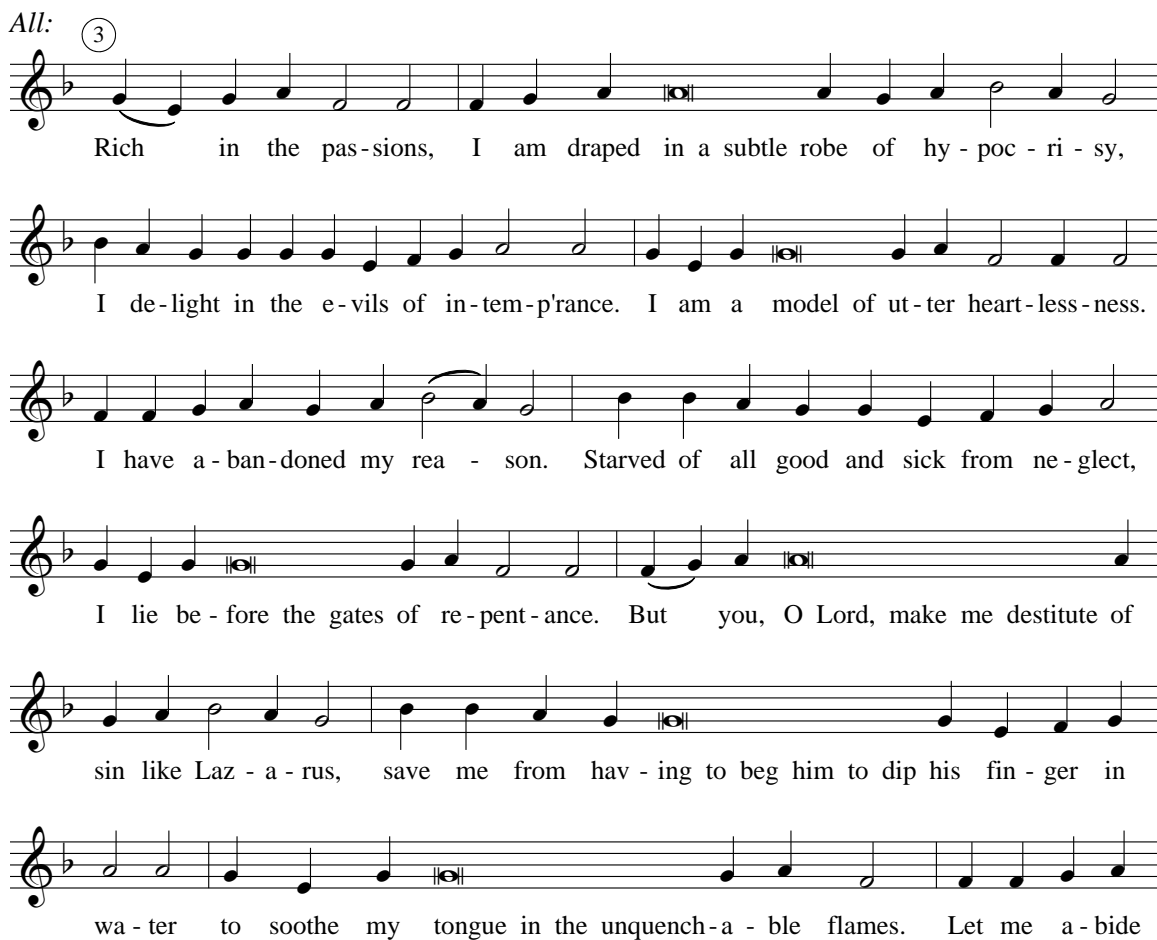
Tone 5

Cantor:



Be - cause with the Lord there is mercy and fullness of redemp-tion, Is - ra - el
in - deed he will re - deem from all its in - i - qui - ty.

All: (3)



Rich in the pas-sions, I am draped in a subtle robe of hy - poc - ri - sy,
I de-light in the e-vils of in-tem-p'rance. I am a model of ut-ter heart-less-ness.
I have a-ban-doned my rea - son. Starved of all good and sick from ne-glect,
I lie be - fore the gates of re-pent-ance. But you, O Lord, make me destitute of
sin like Laz - a - rus, save me from hav - ing to beg him to dip his fin - ger in
wa - ter to soothe my tongue in the unquench-a - ble flames. Let me a - bide

in - stead in the bosom of the Pa - tri - arch A - bra - ham, for you love

us all.

Cantor:

Praise the Lord, all you na - tions, ac-claim him all you peo - ples!

All: ②

As you walked in the flesh, O Je - sus, in the land be-yond the Jor - dan,

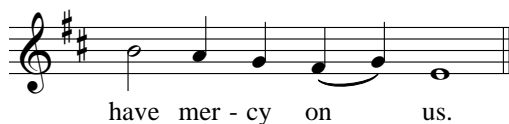
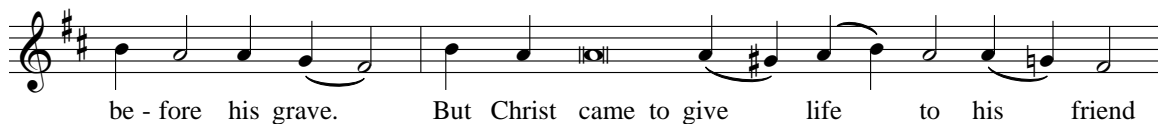
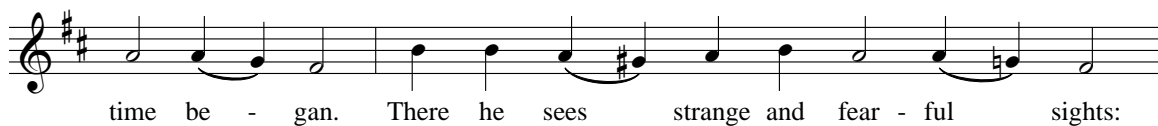
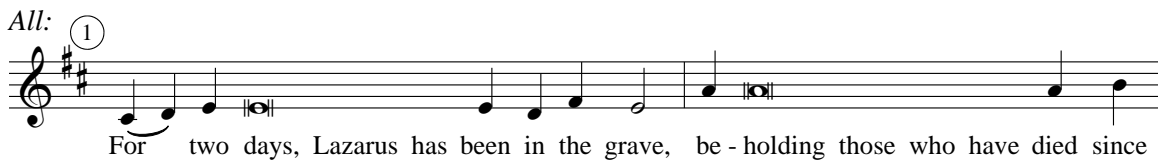
you cried out to those who were with you: Our friend Laz - arus is already

dead and buried in the grave. My friends, I re-joice, for you will learn

that I whom you see be - got - ten as man re - main in - divisibly God and

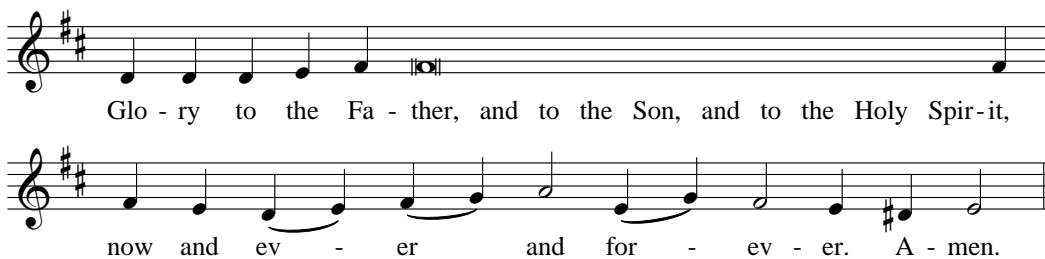
know all things. Come, let us go and give him life. Let death taste

its to - tal de-feat and the de - struction which I will ac - com - plish by grant-ing



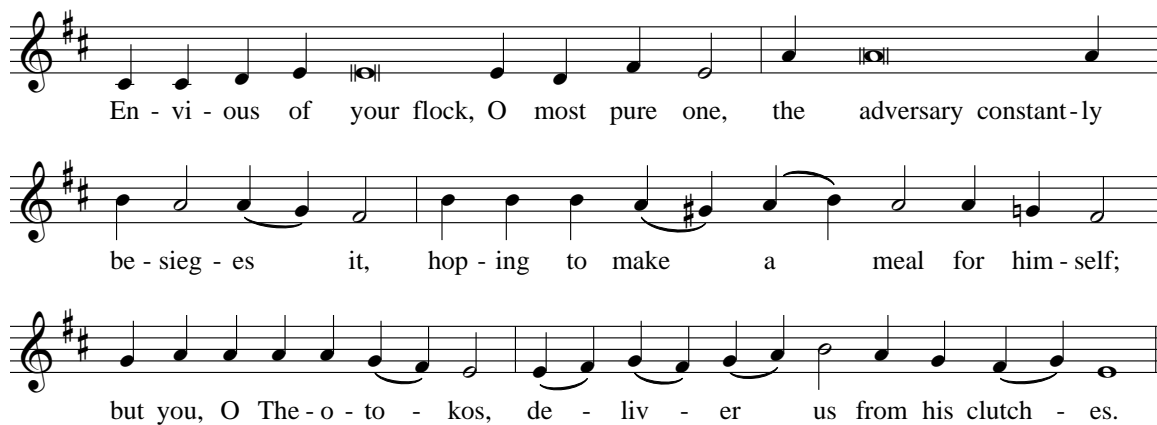
The faithful STAND.

Cantor:



Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it,
now and ev - er and for - ev - er. A - men.

Theotokion - All:



En - vi - ous of your flock, O most pure one, the adversary constant-ly
be - sieg - es it, hop - ing to make a meal for him - self;
but you, O The - o - to - kos, de - liv - er us from his clutch - es.

The service continues on page 88.



Stichera for Friday in the Sixth Week (Vigil of Lazarus Saturday)

Tone 8



Let the watchman count on day-break and Is - ra - el on the Lord.

All:



Hav - ing com - plet - ed the forty days to the prof - it of our souls, we be-seech



you that we may al - so see the ho - ly week of your passion, O Lover of



all of us dur - ing which we glori-fy your great deeds and with



har - monious song, praise your inef-fa - ble plan for us. O Lord,



glo - ry to you.

Tone 6



Be - cause with the Lord there is mercy and fullness of redemp-tion,



Is - rael indeed he will re - deem from all its in - i - qui - ty.

All:

③

O Lord, you desired to see the grave of Laz - a - rus, for you were about to
occupy a grave by your own choice. Where have you placed him, you asked,
as if to learn what you al-read-y knew. You cried out to your friend: Laz - a - rus
come forth; and he who had breathed his last o-beyed you who gave him breath,
the Sav - - - ior of our souls.

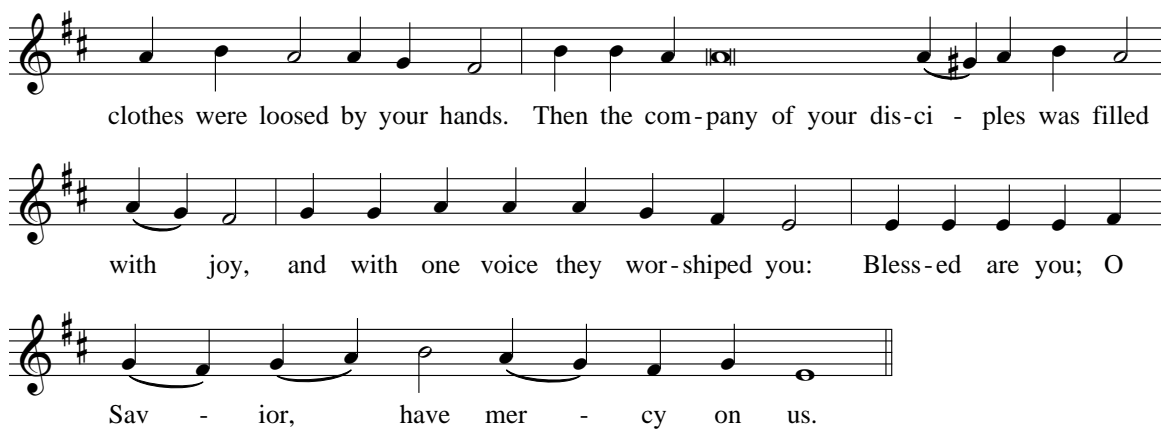
Cantor:

Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

All:

②

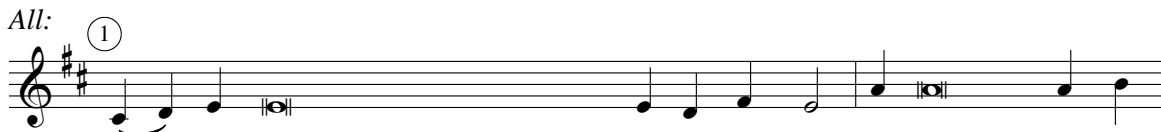
O Lord, on the fourth day you came to the tomb of Laz - a - rus, and shed tears
up - on the grave of your friend. You raised him up although he was four days
dead, O Wheat of Life. Death was bound by your voice, and the grave



clothes were loosed by your hands. Then the com-pany of your dis-ci - ples was filled
 with joy, and with one voice they wor-shipped you: Bless-ed are you; O
 Sav - ior, have mer - cy on us.

Cantor: 

Strong is the love of the Lord for us; he is faith-ful for-ev - er.

All: 

O Lord, you desired to strengthen your dis-ci - ples' faith in your resur-rec - tion
 from the dead, and so you arrived at the tomb of Laz - a - rus
 and called him forth. Ha - des was de-spoiled and set him free. Laz - arus, four
 days dead, cried out to you: O Bless - ed Lord, glo - ry to you.

The faithful STAND.



Glo - ry to the Father and to the Son, and to the Ho - ly Spir - it.

All:



O Sav - ior, stand - ing at the tomb, you called to the dead Laz - a - rus;



you raised him up as if from sleep. He shook off corruption in the spirit of



in - cor - rup - tion and, at your word, came forth still bound in his shroud.



You can do everything, and all o - bey you; ev - 'ry - thing is subject to you, O



Lov - er of us all. O our Sav - - ior, glo - ry to you.



Now and ev - er and for - ev - er. A - men.

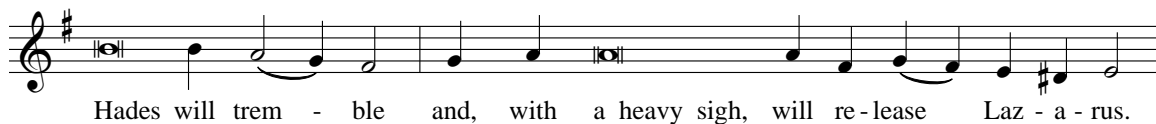
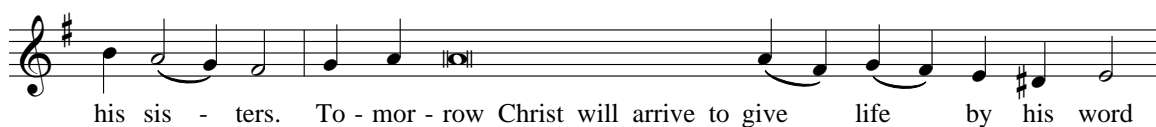
All:



Hav - ing com - plet - ed the forty days to the prof - it of our souls, let us ex - claim:



Rejoice, town of Bethany, home of Laz - a - rus. Re - joice, Martha and Mary,

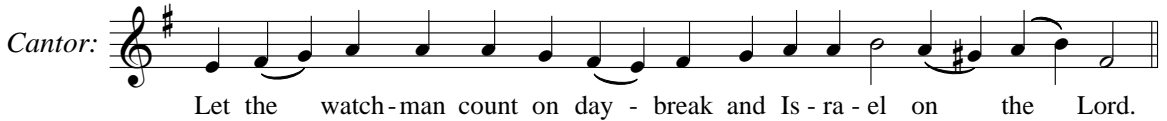


The service continues on page 88.



Stichera for Great and Holy Monday

Tone 1



All:

(4)



As the Lord ap - proached his volun - tar - y pas - sion, he said to his a - pos - tles



on the way: Be - hold, we are going up to Je - ru - sa - lem, and the



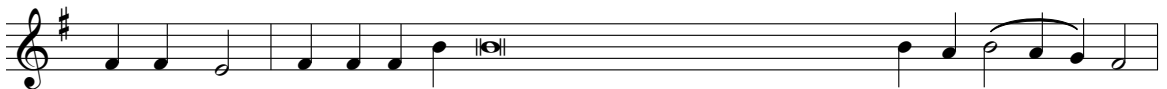
Son of Man will be be - trayed as it is writ - ten con - cern - ing him. Come, then,



let us al - so go up with him, hav - ing pur - i - fied our minds. Let us



die with him to the pleas - ures of life so that we may live with him and hear



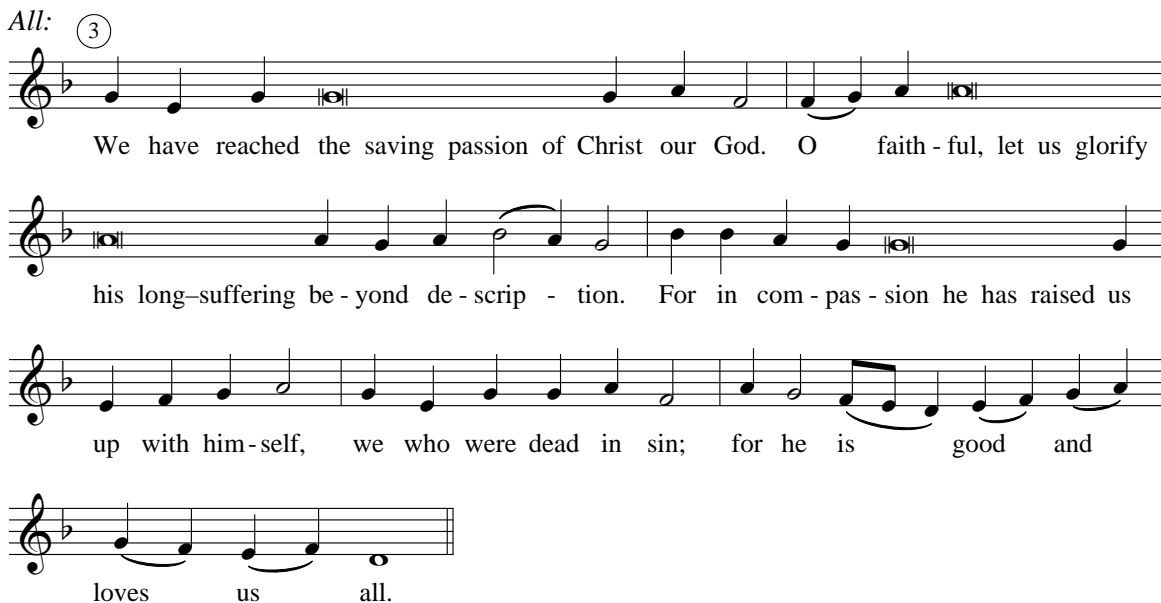
him ex - claim: Nev - er a - gain will I go up to the earthly Jerusa - lem to suf - fer,



but I as - cend to my Fa - ther and your Fa - ther, to my God and



Tone 5



All:

②



first a - mong you must serve the rest, the ru - ler must be like a nov - ice, the
fore - most like the least. For I myself have come to serve im - pov - 'rished
Ad - am and to give my life as a ran - som for man - y who cry out to
me: Glo - ry to you.

The faithful STAND.

Tone 8

Cantor:

Glo - ry to the Father, and to the Son, and to the Holy Spir - it,
now and ev - er and for - ev - er. A - men.

Doxastikon - All:

The ser - pent found a second Eve in the E - gyp - tian wo - man who tried
to make Joseph fall with flat - ter - ing words. But he fled from sin and left his robe
be - hind. Like the first created man be - fore his dis - o - be - di - ence,

he found no shame in na - ked - ness. Through his prayers, O Christ, have


mer - cy on us.

The service continues on page 88.

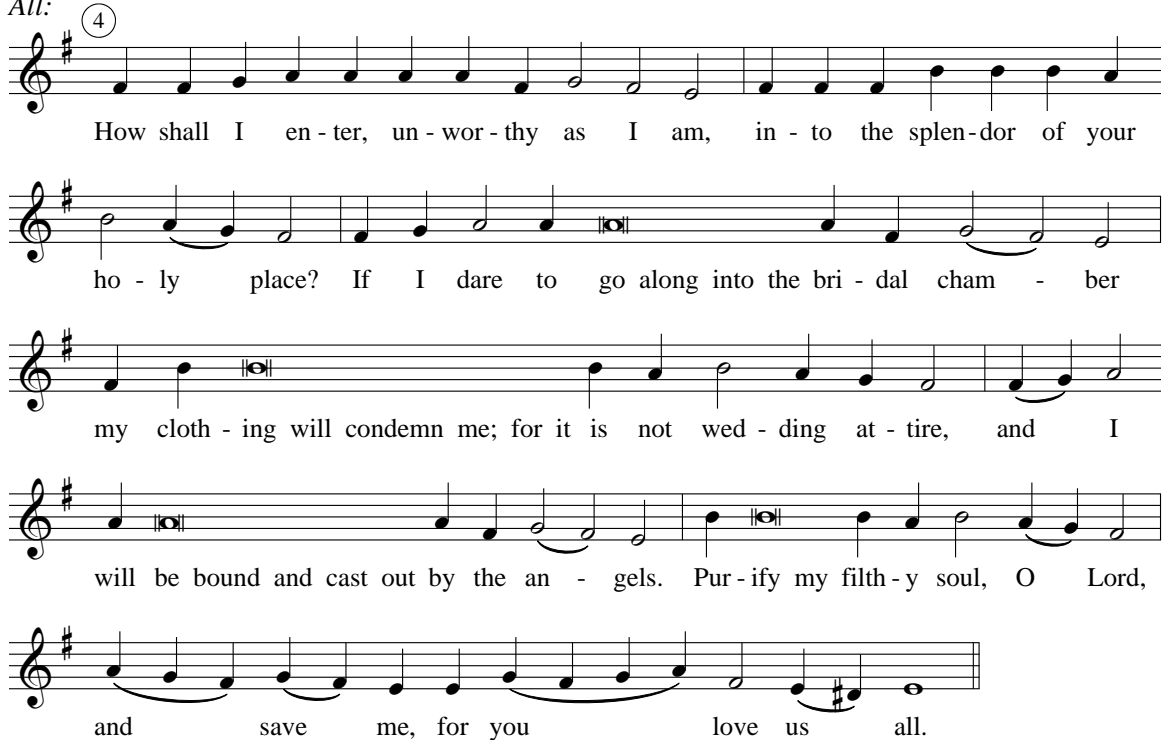


Stichera for Great and Holy Tuesday

Tone 1

Cantor: 
Let the watch-man count on day - break and Is - ra - el on the Lord.

All:


How shall I en - ter, un - wor - thy as I am, in - to the splen - dor of your
ho - ly place? If I dare to go along into the bri - dal cham - ber
my cloth - ing will condemn me; for it is not wed - ding at - tire, and I
will be bound and cast out by the an - gels. Pur - ify my filth - y soul, O Lord,
and save me, for you love us all.

Tone 2

Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp - tion,

Is - ra - el in - deed he will re - deem from all its in - i - qui - ty.

All:

③

My sloth - ful soul has been a - sleep, O Bride - groom Christ, and I
have not acquired a torch a-flame with vir - tues. Like the fool - ish virgins I
wandered when it was time to act. Do not close your compassionate heart to me,
O Mas - ter. Shake off my tor - pid slum-ber and raise me up.
To - geth - er with the wise vir-gins, lead me in - to your bri - dal cham - ber
where the sound of chaste feast - ing nev - er ceas - es and they cry out:
Glor - y to you, O Lord.

Tone 6

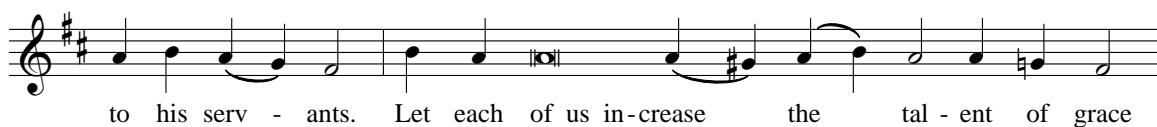
Cantor:

Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

All:

②

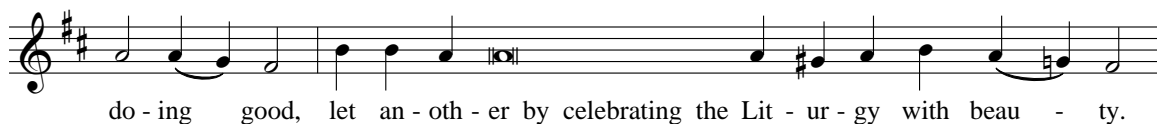
Come, you faith-ful, let us work eagerly for the Mas-ter, for he distributes his wealth



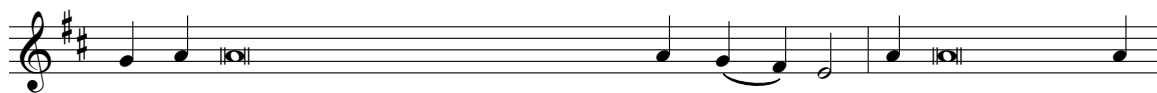
to his serv - ants. Let each of us in-crease the tal - ent of grace



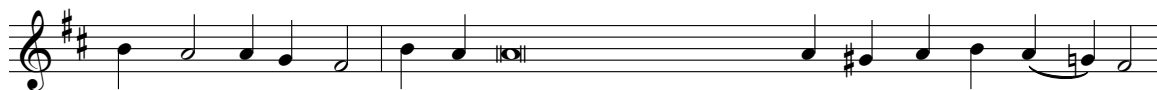
ac - cord - ing to the measure we have re - ceived. Let one gain wis-dom by



do - ing good, let an - oth - er by celebrating the Lit - ur - gy with beau - ty.



Let one share the word of faith with the un-in-struct - ed; let another distri-bute



his wealth to the poor. So shall we bear interest on the loan like faith-ful stew - ards



and show ourselves worthy of the Mas-ter's gra - cious joy. Make us wor-thy of



this joy, O Christ our God, for you love us all.



Strong is the love of the Lord for us; he is faith-ful for-ev - er.

All:



When you come with the angelic pow-ers in glo - ry, seat - ed, O Jesus, on your

judg-ment - throne, do not sep - arate me from those on your right, O Good

Shep - herd; for you know that those on the left have turned a - way from you.

Do not destroy me with the goats coars - ened by sin; but num - ber me among the

sheep at your right hand, and save me in your love for all of us.

The faithful STAND.

Tone 7

Cantor:

Glo - ry to the Father, and to the Son, and to the Holy Spir-it,

now and ever and for - ev - er. A - men.

Doxastikon - All:

O my soul, behold, the Master entrusts you with a tal - ent; re - ceive

the gift with fear, and make a prof-it for the Giv - er. Give to the hun-gry,

and acquire the Lord's friend - ship so that you may stand at his right when he

comes in glo-ry; and you may hear his bless-ed words: En-ter, my serv-ant,

in-to the joy of your Lord. Al-though I have strayed, make me worthy of this joy,


O Sav-ior, for the sake of your a-bun-dant

mer-cy.


The service continues on the page 88.



Stichera for Great and Holy Wednesday

Tone 1


Cantor: 
Let the watch-man count on day - break and Is - ra - el on the Lord.

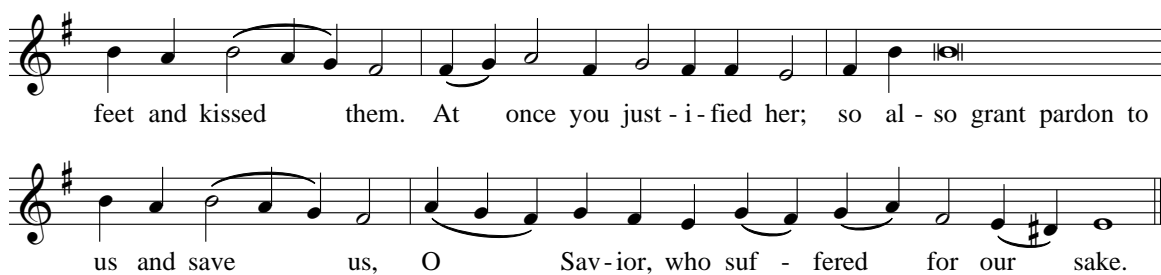
All:


The har-lot recognized you, the Vir-gin's Son, as God. She wept for her lamentable
deeds and begged you: Loose my debt as I un-loose my hair. Love me
as I love you, though I de-serve your ha - tred; and to-geth-er with publicans I
will ac-claim you, Ben - e - fac - tor and Lov - er of us all.


Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp-tion,

Is - ra - el indeed he will re - deem from all its in - i - qui - ty.

All:

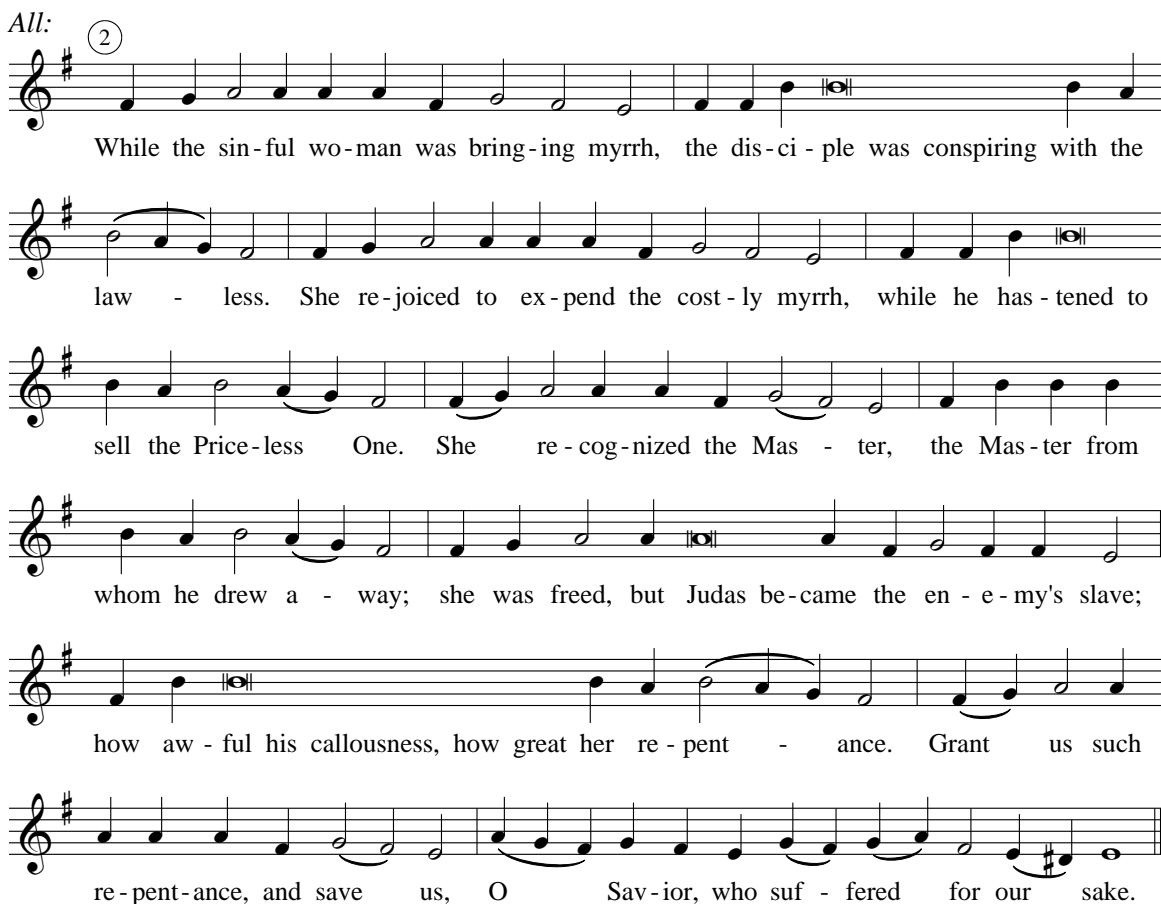

The har-lot mingled tears with the cost-ly myrrh, poured it on your immaculate




feet and kissed them. At once you just - i - fied her; so al - so grant pardon to
us and save us, O Sav - ior, who suf - fered for our sake.

Cantor: 

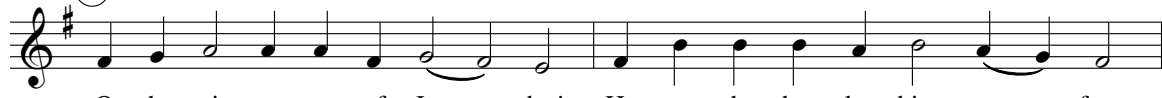
Praise the Lord, all you na - tions, ac - claim him all you peo - ples!

All: 


While the sin - ful wo - man was bring - ing myrrh, the dis - ci - ple was conspiring with the
law - less. She re - joiced to ex - pend the cost - ly myrrh, while he has - tened to
sell the Price - less One. She re - cog - nized the Mas - ter, the Mas - ter from
whom he drew a - way; she was freed, but Judas be - came the en - e - my's slave;
how aw - ful his callousness, how great her re - pent - ance. Grant us such
re - pent - ance, and save us, O Sav - ior, who suf - fered for our sake.

Cantor: 


Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All: ① 


O the mis - er - y of Ju - das! He saw the har - lot kiss your feet,




and he har-bored plans to be-tray you with a kiss. She un-bound her hair but he was



bound with an - ger, and bore, in - stead of myrrh, the stench of e - vil;




for en - vy does not choose its own ad - van - tage. O the mis - er - y of



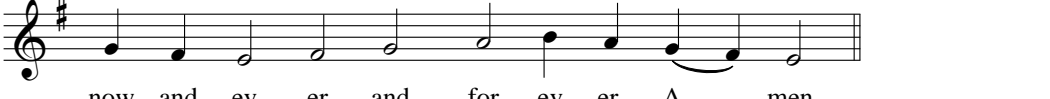
Ju - das! De - liv - er our souls, O God, from the same.

The faithful STAND.

Tone 8

Cantor: 

Glo - ry to the Father, and to the Son, and to the Holy Spir-it,



now and ev - er and for - ev - er. A - men.

Doxastikon - All:



The wo - man who had fall - en in - to man - y sins, sens-ing your di - vin - i - ty,

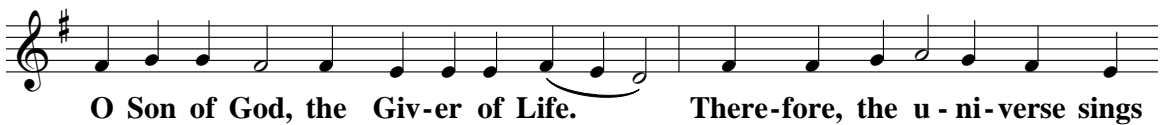
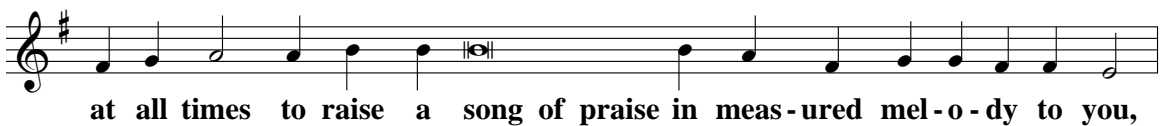
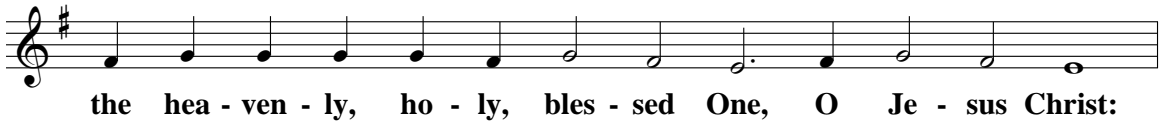
O Lord, as - sumed the myrrh-bear-ers' role and mourned, pre-par-ing
you with myrrh be-fore your bu - ri - al. She said: Woe is me; for gloom - y,
moon-less night in - cites my unbridled desires and lust for sin. You who
draw down sea - wa - ter from the clouds ac-cept the foun-tain of my tears.
In - cline to the groan-ing of my heart as you bowed the heavens when you
emp - tied your-self. I will kiss your im-mac - u - late feet and wipe them
with the hair of my head, those feet whose steps Eve heard at dusk in Par - a - dise
and hid her-self in fear. Who will search the multi-tude of my sins
or plumb the depths of your judg - ments? Do not despise me, your servant, O
Sav-ior of my soul, for your mer - cy knows no meas - - - ure.

The service continues on the next page.

The Hymn of the Evening

Deacon: Wisdom! Be attentive!

*The clergy and servers enter the sanctuary as “O Joyful Light” is sung.
The sanctuary and the faithful are incensed.*



Two readings, each preceded by a prokeimenon, are now chanted:

Monday in the First Week	page 90
Wednesday in the First Week	page 92
Friday in the First Week	page 94
Wednesday in the Second Week	page 96
Friday in the Second Week	page 98
Wednesday in the Third Week	page 100
Friday in the Third Week	page 102
Wednesday in the Fourth Week	page 104
Friday in the Fourth Week	page 106
Wednesday in the Fifth Week	page 108
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Friday in the Fifth Week	page 112
Wednesday in the Sixth Week	page 114
Friday in the Sixth Week	page 116
Great and Holy Monday	page 118
Great and Holy Tuesday	page 120
Great and Holy Wednesday	page 122

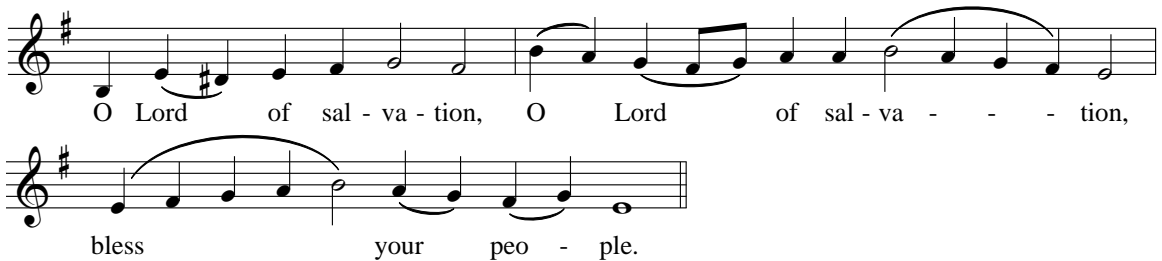
Readings for Monday in the First Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 6 (Psalm 3: 9, 2)



Verse: How many are my foes, O Lord.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Genesis 1:1-13]

Deacon: Wisdom! Be attentive!

The faithful STAND.

The Lord hears me when - ev - er I call him,

when - ev - - er I call him.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 1:1-20]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



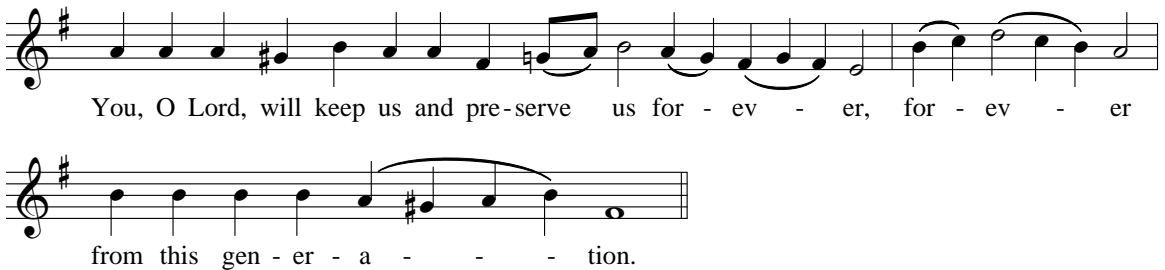
Readings for Wednesday in the First Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 5 (Psalm 11: 8, 2):



Verse: Save me, O Lord, for the righteous have vanished.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

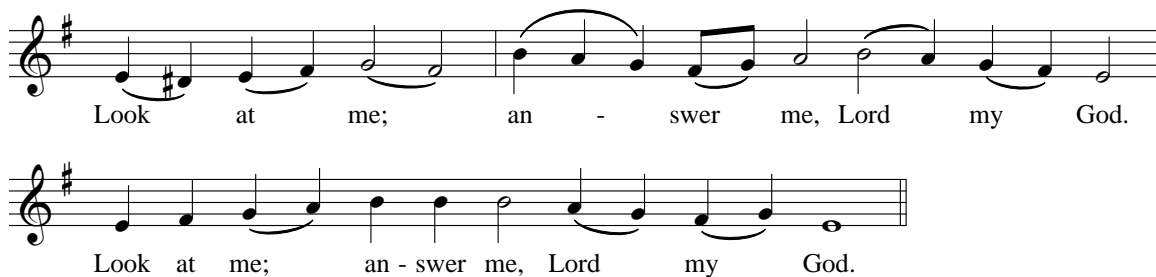
The faithful SIT while the lector chants the reading.

Lector: [Genesis 1:24 - 2:3]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 6 (Psalm 12: 4, 2)



Verse: How long, O Lord, will you forget me? How long will you hide your face?

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 2:1-22]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



Readings for Friday in the First Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 5 (Psalm 19: 2)



Verse: May the name of Jacob's God protect you.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

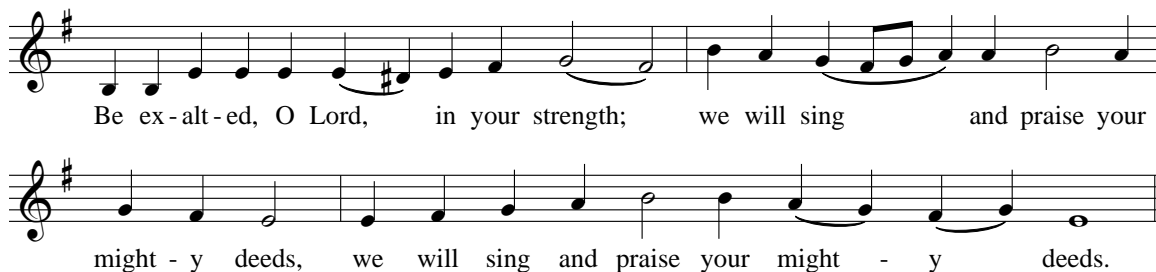
The faithful SIT while the lector chants the reading.

Lector: [Genesis 2:20 - 3:20]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 6 (Psalm 20: 14, 2)



Verse: Lord, your strength gladdens the King.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 3:19-34]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



Readings for Wednesday in the Second Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 6 (Psalm 31: 11, 1)



Verse: Blessed are they whose trespasses are forgiven.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

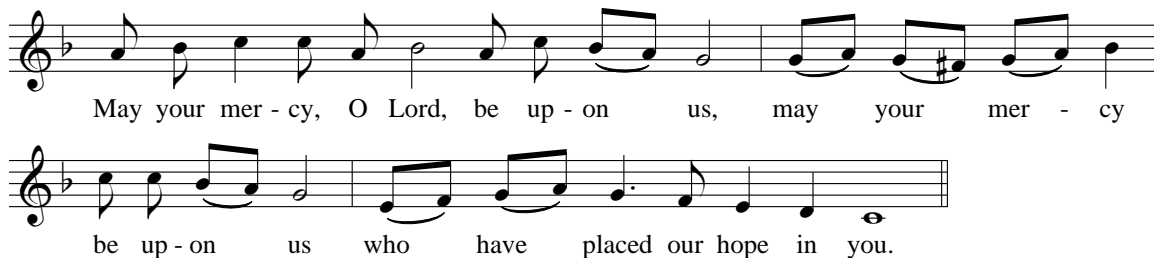
The faithful SIT while the lector chants the reading.

Lector: [Genesis 4:16-26]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 1 (Psalm 32: 22, 1)



Verse: Rejoice in the Lord, you righteous ones.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 5:15 - 6:3]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



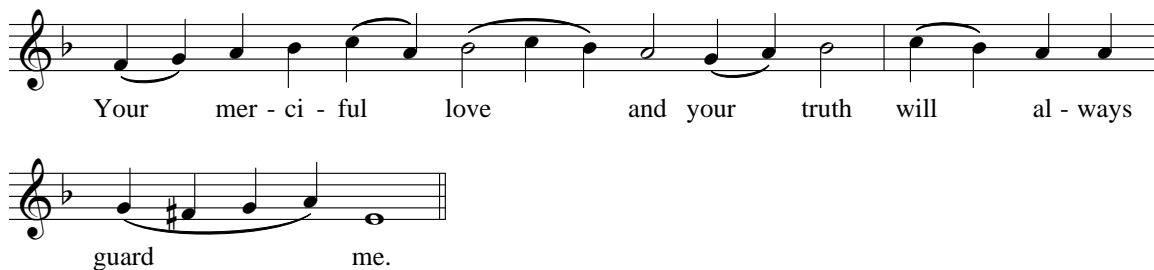
Readings for Friday in the Second Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 39: 12, 2)



Verse: I have waited, waited for the Lord, and he stooped toward me.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

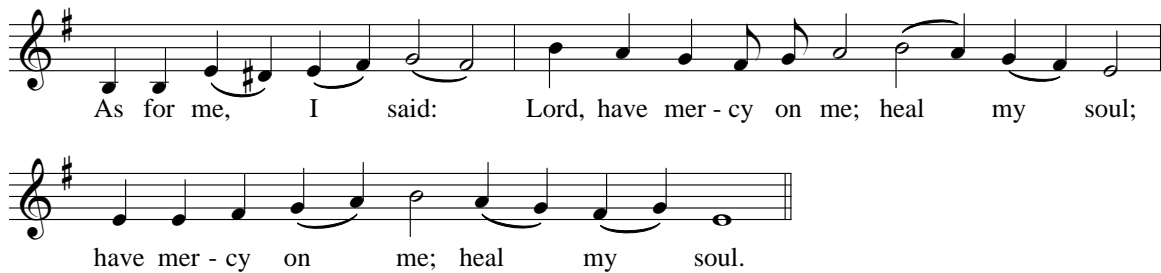
The faithful SIT while the lector chants the reading.

Lector: [Genesis 5:32 - 6:8]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 6 (Psalm 40: 5, 2)



Verse: Happy the man who considers the poor and the weak.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 6:20 - 7:1]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124.



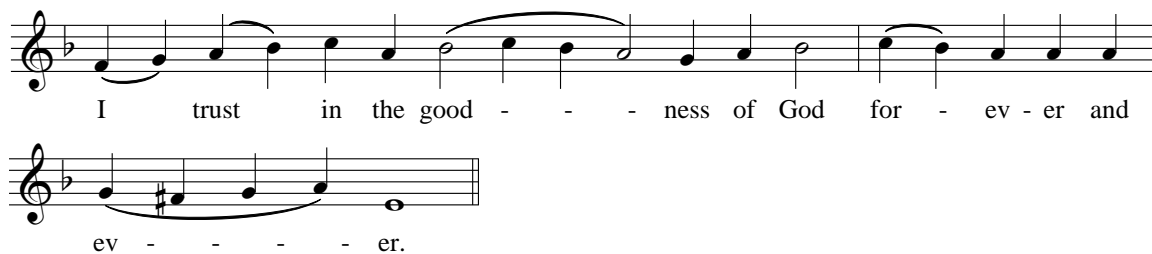
Readings for Wednesday in the Third Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 51:10, 3)



Verse: Why do you boast of your wickedness, you champion of evil?

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

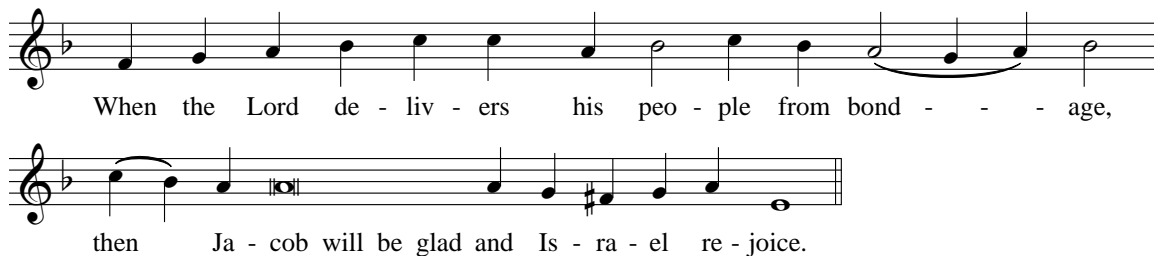
The faithful SIT while the lector chants the reading.

Lector: [Genesis 7:6-9]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 52: 7, 2)



Verse: The fool has said in his heart: There is no God.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 9: 12-18]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



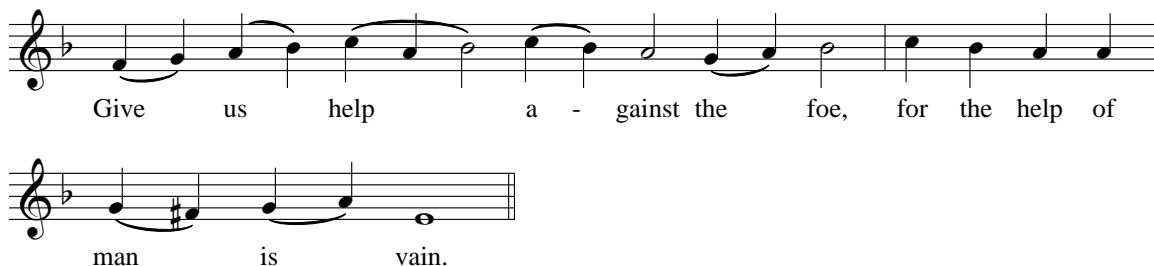
Readings for Friday in the Third Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 59: 13, 3)



Verse: O God, you have rejected us and broken us.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

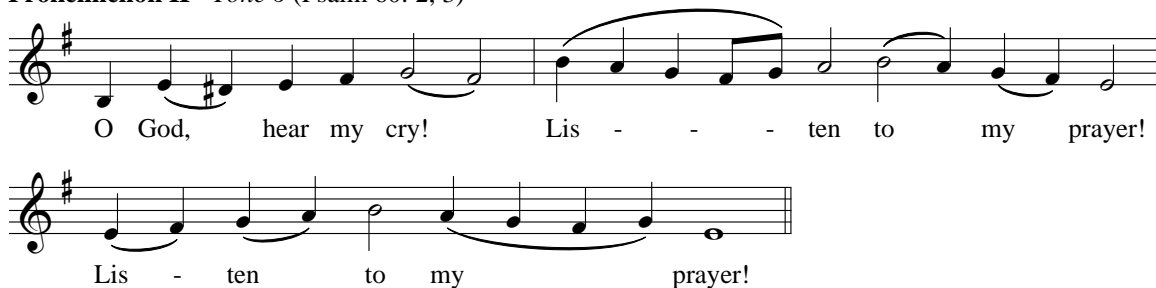
The faithful SIT while the lector chants the reading.

Lector: [Genesis 8: 4-21]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 6 (Psalm 60: 2, 3)



Verse: From the end of the earth I call to you.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 10:31 - 11:12]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



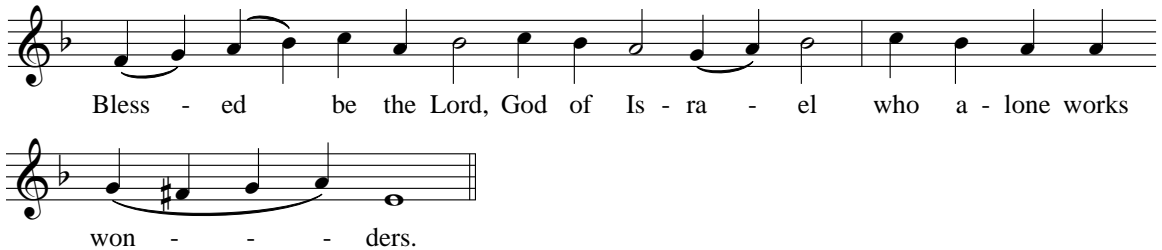
Readings for Wednesday in the Fourth Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 71: 18, 1)



Verse: O God, give your judgment to the king, to a king's son your justice.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Genesis 9:18 - 10:1]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 72: 28, 1)



Verse: How good God is to Israel, to those who are pure of heart.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 12:23 - 13:9]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



Readings for Friday in the Fourth Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 79: 2)



Verse: Shine forth from your cherubic throne.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Genesis 12:1-7]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 80: 2, 3)



Verse: Raise a song and sound the timbrel.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 14:15-26]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124.



Readings for Wednesday in the Fifth Week
(Vigil of the Great Canon)

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 93: 1, 2)



Verse: Judge of the earth, arise, give the proud what they deserve.

Deacon: Wisdom!

Lector: A Reading from Genesis

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Genesis 17:1-9]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 95: 1, 2)



Verse: Sing to the Lord; bless his name.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 15:20 - 16:9]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



Readings for Thursday in the Fifth Week
(Evening after the Great Canon)

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 7 (Psalm 98: 5, 1):

Ex - alt the Lord, the Lord our God and wor - ship at his foot - stool;
for he is ho - ly, for he is ho - ly.

Verse: The Lord is King; let the peoples rage.

Deacon: Wisdom!

Lector: A Reading from Genesis

Deacon: Let us be attentive!

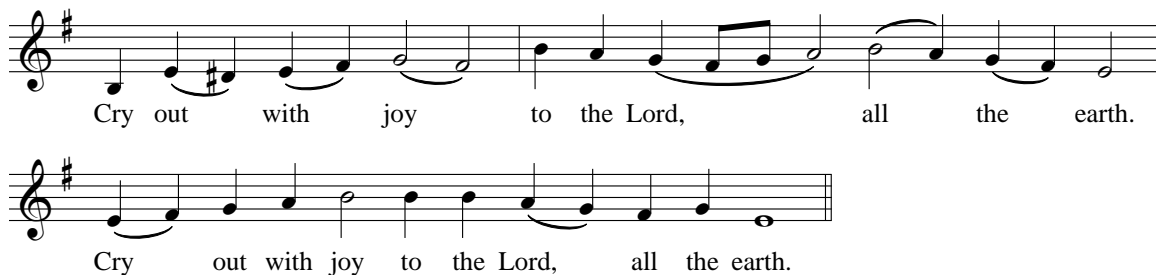
The faithful SIT while the lector chants the reading.

Lector: [Genesis 18:20-33]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 6 (Psalm 99: 1, 2)



Verse: Serve the Lord with gladness.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 16:17 - 17:17]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



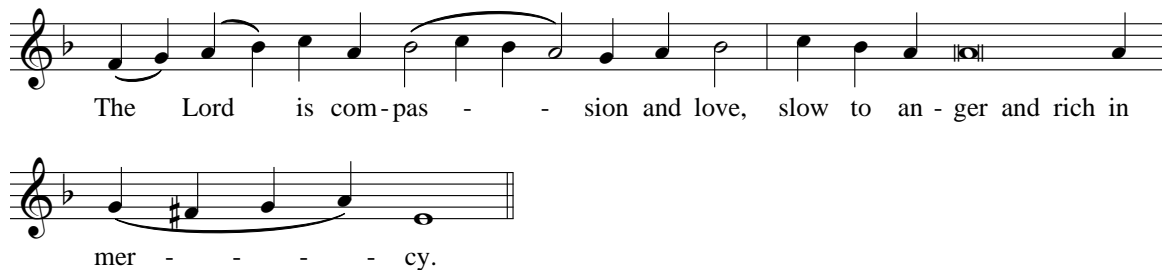
Readings for Friday in the Fifth Week
(Vigil of Akathistos Saturday)

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 102: 8, 1)



Verse: Bless the Lord, O my soul, and all my being, bless his holy name.

Deacon: Wisdom!

Lector: A Reading from Genesis

Deacon: Let us be attentive!

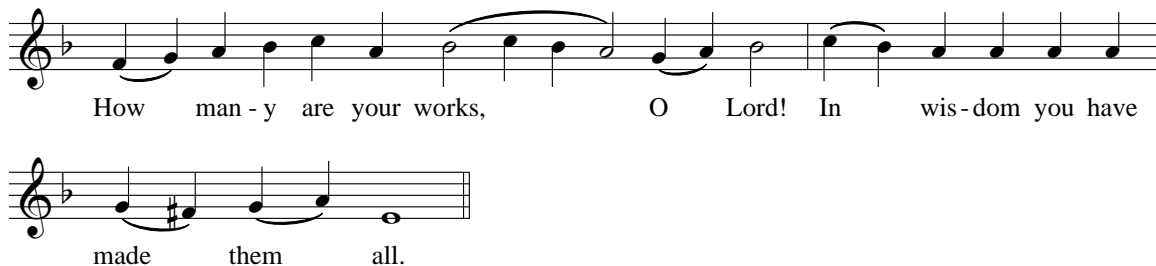
The faithful SIT while the lector chants the reading.

Lector: [Genesis 22: 1-18]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 103: 24, 1)



Verse: Bless the Lord, O my soul! Lord my God, how great you are.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 17:17 - 18:5]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124.



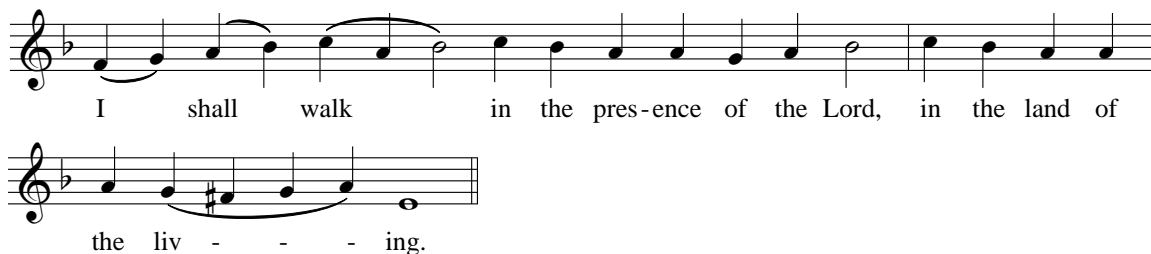
Readings for Wednesday in the Sixth Week

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 114: 9, 1)



Verse: I love the Lord because he will hear my voice in supplication.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

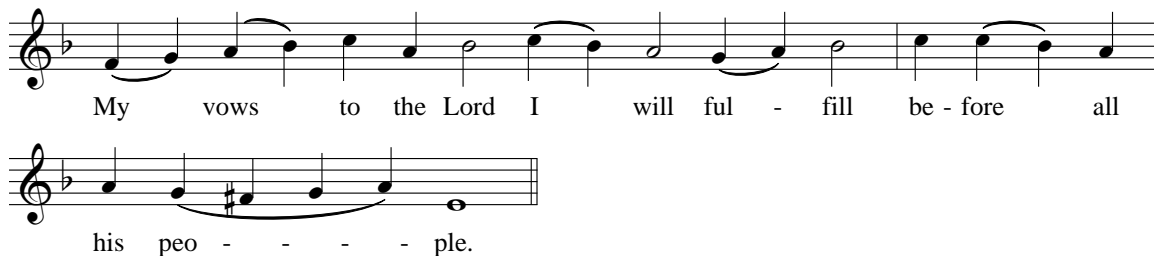
The faithful SIT while the lector chants the reading.

Lector: [Genesis 43:26-30; 45:1-16]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 115: 9, 1)



Verse: I trusted, even when I said: “I am sorely afflicted.”

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 21:23 - 22:4]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124.



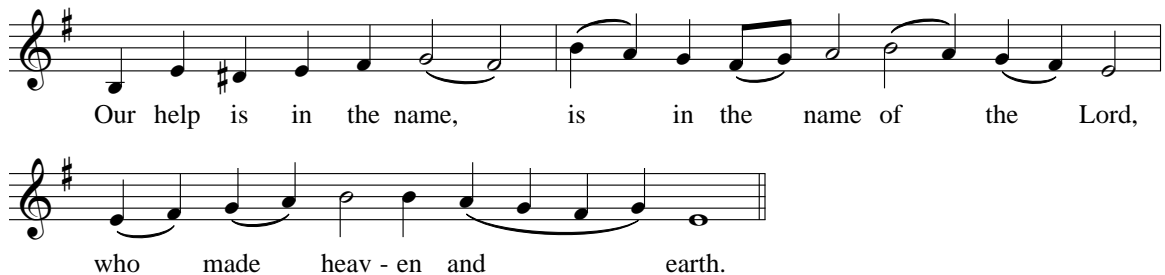
Readings for Friday in the Sixth Week
(Vigil of Lazarus Saturday)

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 6 (Psalm 123: 8, 1)



Verse: “If the Lord had not been on our side,” this is Israel's song.

Deacon: Wisdom!

Lector: A Reading from Genesis.

Deacon: Let us be attentive!

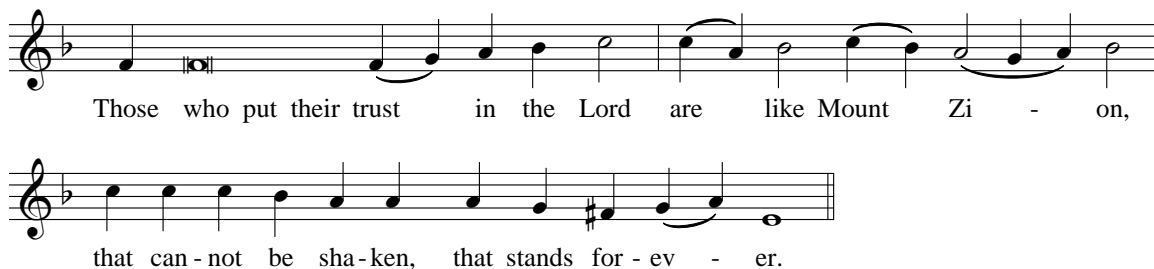
The faithful SIT while the lector chants the reading.

Lector: [Genesis 49:33 - 50:26]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 124: 1, 3)



Verse: For the Lord will not allow the scepter of the wicked to rest over the land of the just.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from Proverbs.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Proverbs 31:8-31]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124



Readings for Great and Holy Monday

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 6 (Psalm 127: 5, 1)



Verse: O blessed are those who fear the Lord and walk in his ways!

Deacon: Wisdom!

Lector: A Reading from Exodus.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Exodus 1:1-20]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 6 (Psalm 128: 8, 1)



Verse: They have pressed me hard from my youth.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from the Book of Job.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Job 1:1-12]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124.



Readings for Great and Holy Tuesday

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 6 (Psalm 131: 8, 1)

Go up, Lord, to your rest, you and your ho - ly ark,
you and your ho - ly ark.

Verse: Lord, remember David and all his humility.

Deacon: Wisdom!

Lector: A Reading from Exodus.

Deacon: Let us be attentive!

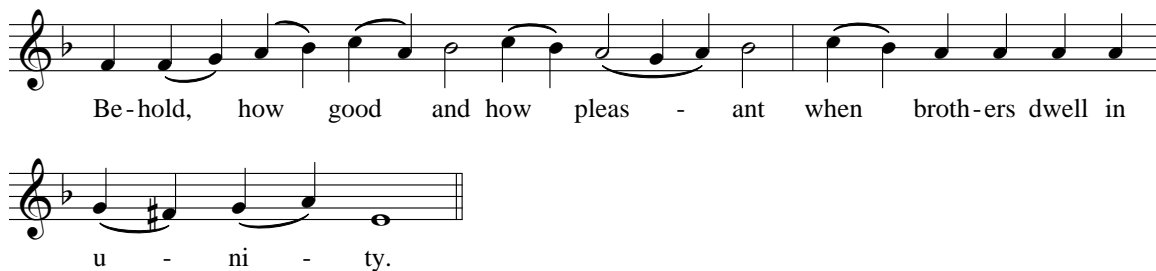
The faithful SIT while the lector chants the reading.

Lector: [Exodus 2:5-10]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 132: 1, 2)



Verse: It is like precious oil upon the head, running down upon Aaron's beard.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from the Book of Job.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Job 1:13-22]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124.



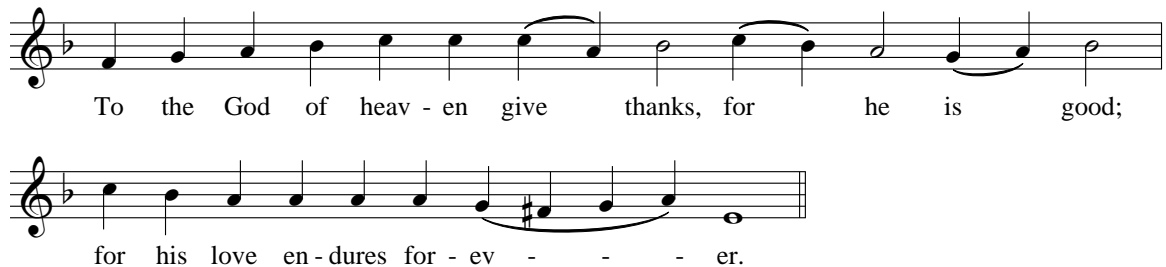
Readings for Great and Holy Wednesday

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

Prokeimenon I - Tone 4 (Psalm 135: 26, 2)



Verse: O give thanks to the God of gods, for his love endures forever.

Deacon: Wisdom!

Lector: A Reading from Exodus.

Deacon: Let us be attentive!

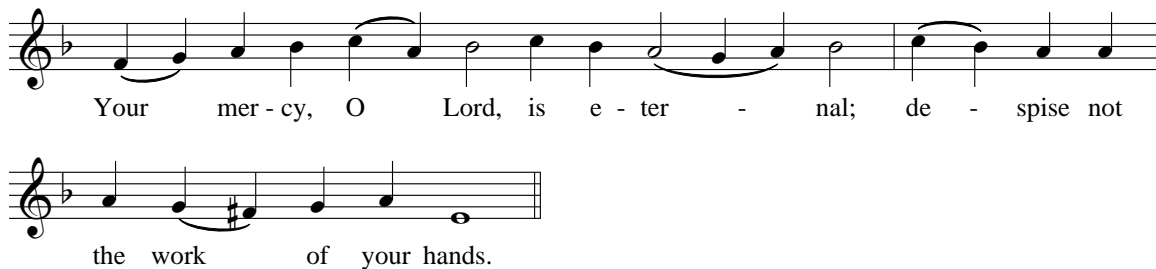
The faithful SIT while the lector chants the reading.

Lector: [Exodus 2: 11-22]

Deacon: Wisdom! Be attentive!

The faithful STAND.

Prokeimenon II - Tone 4 (Psalm 137: 8, 1)



Verse: I thank you, Lord, with all my heart; in the presence of the angels I shall bless you.

The faithful KNEEL while the celebrant blesses with the candle and censer. This is a sign that all have been blessed with the light of the knowledge of Christ.

Deacon: Give the command!

Celebrant: Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words.
All present make three prostrations in silence.*

Lector: A reading from the Book of Job.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the reading.

Lector: [Job 2: 1-10]

Celebrant: Peace be to you, reader.

The service continues with the solemn evening psalm on page 124




Solemn Evening Psalm

The opening verses of Psalm 140 are sung while the celebrant incenses the Holy Table from all four sides. The faithful KNEEL while the celebrant sings, and STAND to sing their response.


Deacon: Wisdom!

The faithful KNEEL.

Celebrant:




Let my prayer as - cend to you like in - cense,




and the lift - ing up of my hands like an eve - ning sac - ri - fice.

The faithful STAND.

Response:




Let my prayer as - cend to you like in - cense,




and the lift - ing up of my hands like an eve - ning sac - ri - fice.

The faithful KNEEL.

Celebrant:



O Lord, I have cried to you, hear me;



re - ceive the voice of my prayer when I call u - pon you.

The faithful STAND.

**Response: Let my prayer ascend to you like incense,
and the lifting up of my hands like an evening sacrifice.**

The faithful KNEEL.

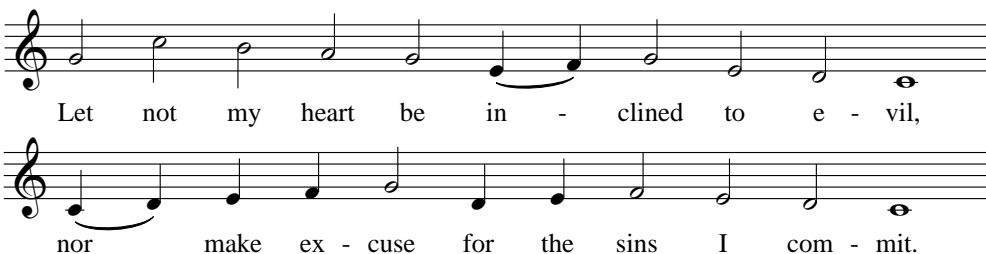
Celebrant: 

O Lord, set a guard be - fore my mouth,
and set a seal on the door of my lips.

The faithful STAND.

Response: Let my prayer ascend to you like incense,
and the lifting up of my hands like an evening sacrifice.

The faithful KNEEL.

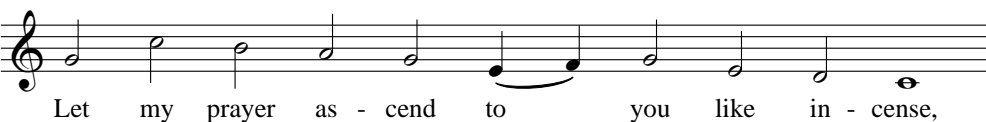
Celebrant: 

Let not my heart be in - clined to e - vil,
nor make ex - cuse for the sins I com - mit.

The faithful STAND.


Response: Let my prayer ascend to you like incense,
and the lifting up of my hands like an evening sacrifice.

The faithful KNEEL.

Celebrant: 

Let my prayer as - cend to you like in - cense,

The faithful STAND.

Response: 

and the lift - ing up of my hands like an eve - ning sac - ri - fice.

Prayer of St. Ephrem

**All: Lord and Master of my life,
spare me from the spirit of indifference, despair,
lust for power, and idle chatter. *Prostration***

**Instead, bestow on me, your servant,
the spirit of integrity, humility, patience, and love. *Prostration***

**Yes, O Lord and King, let me see my own sins
and not judge my brothers and sisters;
for you are blessed forever and ever. Amen. *Prostration***

If there will be no gospel reading, the homily is preached at this time.

*If a notable saint's feastday is being celebrated, and there are a Prokeimenon,
Apostolic Reading, Alleluia, and Gospel Reading, they are read at this point.*

*If it is Holy Week, a Gospel is read, but there is no Prokeimenon,
Apostolic Reading, or Alleluia.*

Deacon: Let us be attentive!

Celebrant: Peace be to all!

Deacon: Wisdom! Be attentive!

The faithful sing the Prokeimenon of the feast. The lector chants the verse.

Deacon: Wisdom!

The lector announces the title of the Apostolic Reading.

Deacon: Let us be attentive!

The faithful SIT while the lector chants the Apostolic Reading.

Celebrant: Peace be to you, reader.

Deacon: Wisdom! Be attentive!

The faithful STAND as the Alleluia is sung.

If it is Holy Week, begin here.

The holy gospel book is incensed along with the faithful.

Deacon: Reverend Father, bless the proclaimer of the Gospel of the holy apostle and evangelist (*Name*).

Celebrant: May God, through the prayers of the holy, glorious, and illustrious apostle and evangelist (*Name*), grant that you proclaim the word with great power for the fulfillment of the Gospel of his beloved Son, our Lord Jesus Christ.

Deacon: Amen.

Celebrant: Wisdom! Let us stand and listen to the holy Gospel! Peace be to all!

Response: 
And to your spir - it.

Deacon: A reading from the holy Gospel according to (*Name*).

Response: 
Glo - ry to you, O Lord, glo - ry to you!

Celebrant: Let us be attentive!

The deacon proclaims the holy Gospel.
Response: 
Glo - ry to you, O Lord, glo - ry to you!

The faithful SIT during the homily.

Litany of Fervent Supplication

The faithful may SIT.


Deacon: Let us all say with our whole soul and with our whole mind, let us say:


Response: 
Lord, have mer - cy.

Deacon: O Lord almighty, God of our fathers, we pray you, hear and have mercy.

Response: 
Lord, have mer - cy.

Deacon: Have mercy on us, O God, according to your great mercy, we pray you, hear and have mercy.

Response: 
Lord, have mer - cy. Lord, have mer - cy.


Lord, have mer - cy.

Deacon: Again we pray for our holy father (*Name*), pope of Rome, and for our most reverend metropolitan (*Name*), for our God-loving bishop (*Name*); for those who serve and have served in this holy church, for our spiritual fathers, and for all our brothers and sisters in Christ.

Response: Lord, have mercy. (*Three times*)

Deacon: Again we pray for our government and for all in the service of our country.

Response: Lord, have mercy. (*Three times*)

The deacon may intone special petitions here.

Deacon: Again we pray for the people here present who await your great and abundant mercy, for those who show us mercy, and for all Christians of the true faith.

Response: **Lord, have mercy.** (*Three times*)

Celebrant: For you are a merciful and loving God, and we give glory to you, Father, Son, and Holy Spirit, now and ever and forever.

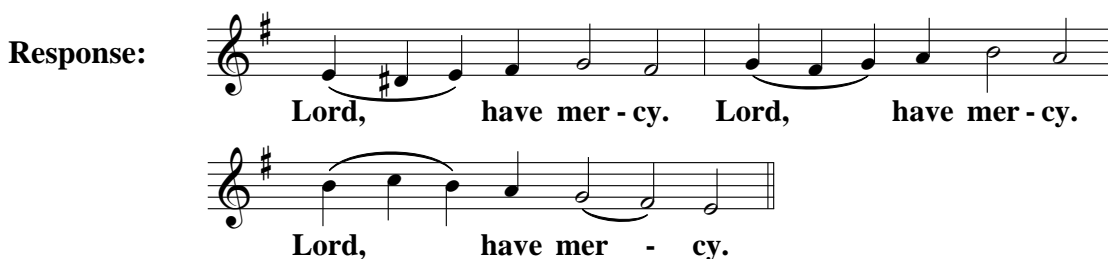


The faithful STAND following the Litany of Fervent Supplication.

The hymn of the Great Entrance, "Now the powers", begins on page 134.

If appropriate, the Litany for the Deceased is intoned:

Deacon: Have mercy on us, O God, according to your great mercy, we pray you, hear and have mercy.



Deacon: Again we pray for the repose of the soul[s] of the departed servant[s] of God, (*Name/s*), and that (his-her-their) every transgression, voluntary or involuntary, be forgiven.

Response: **Lord, have mercy.** (*3 times, as before*)

Deacon: May the Lord God commit (his-her-their) soul(s) to the place where the just repose.

Response: **Lord, have mercy.** (*3 times, as before*)

Deacon: For the mercy of God, for the kingdom of heaven, and for the remission of (his-her-their) sins, let us beseech Christ, the immortal king and our God.

Response: 
Grant this, O Lord.

Deacon: Let us pray to the Lord.

Response: 
Lord, have mer - cy.


Celebrant: O God of spirits and of all flesh, you trampled death and broke the power of the devil and granted life to your world. Now grant rest, O Lord, to the soul[s] of your departed servant[s] (*Name/s*), in a place of light, joy, and peace where there is no pain, sorrow, nor mourning. As a good and loving God, forgive every sin committed by (him-her-them) in word, deed, or thought, since there is no one who lives and does not sin. You alone are without sin; your justice is eternal justice; and your word is truth.

For you, O Christ our God, are the resurrection, the life, and the repose of your departed servant[s] (*Name/s*), and we give glory to you, with your eternal Father, and your all-holy, good, and

Response: 
A - - - men.

If catechumens are present, the Litany for the Catechumens may be intoned:

Deacon: Catechumens, pray to the Lord.

Catechumens: 
Lord, have mer - cy.


Deacon: Faithful, let us pray for the catechumens that the Lord have mercy on them, that he instruct them in the word of truth, that he reveal to them the gospel of righteousness, and that he unite them with his holy, catholic, and apostolic Church.

Faithful: 
Lord, have mer - cy.

Deacon: Protect them, save them, have mercy on them, and preserve them, O God, by your grace.

Faithful: 
Lord, have mer - cy.

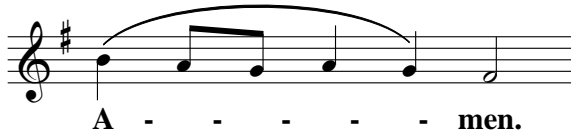
Deacon: Catechumens, bow your heads to the Lord.

Catechumens: 
To you, O Lord.

Celebrant: God, our God, Creator and Author of All, you want everyone to be saved and to come to the knowledge of the truth. Look upon your servants, the catechumens and deliver them from the ancient error and from the wiles of the enemy. Call them to eternal life, enlightening their souls and bodies, and numbering them among your spiritual flock, called by your holy name.

That with us they also may glorify your most honored and sublime name, Father, Son, and Holy Spirit, now and ever and forever.

Response:



If there are catechumens preparing for baptism at the forthcoming Pascha, then the following Litany may be intoned beginning on the Wednesday of the Fourth Week of the Great Fast.

Deacon: Those who are about to be enlightened, pray to the Lord.

And those about to be enlightened respond:

Response:



Deacon: Faithful, let us pray for those who are about to be enlightened, that the Lord establish and strengthen them, that he enlighten them with the light of knowledge and goodness, that he make them worthy in due time of the waters of regeneration, of the remission of sins, and of the robe of incorruption that they may be born again of water and the Spirit, and that he grant them the perfection of faith and number them among his holy and chosen flock.

Faithful:



Deacon: Protect them, save them, have mercy on them, and preserve them, O God, by your grace.

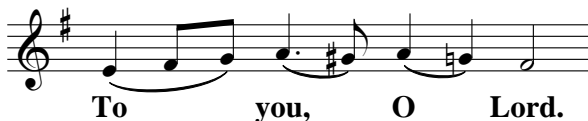
Faithful:



Deacon: Those who are about to be enlightened, bow your heads to the Lord.

Those preparing for baptism respond:

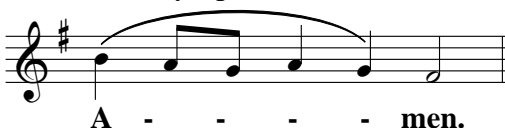
Response:



Celebrant: Reveal your face, O Master, to those who are preparing for holy enlightenment and who desire to cast off the defilement of sin. Illumine their understanding, confirm them in faith, strengthen them in hope, perfect them in love, and show them to be honorable members of your Christ who gave himself as a ransom for our souls.

For you are our enlightenment, and we give glory to you, Father, Son, and Holy Spirit, now and ever and forever.

Faithful:



Then the following are intoned for the faithful:

Deacon: All you faithful, again and again, in peace let us pray to the Lord.

Faithful:



Deacon: Wisdom!

The celebrant prays, concluding:

Celebrant: Through the gift of your Christ, with whom you are blessed, together with your all-holy, good, and life-creating Spirit, now and ever and forever. Amen.

Faithful:



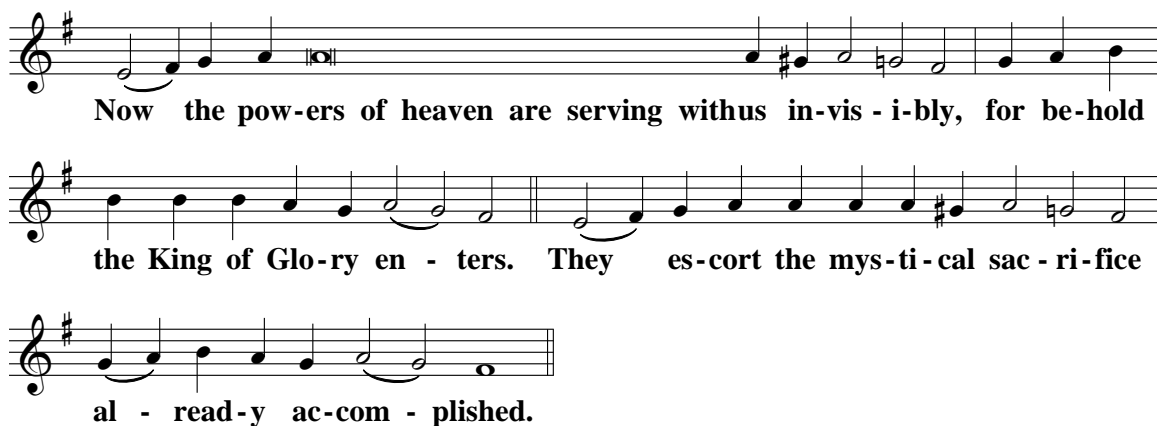
Great Entrance with the Presanctified Gifts

As the clergy pray quietly at the altar and the deacon incenses, the faithful sing the following hymn:



Now the pow - ers, the pow - ers of heav - en are serv-ing with
us in-vis-i - bly, for be - hold the King of Glo - ry en - ters,
for be-hold the King of Glo-ry en - ters. They es - cort the
mys - tic - al sac - ri - fice, al - read - y ac - com - - - plished.

Or simple setting:

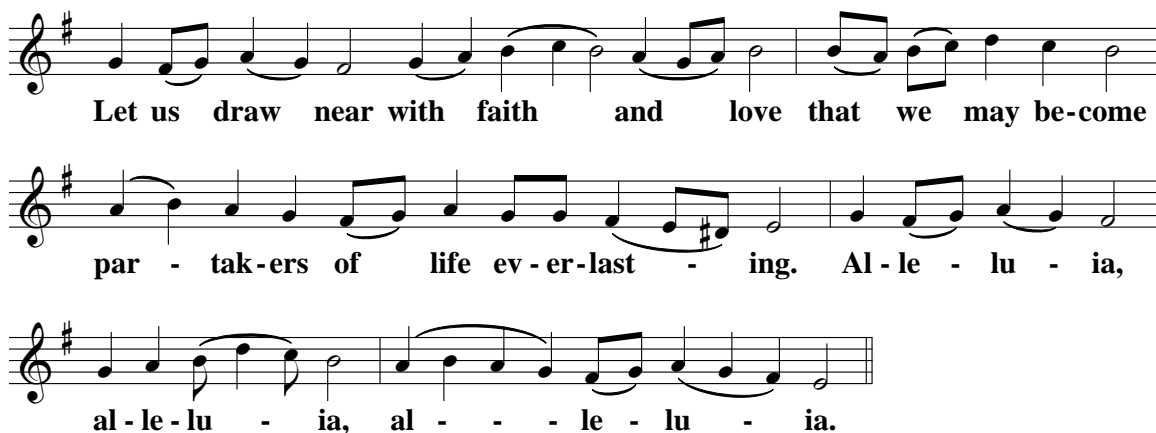


Now the pow-ers of heaven are serving with us in-vis - i-bly, for be-hold
the King of Glo-ry en - ters. They es-cort the mys-ti-cal sac - ri-fice
al - read-y ac-com - plished.

The faithful KNEEL.


The clergy and servers go to the table of preparation, and, with the precious and presanctified gifts, make the Great Entrance through the northern door and the holy doors. During the entrance, the faithful remain silent.

When the celebrant enters the holy doors, the faithful STAND and sing:



Let us draw near with faith and love that we may be-come
par - tak-ers of life ev - er-last - ing. Al - le - lu - ia,
al - le - lu - ia, al - - - le - lu - ia.

Or simple setting:



Let us draw near with faith and love that we may become partakers
of life ev - er - last - ing. Al - le - lu - ia, al - le - lu - ia,
al - le - lu - ia.

All make three prostrations in silence.

Angel of Peace Litany

Deacon: Let us complete our evening prayer to the Lord.

Response: 
1. Lord, have mer - cy.

Deacon: For the precious and presanctified gifts placed before us, that our God who loves us all may receive them on his holy, heavenly, and mystical altar as an aroma of spiritual fragrance, and send down upon us in return his divine grace and the gift of the Holy Spirit, let us pray.

Response: 
2. Lord, have mer - cy.

That we be delivered from all affliction, wrath, and need, let us pray to the Lord. ①

Protect us, save us, have mercy on us, and preserve us, O God, by your grace. ②

Deacon: That this whole evening be perfect, holy, peaceful, and without sin, let us beseech the Lord.

Response: 
3. Grant this, O Lord.

Deacon: For an angel of peace, a faithful guide and guardian of our souls and bodies, let us beseech the Lord.

Response: 
4. Grant this, O Lord.

For the pardon and remission of our sins and offenses, let us beseech the Lord. (3)

For what is good and beneficial to our souls and for peace in the world, let us beseech the Lord. (4)

That we spend the rest of our life in peace and repentance, let us beseech the Lord. (3)

For a Christian, painless, unashamed, peaceful end of our life, and for a good account before the fearsome judgement-seat of Christ, let us beseech the Lord. (4)

Deacon: Asking for unity in the faith and for communion of the Holy Spirit, let us commit ourselves and one another and our whole life to Christ our God.

Response: 
To you, O Lord.

The celebrant prays, concluding with the introduction to the Lord's Prayer:

Celebrant: And make us worthy, O Master, that we may with confidence and without condemnation dare call you Father, God of heaven, and say:


Our Fa-ther, who art in heav - en, hal - lowed be thy name;

thy king-dom come; thy will be done on earth as it is in heav - en.

Give us this day our dai - ly bread; and for - give us our trespass-es

as we forgive those who tres-pass a-against us; and lead us not in-to



Celebrant: For thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever and forever.



Celebrant: Peace be to all!



Deacon: Bow your heads to the Lord.



The celebrant prays, concluding:

Celebrant: Through the grace, the mercies, and the loving-kindness of your only-begotten Son, with whom you are blessed together with your all-holy, good, and life-creating Spirit, now and ever and forever.




COMMUNION

Deacon: Let us be attentive!

Celebrant: Holy presanctified gifts to holy people!

Response:



One is ho - ly, one is Lord, Je - sus Christ,
to the glo-ry of God the Fa - ther. A - - - men.

The proper liturgical posture is to stand.

The celebrant breaks the holy lamb into four parts in the form of a cross.

All pray together:

O Lord, I believe and profess that you are truly Christ, the Son of the living God, who came into the world to save sinners, of whom I am the first.

Also:

Accept me today as a partaker of your mystical supper, O Son of God, for I will not reveal your mystery to your enemies, nor will I give you a kiss as did Judas, but like the thief I profess you:

Remember me, O Lord, when you come in your kingdom.

Remember me, O Master, when you come in your kingdom.

Remember me, O Holy One, when you come in your kingdom.

May the partaking of your holy mysteries, O Lord, be not for my judgment or condemnation, but for the healing of soul and body.

Also:

O Lord, I also believe and profess that this, which I am about to receive, is truly your most precious body and your life-giving blood, which I pray, make me worthy to receive for the remission of all my sins and for life everlasting. Amen.

O God, be merciful to me, a sinner.
 O God, cleanse me of my sins and have mercy on me.
 O Lord, forgive me for I have sinned without number.

*With fear and reverence the clergy partake of the holy gifts while the faithful
 sing the Communion Hymn (Psalm 33:9):*

Taste and see that the Lord is good; taste and see
 that the Lord is good. Al-le - lu - ia! Al-le - lu - ia!
 Al - - - le - lu - ia!

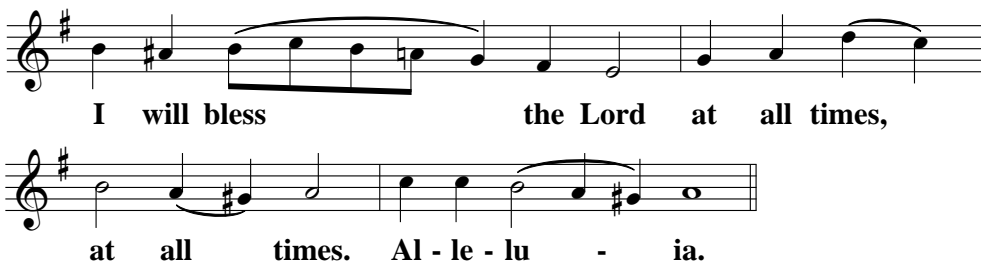
Alternate melody:

Taste and see that the Lord is good, that the Lord is good.
 Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

If a notable saint is being remembered, a second Communion Hymn may be sung.

Deacon: Come to receive!

Response:



Alternate melody:



All Catholics who are properly disposed are welcome to receive the Divine Eucharist. Because Catholics believe that the celebration of the Eucharist is a sign of the reality of the oneness of faith, life, and worship, members of those churches with whom we are not yet fully united are ordinarily not permitted to receive the Divine Eucharist.

The body and blood of our Lord are administered on a small spoon. Communicants approach close to the priest or deacon and remain standing.

The communicants say nothing. They open the mouth widely without extending the tongue, and close the mouth only after the spoon has been withdrawn.

The faithful may REMAIN STANDING while others are receiving Holy Communion.


During the communion of the faithful, the communion hymn "Taste and see" is sung; the cantor may alternate verses of Psalm 33 (on page 193) with the faithful's singing of the triple "Alleluia" refrain from the communion hymn.


When Holy Communion has been distributed, the celebrant incenses the holy gifts.


Celebrant: Blessed is our God who enlightens and sanctifies us always,
now and ever and forever.


Response: 
A - - - - men.

The holy gifts are brought to the table of preparation. The faithful sing:


We give you thanks, O Christ our God, that you have made us shar - ers


of the mys-ter-y of your re - demp-tion, your pure


bod - y and pre-cious blood, poured forth for the world


un-to the for-give - ness of sins. Al-le-lu-ia! Al-le-lu-ia! Al-le-lu - ia!

Prayer of Thanksgiving

Deacon: Arise! Now that we have received the divine, holy, most pure, immortal,
heavenly, life-creating, and awesome mysteries of Christ, let us worthily
thank the Lord.

Response: 
Lord, have mer - cy.

The celebrant prays, concluding:

Celebrant: For you are our sanctification, and we give glory to you, Father, Son, and Holy Spirit, now and ever and forever.



Ambon Prayer

Celebrant: Let us go forth in peace.



Deacon: Let us pray to the Lord.



The celebrant, going before the ambon and facing East, intones the Ambon Prayer.



Blessings and rituals for special occasions may take place here.

Then the faithful sing:



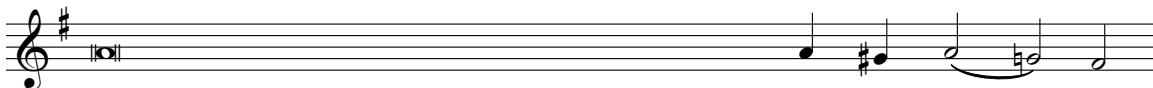
(three times)

Response:



Celebrant: Glory to you, O Christ God, our hope, glory to you.

Response:



Facing the faithful, the celebrant intones the Prayer of Dismissal:

Response:



The deacon closes the holy doors.

All offer prayers of thanksgiving.




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Friday Evening Stichera in Tone 1

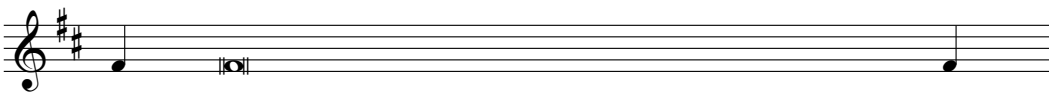
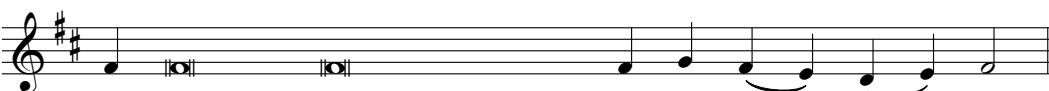
If it is the Second Friday in the Great Fast, first sing in Tone 4:

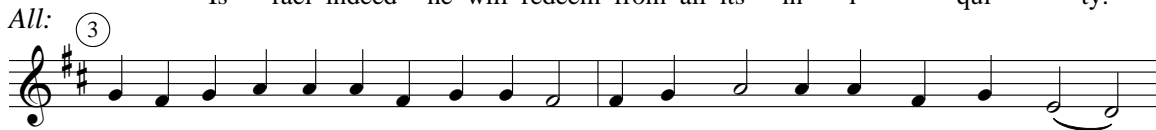
Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

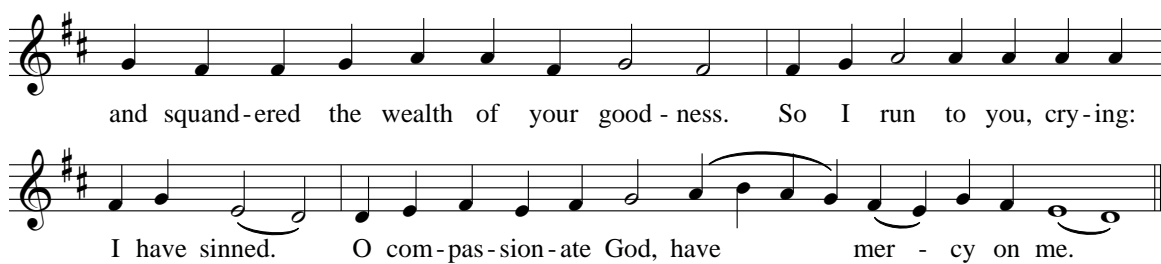
 Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: ③ 
 Now is the ac - cept - a - ble time, now is the day of sal - va - tion.

 In the abundance of your mer - cy, look down on my soul and

 take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will redeem from all its in - i - qui - ty.

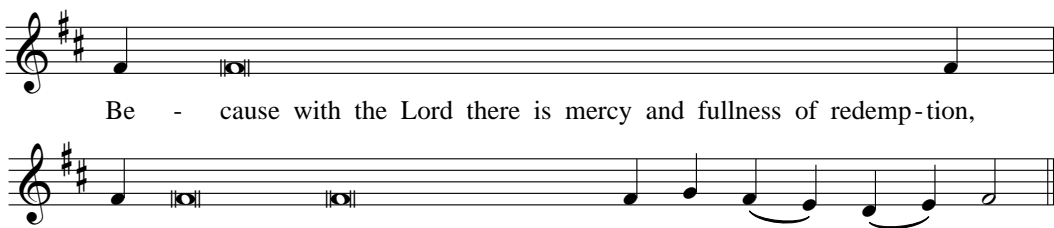
All: ③ 
 I am as guilt-y as the prod-i-gal, I have turned a-way from your grace



and squand-ered the wealth of your good - ness. So I run to you, cry-ing:
I have sinned. O com-pas-sion-ate God, have mer - cy on me.

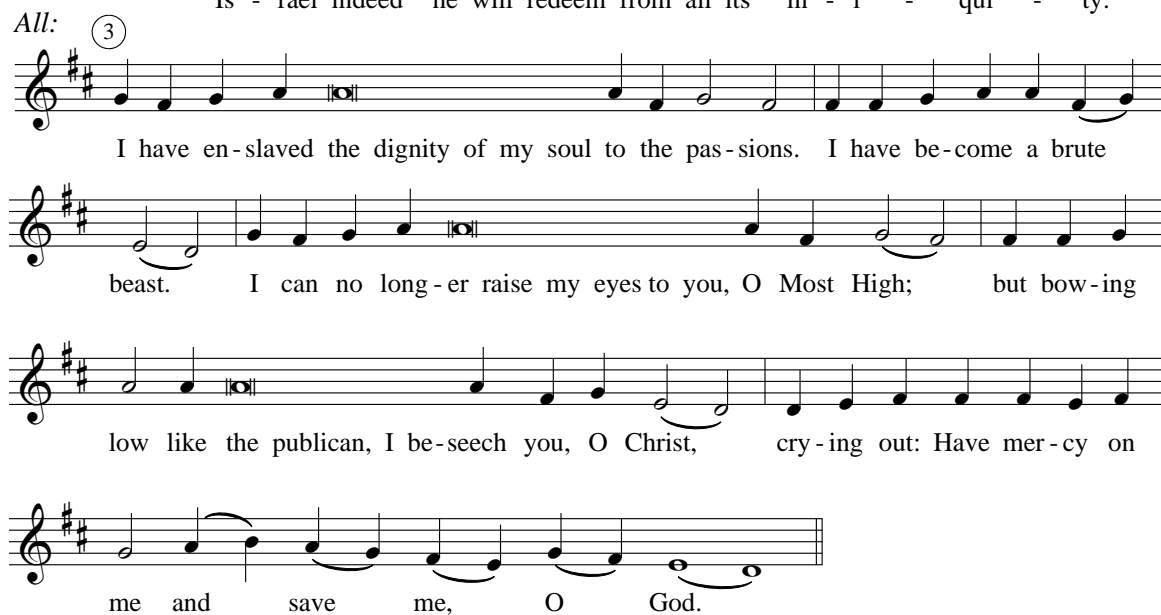
If it is the Fourth Friday in the Great Fast, first sing in Tone 7:

Cantor:



Be - cause with the Lord there is mercy and fullness of redemp-tion,
Is - rael indeed he will redeem from all its in - i - qui - ty.

All: ③



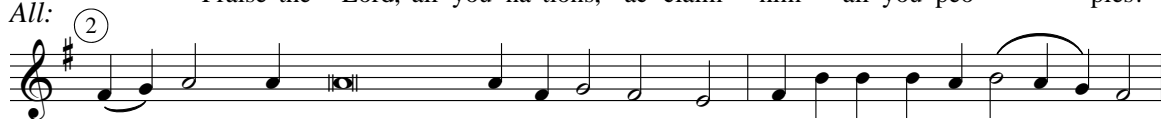
I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute
beast. I can no long-er raise my eyes to you, O Most High; but bow-ing
low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on
me and save me, O God.

Then continue with the Friday stichera in Tone 1, on the next page.

Tone 1



All: Praise the Lord, all you na-tions, ac-claim him all you peo - ples!



O Lord, through the interces-sion of all your saints and of the The-o-to - kos,



grant us your peace and have mer - cy on us; for you a - lone are



mer - - - ci - ful.

Tone 1 Bolhar



Strong is the love of the Lord for us; he is faith - ful



for - ev - - - er.



What mor-tal de-light en-dures un - min-gled with grief? What glo-ry



on earth re-mains with-out change? All is less than a shad - ow,



more de-lud-ing than a dream; a mere mo-ment and death takes them all.

But in the light of your face, O Christ, and in the sweet-ness
of your beau - ty, give rest to the one whom you have cho - sen,
for you love us all.

The faithful STAND.

Cantor: *Tone 1*

Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it,
now and ev - er and for - ev - er. A - - - men.

Dogmatikon - All:

Let us praise the Vir - gin Ma - ry, the glo - ry of the whole world.
Born of man, she bore the Mas - ter. She is the gate of heav - en, the
song of angels, and the adornment of the faith - ful. She is heav - en itself
and the tem - ple of God. She tore down the dividing wall of en - mi - ty,

bring - ing peace and open - ing the king - dom. If we cling to her, then, as

an an - chor of faith, the Lord born of her will be our cham - pion. Take

cour - age, then, take cour - age, peo - ple of God; for he who is all - powerful


will fight our en - e - mies.

The service continues on page 88.






Friday Evening Stichera in Tone 2

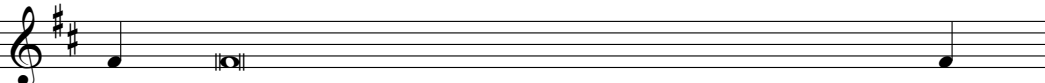
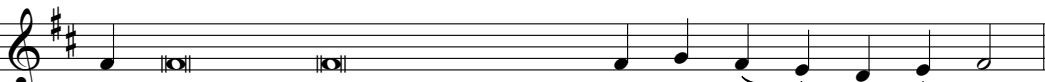
If it is the Second Friday in the Great Fast, first sing in Tone 4:


Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: 
 Now is the ac - cept - a - ble time, now is the day of sal - va - tion.

 In the abundance of your mer - cy, look down on my soul and

 take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will redeem from all its in - i - qui - ty.

All: 
 I am as guilt-y as the prod-i-gal, I have turned a - way from your grace

and squand-ered the wealth of your good - ness. So I run to you, cry-ing:

I have sinned. O com-pas-sion-ate God, have mer - cy on me.

If it is the Fourth Friday in the Great Fast, first sing in Tone 7:

Cantor:

Be - cause with the Lord there is mercy and fullness of redemp-tion,

Is - rael indeed he will redeem from all its in - i - qui - ty.

All: ③

I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute

beast. I can no long-er raise my eyes to you, O Most High; but bow-ing



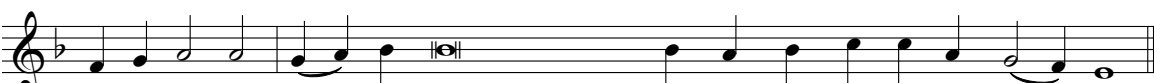
low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on

me and save me, O God.

Then continue with the Friday stichera in Tone 2, on the next page.





Tone 2

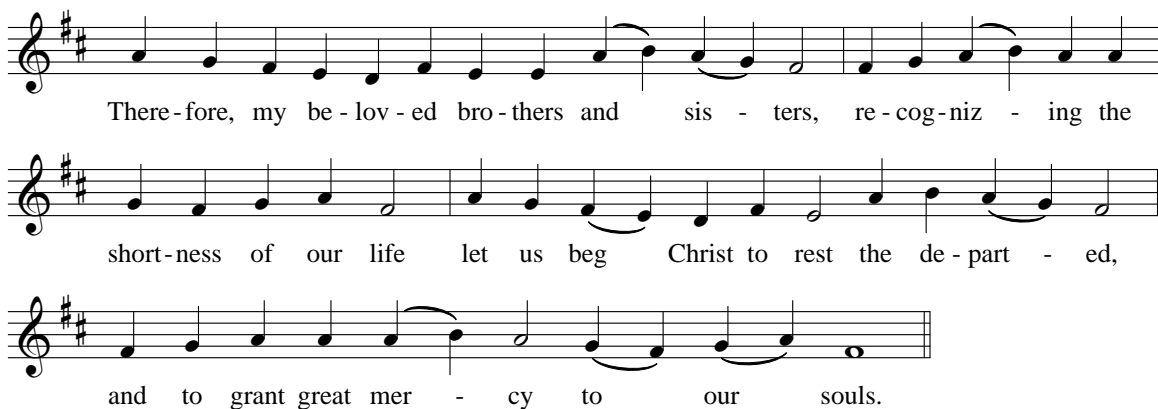
Cantor: 
Praise the Lord, all you na - tions; ac-claim him all you peo - ples!

All: ② 
O vic-to - rious martyrs, you did not long for earth - ly pleas - ure; you were made

worth - y of the good things of heav - en. You came to share in the citizen-ship

of the an-gels. O Lord, through their inter-ces-sion have mer-cy and save us.

Tone 2 Bolhar

Cantor: 
Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All: ① 
O what a - gon - y must the soul en-dure when it is part - ed

from the bod - y. O how man - y tears does the soul shed

and there is no one to pi - ty it. Look-ing to the an - gels,

the soul en-treats in vain; reach-ing out to mor - tals, there is none to help.

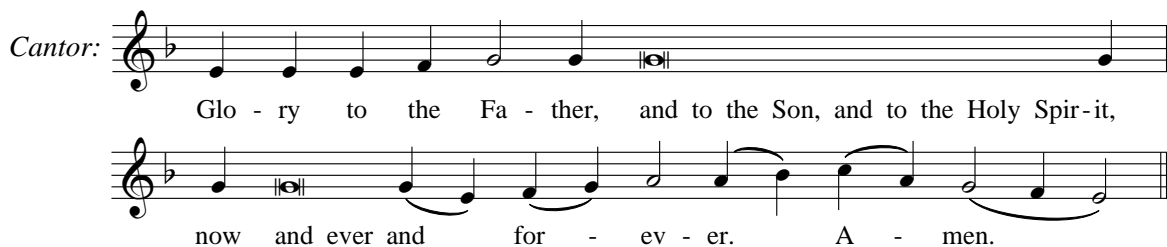


There-fore, my be - lov - ed bro - thers and sis - ters, re - cog - niz - ing the
 short-ness of our life let us beg Christ to rest the de - part - ed,
 and to grant great mer - cy to our souls.

The faithful STAND.

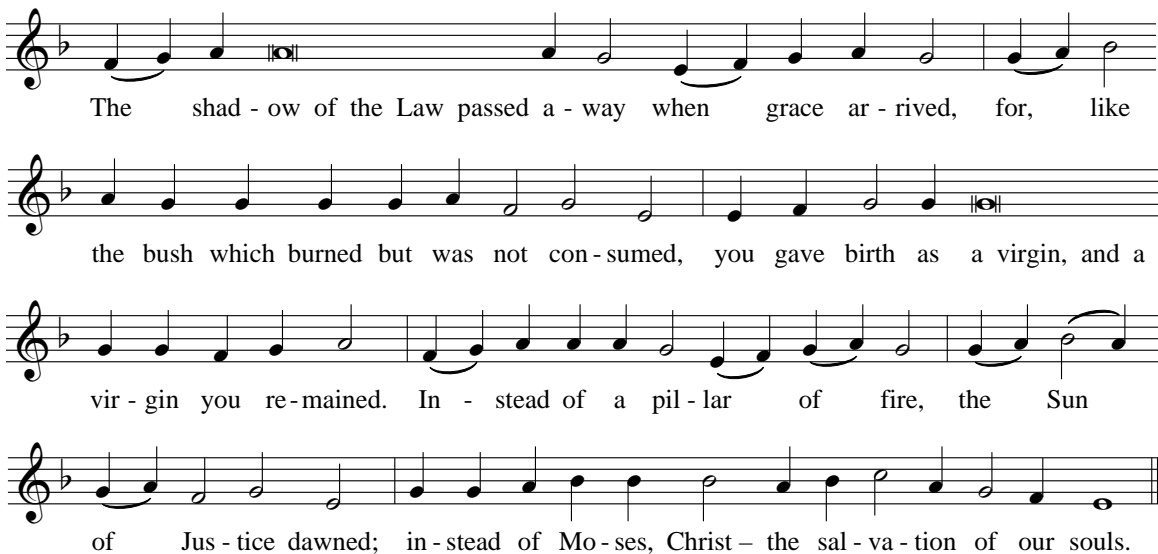
Tone 2

Cantor:



Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir-it,
 now and ever and for - ev - er. A - men.

Dogmatikon - All:



The shad - ow of the Law passed a - way when grace ar - rived, for, like
 the bush which burned but was not con - sumed, you gave birth as a virgin, and a
 vir - gin you re-mained. In - stead of a pil - lar of fire, the Sun
 of Jus - tice dawned; in - stead of Mo - ses, Christ - the sal - va - tion of our souls.

The service continues on page 88.






Friday Evening Stichera in Tone 3

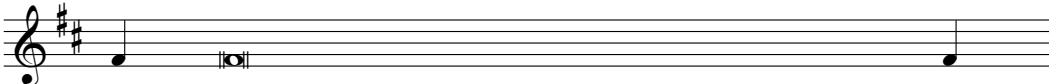
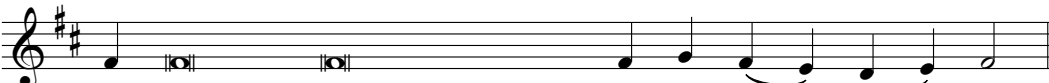
If it is the Second Friday in the Great Fast, first sing in Tone 4:


Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp-tion,

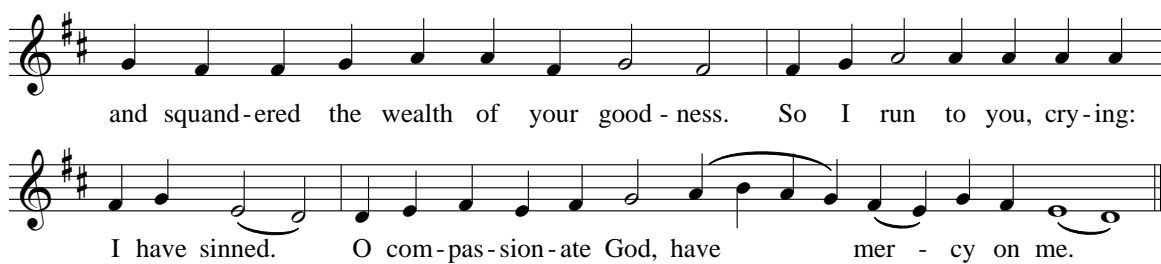
Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: 
Now is the ac - cept - a - ble time, now is the day of sal - va - tion.

In the abundance of your mer - cy, look down on my soul and

take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

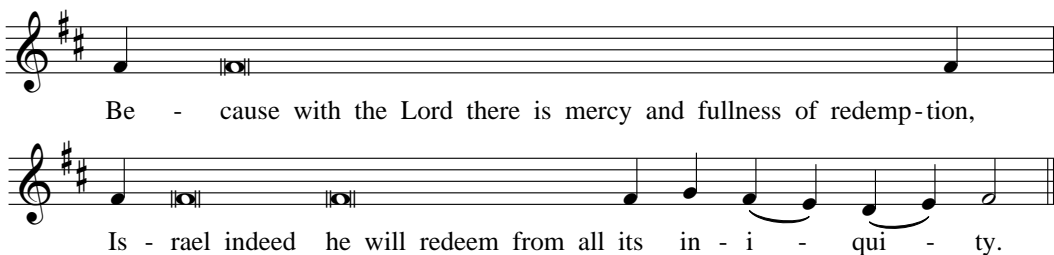
Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp-tion,

Is - rael indeed he will redeem from all its in - i - qui - ty.

All: 
I am as guilt-y as the prod-i-gal, I have turned a - way from your grace

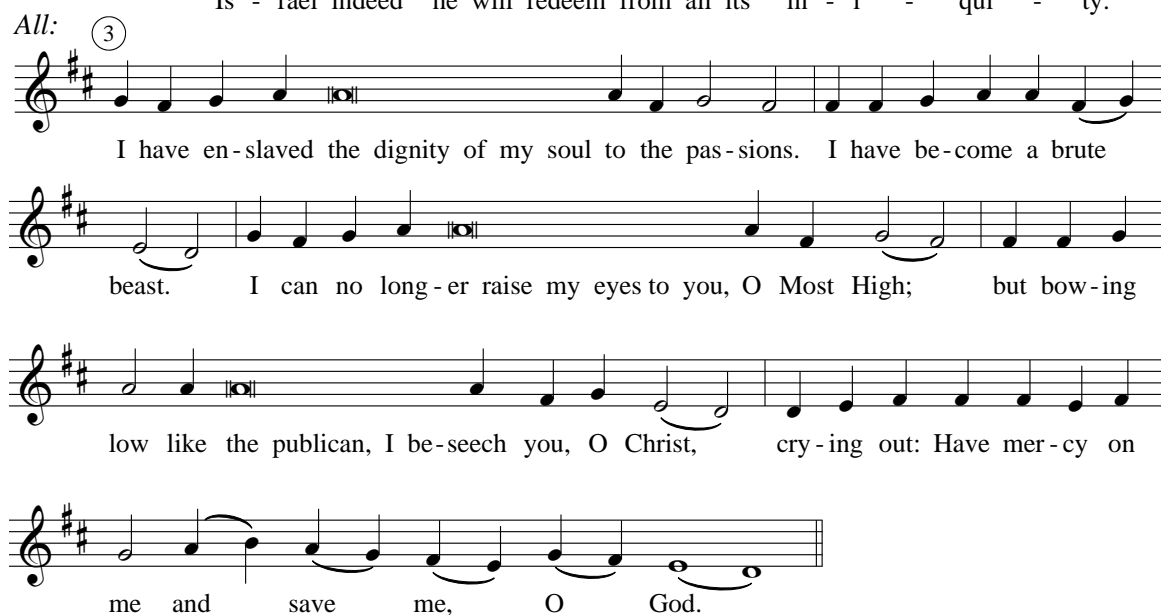


and squand-ered the wealth of your good - ness. So I run to you, cry-ing:
I have sinned. O com-pas-sion-ate God, have mer - cy on me.

If it is the Fourth Friday in the Great Fast, first sing in Tone 7:

Cantor: 



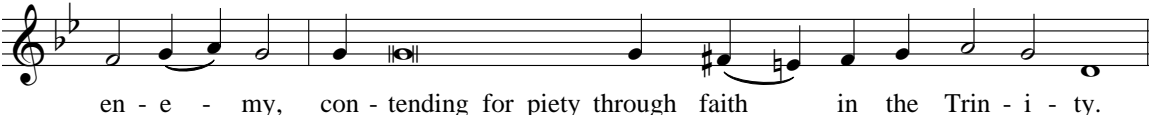
Be - cause with the Lord there is mercy and fullness of redemp-tion,
Is - rael indeed he will redeem from all its in - i - qui - ty.

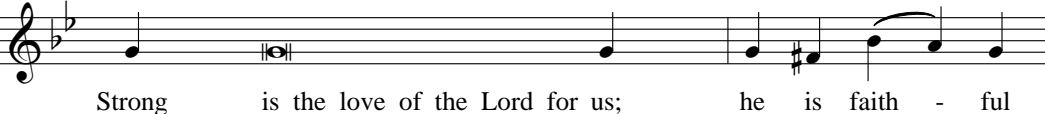

All: 

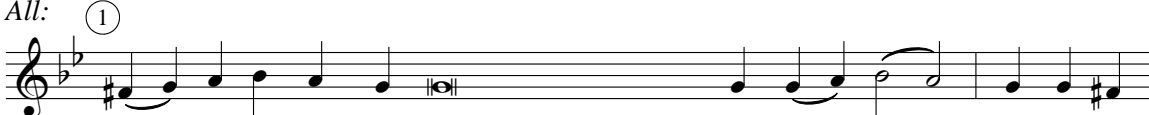
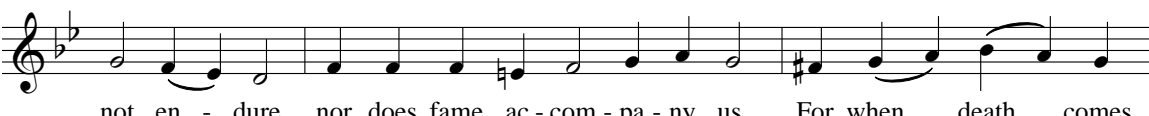

I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute
beast. I can no long-er raise my eyes to you, O Most High; but bow-ing
low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on
me and save me, O God.

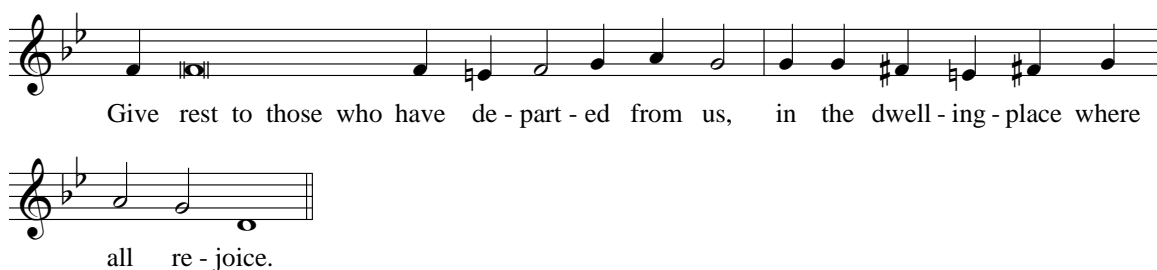
Then continue with the Friday stichera in Tone 3, on the next page.

Cantor:  Praise the Lord, all you na-tions ac-claim him all you peo - ples!

All:  Great is the pow - er of your mar-tyrs, O Christ, e - ven ly - ing in their
 tombs they drive off e - vil spir - its. They conquered the power of the
 en - e - my, con - tending for piety through faith in the Trin - i - ty.

Cantor:  Strong is the love of the Lord for us; he is faith - ful
 for - ev - - - er.

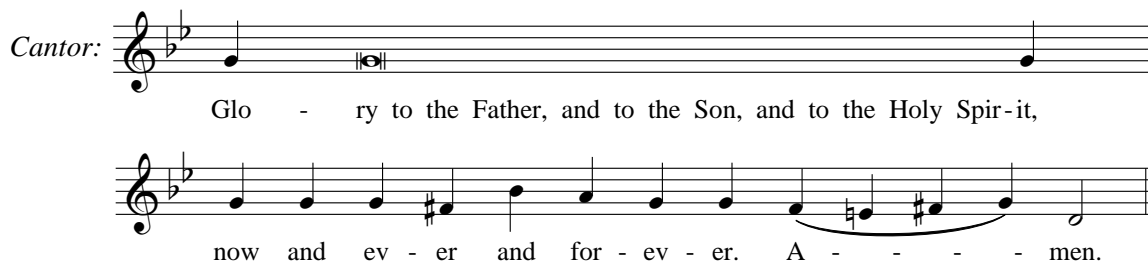
All:  Ev - 'ry hu-man thing which does not survive death is vain. Rich-es do
 not en - dure, nor does fame ac - com - pa - ny us. For when death comes,
 all these dis - ap - pear. Let us cry out then to Christ, the death - less King:



Give rest to those who have de-part-ed from us, in the dwell-ing-place where
all re-joice.

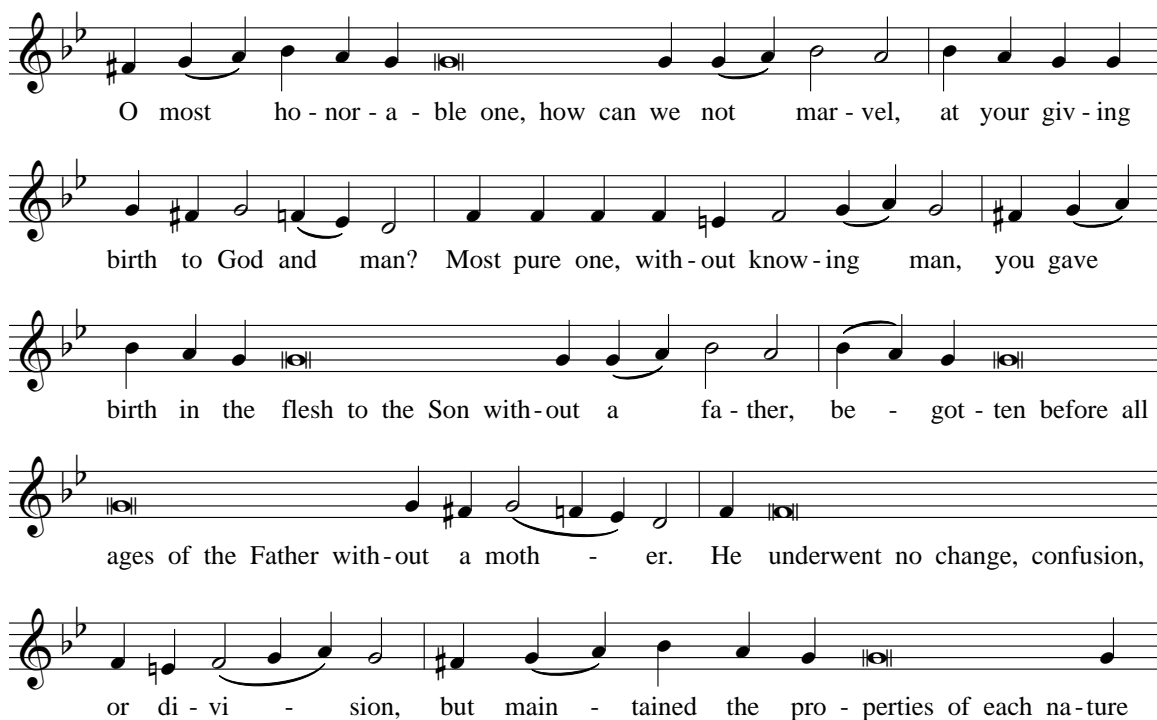
The faithful STAND.

Cantor:



Glo - ry to the Father, and to the Son, and to the Holy Spir-it,
now and ev - er and for - ev - er. A - - - - men.

Dogmatikon - All:



O most ho-nor-a-ble one, how can we not mar-vel, at your giv-ing
birth to God and man? Most pure one, with-out know-ing man, you gave
birth in the flesh to the Son with-out a fa-ther, be-got-ten before all
ages of the Father with-out a moth-er. He underwent no change, confusion,
or di-vi-sion, but main-tained the pro-perties of each na-ture

in - tact. There-fore, O La - dy, Vir - gin Moth - er, beg him to

save the souls of those who rightly confess you as The - o - to - kos.


The service continues on page 88.


Friday Evening Stichera in Tone 4


If it is the Second Friday in the Great Fast, first sing in Tone 4:

Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp-tion,

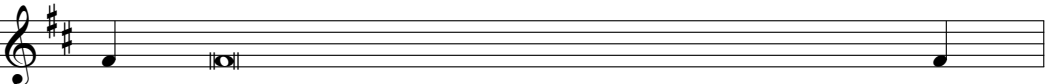

Is - rael indeed he will re-deem from all its in - i - qui - ty.


All: 
Now is the ac - cept - a - ble time, now is the day of sal - va - tion.



In the abundance of your mer - cy, look down on my soul and

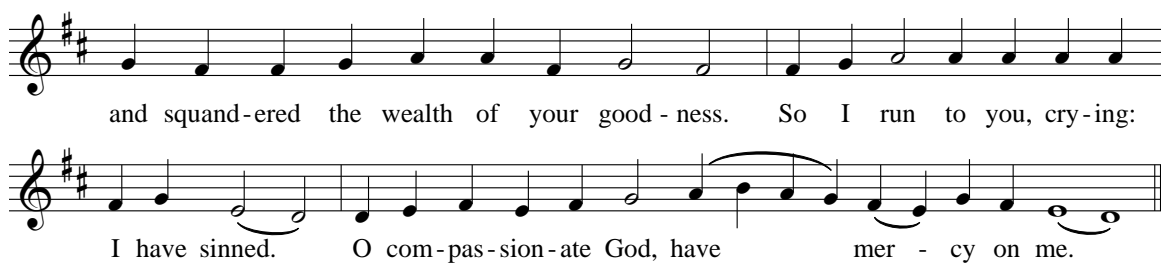

take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp-tion,

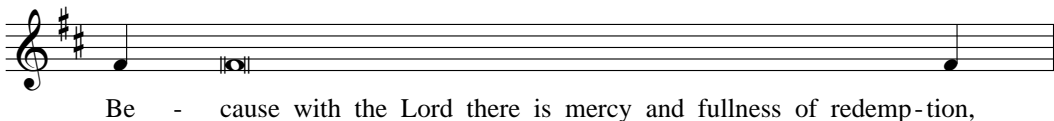

Is - rael indeed he will redeem from all its in - i - qui - ty.

All: 
I am as guilt-y as the prod - i - gal, I have turned a - way from your grace

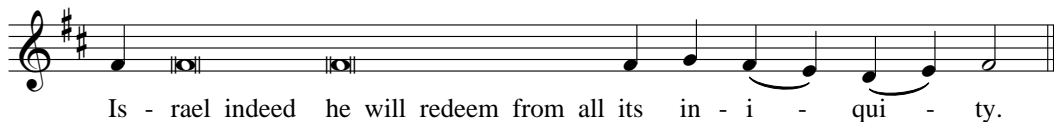


and squand-ered the wealth of your good - ness. So I run to you, cry-ing:
I have sinned. O com-pas-sion-ate God, have mer - cy on me.

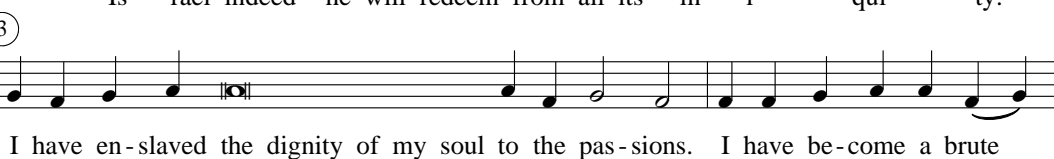
If it is the Fourth Friday in the Great Fast, first sing in Tone 7:

Cantor: 

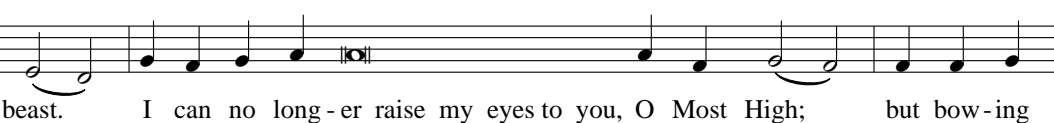
Be - cause with the Lord there is mercy and fullness of redemp-tion,




Is - rael indeed he will redeem from all its in - i - qui - ty.

All: 


I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute



beast. I can no long - er raise my eyes to you, O Most High; but bow-ing



low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on



me and save me, O God.

Then continue with the Friday stichera in Tone 4, on the next page.

Tone 4

Cantor: 
Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

All: (2)

O Christ our God, you are glorified in the remembrance of your saints;

through their intercession, send down on us great mercy.

Tone 4 (transposed)

Cantor:

All: (1)

Tone 4 Bolhar

Where is world - ly at - tach - ment? Where is the al - lure
of tem - por - al things? Where is sil - ver, where is gold?
Where is the mul - ti - tude of serv - ants and of cares? All is
ash - es, all is dust, all is shad - - - - ow.

Let us cry out to the death - less King: Lord, make
those you have tak - en from us worth - y of your e - ter - nal boun - ties,
and grant them rest in your age - - - less bliss.

The faithful STAND.

Tone 4

Cantor:

Glo - ry to the Father and to the Son and to the Holy Spir-it,
now and ev - er and for - ev - er. A - men.

Dogmatikon - All:

O The-o - to - kos, Da - vid the prophet and ancestor of God an - nounced in song
to the One who would do great things for you: The Queen stands at your
right hand. He re - vealed you as the Mother of Life and In - ter - ces - sor.
God was pleased to become man from you with - out a fa - ther so that he might

re - store the image which pas - sions had de - formed and find the sheep stray - ing

in the hills, lift it on his shoulders, and bring it to his Fa - ther, u - nit - ing

it to the heaven - ly pow - ers. Thus Christ will save the world,

for he has a - bun - dant and great mer - - - cy.

The service continues on page 88.






Friday Evening Stichera in Tone 5

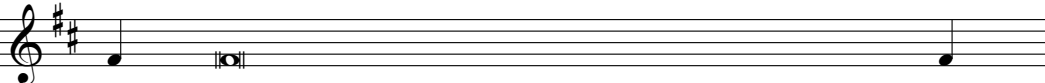
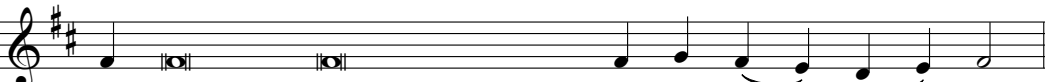
If it is the Second Friday in the Great Fast, first sing in Tone 4:


Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: (3) 
 Now is the ac - cept - a - ble time, now is the day of sal - va - tion.

 In the abundance of your mer - cy, look down on my soul and

 take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will redeem from all its in - i - qui - ty.

All: (3) 
 I am as guilt-y as the prod-i-gal, I have turned a - way from your grace

and squand-ered the wealth of your good - ness. So I run to you, cry-ing:

I have sinned. O com-pas-sion-ate God, have mer - cy on me.

If it is the Fourth Friday in the Great Fast, first sing in Tone 7:

Cantor:

Be - cause with the Lord there is mercy and fullness of redemp-tion,

Is - rael indeed he will redeem from all its in - i - qui - ty.

All: ③

I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute

beast. I can no long-er raise my eyes to you, O Most High; but bow-ing

low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on

me and save me, O God.

Then continue with the Friday stichera in Tone 5, on the next page.

Cantor: 

Praise the Lord, all you na - tions, ac-claim him all you peo - ples!

All: ② 

De - spis - ing all things earth - ly and brave - ly fac - ing tor - tures,



you did not fail to win the hope of bliss but be - came heirs of the king - dom of



heav - en. O all - praise - wor - thy mar - tyrs, since you can speak freely before God



who loves us all, ask for peace in the world and great mer - cy for our souls.

Cantor: 

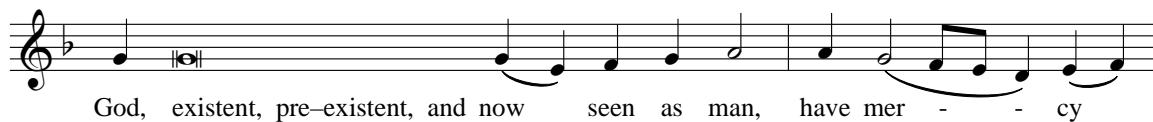
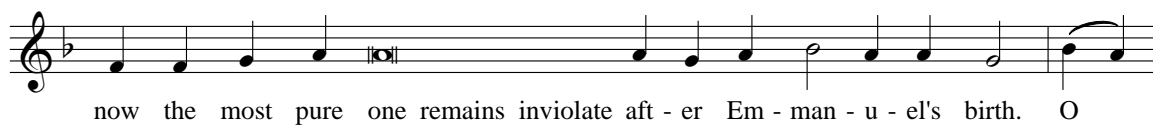
Strong is the love of the Lord for us; he is faith - ful for - ev - er.

All: ① 

I re - called the proph - - - et cry - ing out: I am ash - es and dust!



Then I con - sid - ered those in the tombs; I be - held bones






The service continues on page 88.

Friday Evening Stichera in Tone 6

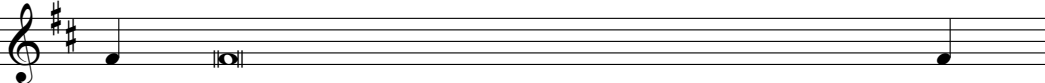
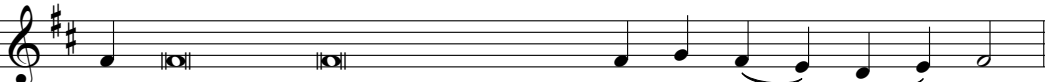
If it is the Second Friday in the Great Fast, first sing in Tone 4:


Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: (3) 
 Now is the ac - cept - a - ble time, now is the day of sal - va - tion.

 In the abundance of your mer - cy, look down on my soul and

 take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will redeem from all its in - i - qui - ty.

All: (3) 
 I am as guilt-y as the prod-i-gal, I have turned a-way from your grace

and squand-ered the wealth of your good - ness. So I run to you, cry-ing:

I have sinned. O com-pas-sion-ate God, have mer - cy on me.

If it is the Fourth Friday in the Great Fast, first sing in Tone 7:

Cantor:

Be - cause with the Lord there is mercy and fullness of redemp-tion,

Is - rael indeed he will redeem from all its in - i - qui - ty.

All:

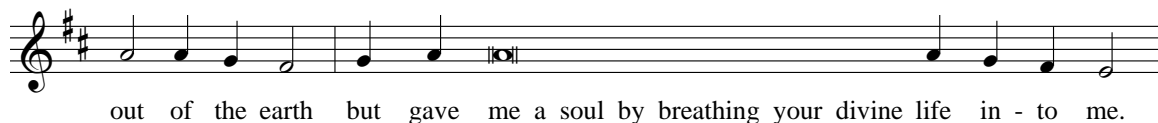
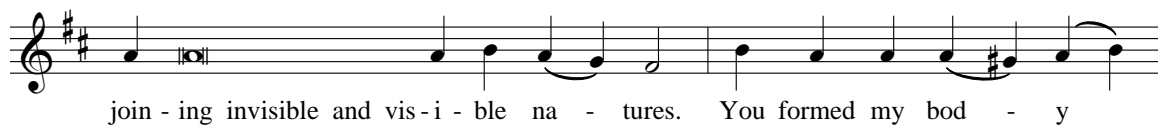
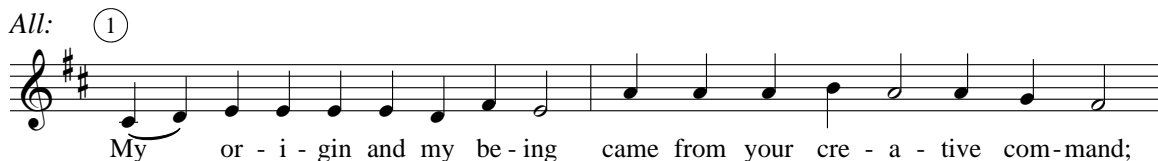
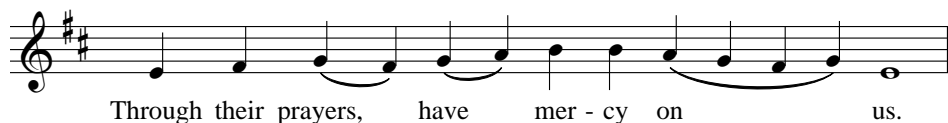
I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute

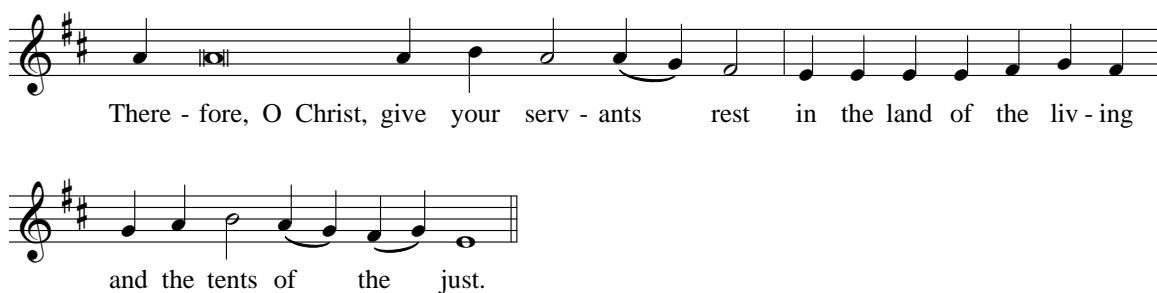
beast. I can no long-er raise my eyes to you, O Most High; but bow-ing

low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on

me and save me, O God.

Then continue with the Friday stichera in Tone 6, on the next page.

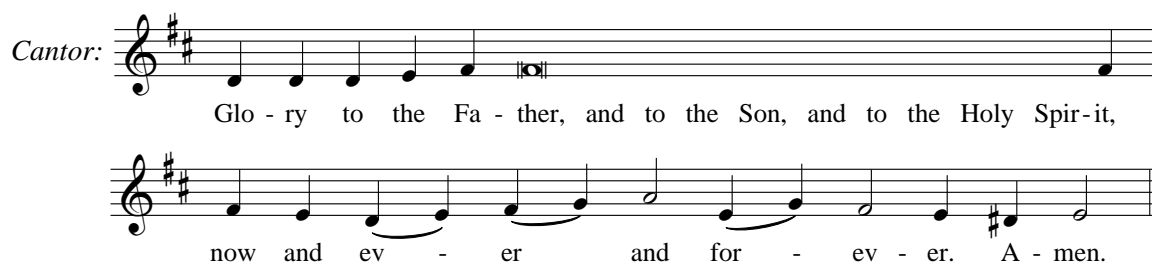




There - fore, O Christ, give your serv - ants rest in the land of the liv - ing
and the tents of the just.

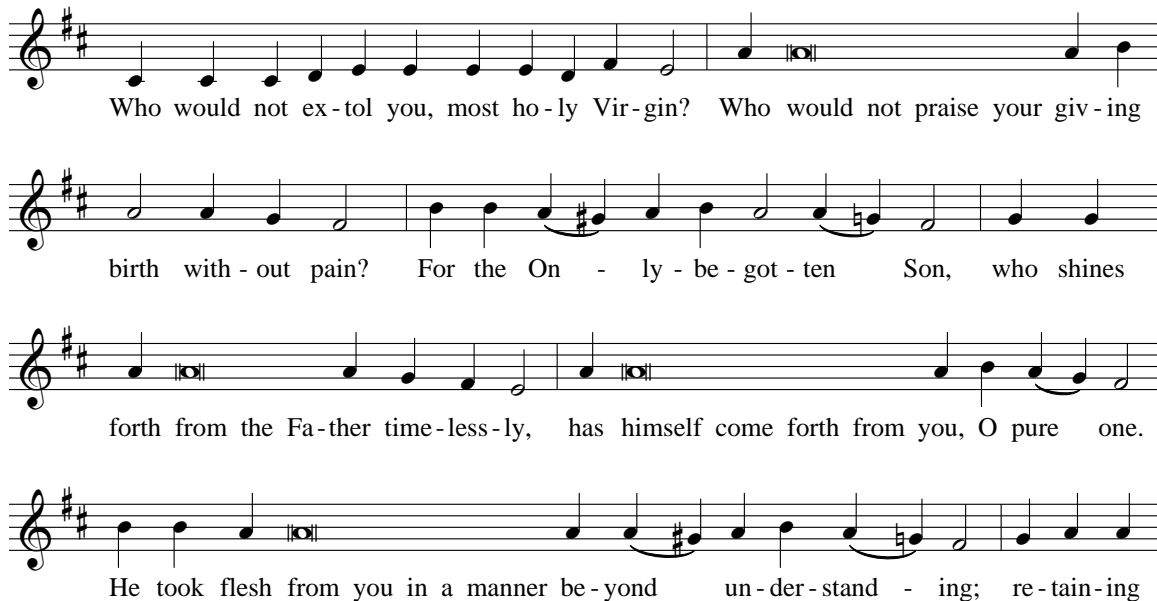
The faithful STAND.

Cantor:



Glo - ry to the Fa - ther, and to the Son, and to the Holy Spir - it,
now and ev - er and for - ev - er. A - men.

Dogmatikon - All:



Who would not ex - tol you, most ho - ly Vir - gin? Who would not praise your giv - ing
birth with - out pain? For the On - ly - be - got - ten Son, who shines
forth from the Fa - ther time - less - ly, has himself come forth from you, O pure one.
He took flesh from you in a manner be - yond un - der - stand - ing; re - tain - ing

di-vine na - ture, but assuming human na - ture for our sake; not di - vid - ed

in - to two per - sons but ex - ist - ing in two natures distinct and un - con - fused.

O honored and most blessed one, be - seech him to have mer - cy on our souls.




The service continues on page 88 ➞

Friday Evening Stichera in Tone 7

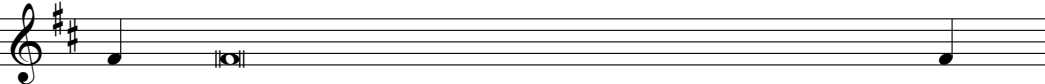
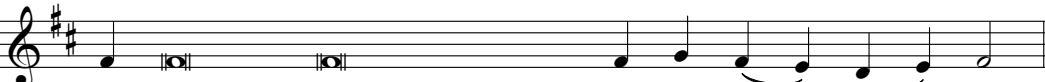
If it is the Second Friday in the Great Fast, first sing in Tone 4:


Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

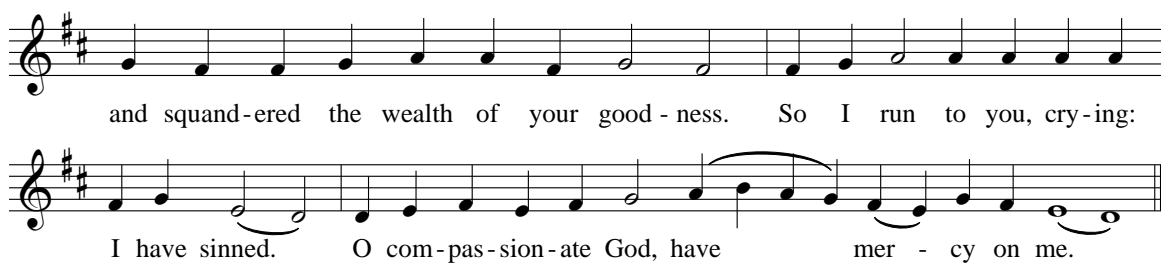
 Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: (3) 
 Now is the ac - cept - a - ble time, now is the day of sal - va - tion.

 In the abundance of your mer - cy, look down on my soul and

 take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

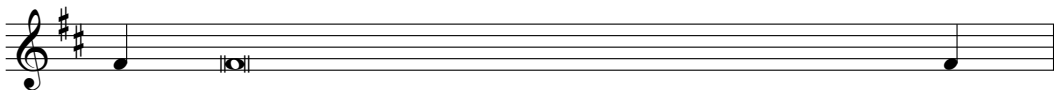
Cantor: 
 Be - cause with the Lord there is mercy and fullness of redemp-tion,

 Is - rael indeed he will redeem from all its in - i - qui - ty.

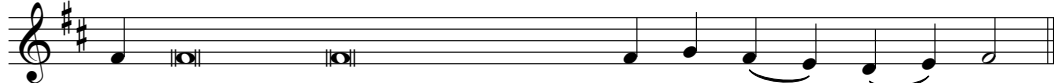
All: (3) 
 I am as guilt-y as the prod - i - gal, I have turned a - way from your grace




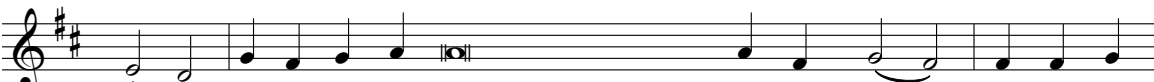
and squand-ered the wealth of your good - ness. So I run to you, cry-ing:
I have sinned. O com-pas-sion-ate God, have mer - cy on me.


If it is the Fourth Friday in the Great Fast, first sing in Tone 7:


Cantor: 

Be - cause with the Lord there is mercy and fullness of redemp-tion,


All: ^③ 


Is - rael indeed he will redeem from all its in - i - qui - ty.
I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute


beast. I can no long-er raise my eyes to you, O Most High; but bow-ing



low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on


me and save me, O God.


Then continue with the Friday stichera in Tone 7, on the next page.

Cantor: 


Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

All: ⁽²⁾ 


Glo-ry to you, O Christ our God, boast of the a-pos-tles and joy of the




mar - tyrs who pro-claimed the Trin - i - ty, one in es - sence.

Cantor: 


Strong is the love of the Lord for us; he is faith-ful for-ev - er.

All: ⁽¹⁾ 


In the be - gin - ning you cre-a - ted man ac - cord-ing to your im-age




and like-ness. You placed him in paradise to rule o-ver your crea - tures,



but, de-ceived by the en-vy of the dev-il, he trans - gressed your commandments



by partak-ing of food. There-fore, you con-demned him to re - turn

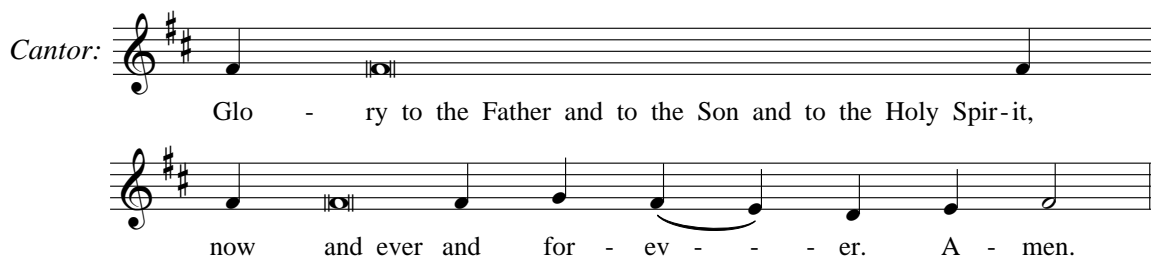


to the earth from which he was tak - en, and to beg



for re - pose, O Lord.

The faithful STAND.

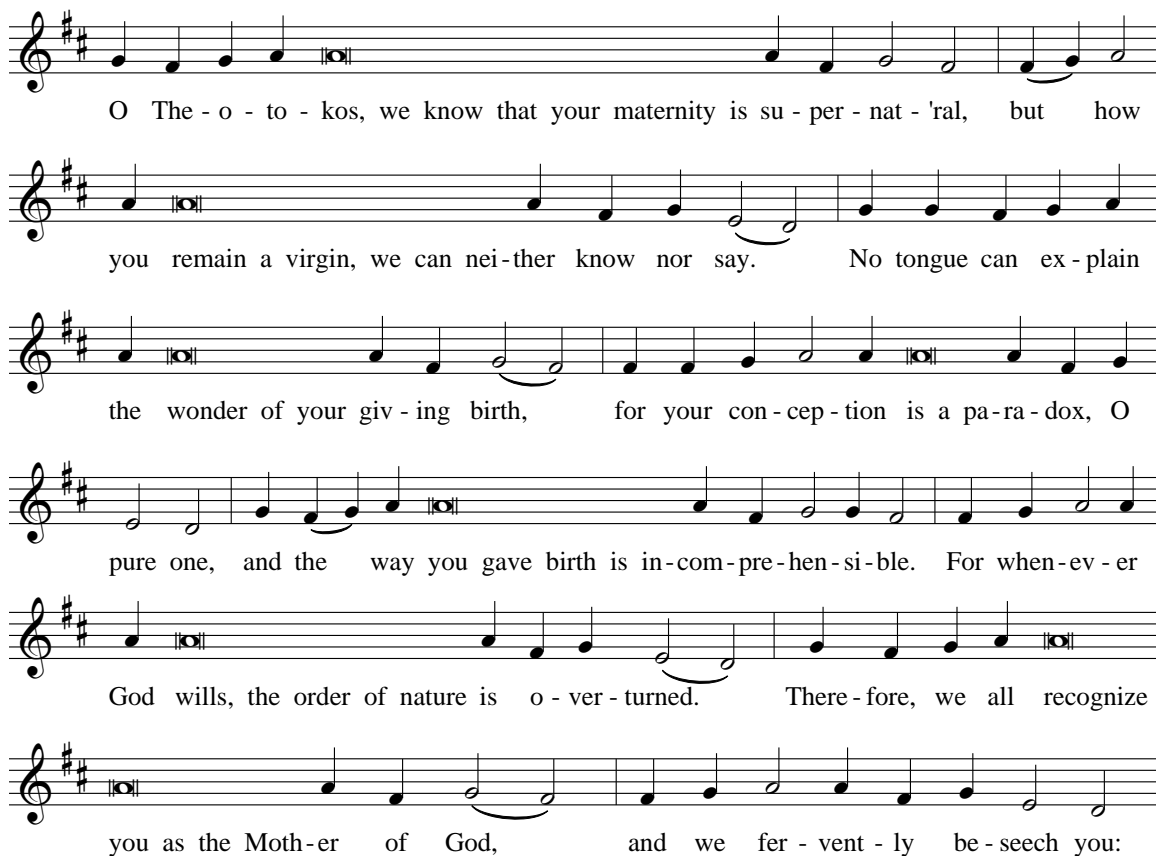


Cantor:

Glo - ry to the Father and to the Son and to the Holy Spir-it,

now and ever and for - ev - - er. A - men.

Dogmatikon - All:



O The - o - to - kos, we know that your maternity is su - per - nat - 'ral, but how

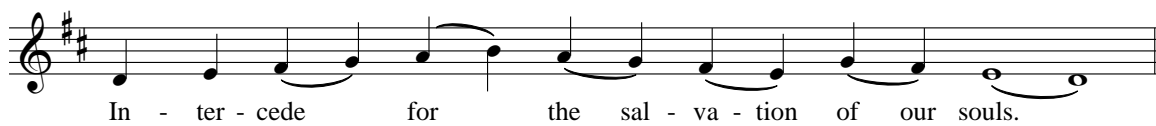
you remain a virgin, we can nei-ther know nor say. No tongue can ex - plain

the wonder of your giv - ing birth, for your con - cep - tion is a pa-ra - dox, O

pure one, and the way you gave birth is in-com-pre-hen-si-ble. For when-ev - er

God wills, the order of nature is o - ver - turned. There - fore, we all recognize

you as the Moth-er of God, and we fer - vent - ly be - seech you:






The service continues on page 88. ➞

Friday Evening Stichera in Tone 8

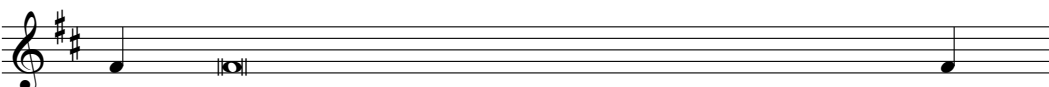
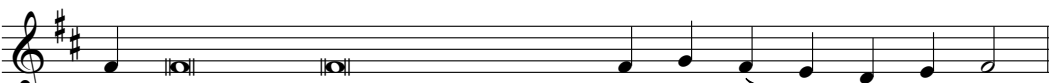
If it is the Second Friday in the Great Fast, first sing in Tone 4:

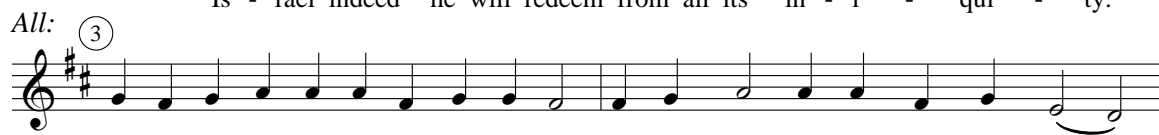
Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp-tion,

Is - rael indeed he will re-deem from all its in - i - qui - ty.

All: 
Now is the ac - cept - a - ble time, now is the day of sal - va - tion.

In the abundance of your mer - cy, look down on my soul and

take away the bur - den of my sins; for you a - lone love us all.

If it is the Third Friday in the Great Fast, first sing in Tone 7:

Cantor: 
Be - cause with the Lord there is mercy and fullness of redemp-tion,

Is - rael indeed he will redeem from all its in - i - qui - ty.

All: 
I am as guilt-y as the prod-i-gal, I have turned a - way from your grace

and squand-ered the wealth of your good - ness. So I run to you, cry-ing:
I have sinned. O com-pas-sion-ate God, have mer - cy on me.

If it is the Fourth Friday in the Great Fast, first sing in Tone 7:

Cantor:

Be - cause with the Lord there is mercy and fullness of redemp-tion,
Is - rael indeed he will redeem from all its in - i - qui - ty.

All:

I have en-slaved the dignity of my soul to the pas-sions. I have be-come a brute
beast. I can no long-er raise my eyes to you, O Most High; but bow-ing
low like the publican, I be-seech you, O Christ, cry-ing out: Have mer-cy on
me and save me, O God.

Then continue with the Friday stichera in Tone 8, on the next page.



Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

All: ②



O mar-tyrs of the Lord, you sanc-tify every place and cure ev-'ry ill.



We be-seech you to pray that our souls be saved from the snares of



the en - e - my.

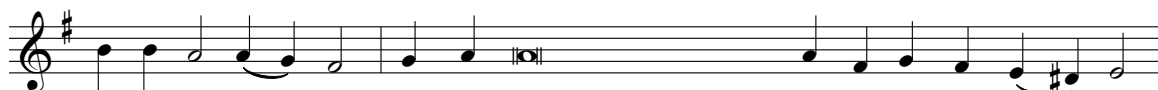


Strong is the love of the Lord for us; he is faith - ful for-ev - er.

All: ①



I weep and la - ment when I con-tem-plate death and be-hold,



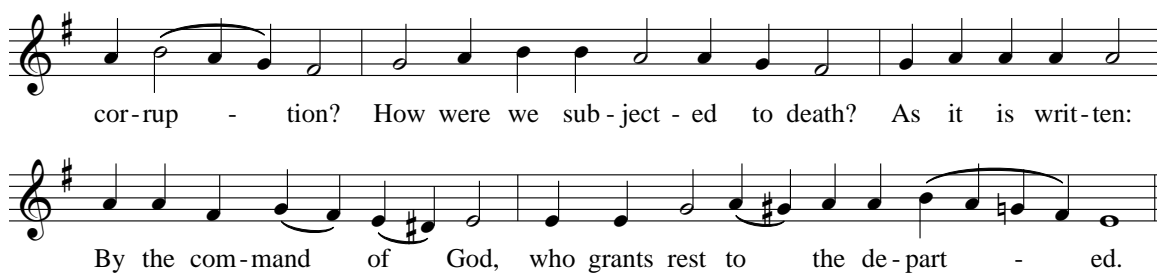
ly-ing in the grave, the beau-ty fashioned for us by God in his own im - age



dis-fig - ured, deformed, and with-out dis-tinc - tion. Oh, what a won - der!



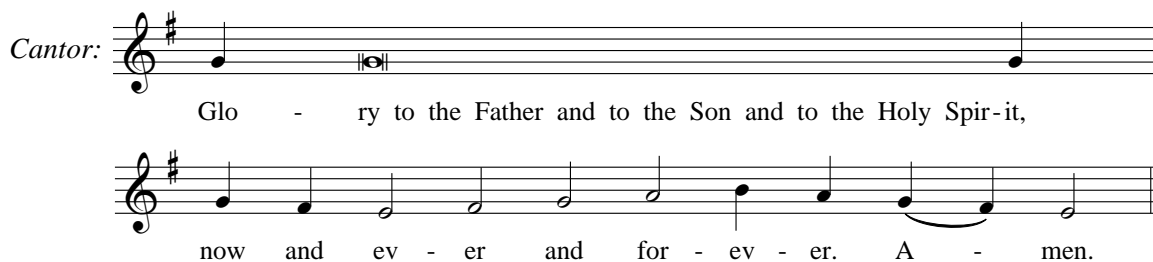
How does this mys-te - ry hap - pen to us? How were we handed over to



cor-rupt - tion? How were we sub - ject - ed to death? As it is writ-ten:
By the com-mand of God, who grants rest to the de-part - ed.

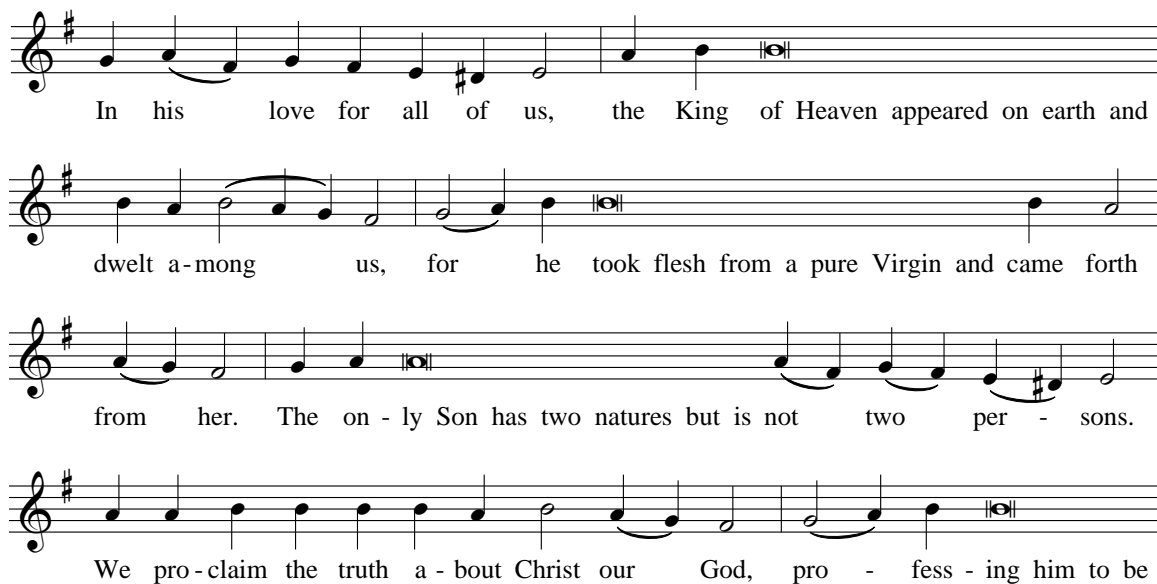
The faithful STAND.

Cantor:



Glo - ry to the Father and to the Son and to the Holy Spir-it,
now and ev - er and for - ev - er. A - men.

Dogmatikon - All:



In his love for all of us, the King of Heaven appeared on earth and
dwelt a-mong us, for he took flesh from a pure Virgin and came forth
from her. The on - ly Son has two natures but is not two per - sons.
We pro-claim the truth a - bout Christ our God, pro - fess - ing him to be



both perfect God and per - fect man, Be - seech him, O un - wed - ded Moth - er,
to have mer - - - cy on our souls.

The service continues on page 88.



Prayers of Preparation for Holy Communion

The following prayers are recommended as a personal preparation.

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.
Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of Blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. *(Three times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. *(Three times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever and forever.

Amen.

Lord, have mercy. *(Twelve times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

PSALM 22

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.

Near restful waters he leads me,
to revive my drooping spirit.
He guides me along the right path;
he is true to his name.

If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Your mercy, O Lord, shall follow me
all the days of my life.
In the Lord's own house shall I dwell
forever and ever.

PSALM 23

To the Lord belong the earth and its fullness,
the world and all who dwell in it.
It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?
The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbor.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory?
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of glory?
He, the Lord of armies,
he is the king of glory.

PSALM 115

I trusted even when I said:
“I am sorely afflicted,”
and when I said in my alarm:
“No man can be trusted.”

What can I return to the Lord
for all he has given me?
I shall take the chalice of salvation,
and call upon the name of the Lord.

My vows to the Lord I will fulfill
before all his people.
Precious in the eyes of the Lord
is the death of his faithful.

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make;
I shall call on the Lord's name.

My vows to the Lord I will fulfill

before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Then three times, with a bow each time:

Alleluia! Alleluia! Alleluia! Glory to you, O God! *(Three times)*

Lord, have mercy. *(Three times)*

TROPARIA OF PREPARATION

O Lord, born of the Virgin, do not look upon my sins, but cleanse my heart, and make it a temple for your most pure Body and precious Blood. Do not cast me away from your presence, for you are merciful without limit.

Glory to the Father, and to the Son, and to the Holy Spirit.

How can I approach and partake of your holy mysteries, for I am unworthy; and if I come to your wedding feast without the proper garment of worthiness of heart, I would but earn my condemnation. However, you, O Lord, are able to cleanse my soul and call me to the table of salvation. For you are the Lover of us all.

Now and ever and forever. Amen.

O Mother of God, great is the number of my sins, but I hasten to you, seeking salvation; visit my soul in its weakness and pray to your Son our God to grant me the forgiveness of my evil deeds. For you alone are truly blessed.

TROPARION OF GREAT AND HOLY THURSDAY

While the illustrious disciples were enlightened as their feet were washed at the supper, the ungodly Judas, darkened by a sick love of silver, betrayed you – the just judge – to lawless judges. See how a money-hungry man hanged himself because of it; and flee the greedy soul who would do such things to the Teacher. O Lord, so good to everyone, glory to you!

Lord, have mercy. *(Forty times)*

1. Prayer of Our Holy Father Basil the Great

Lord and Master Jesus Christ, my God, source of life and immortality, maker of all things visible and invisible, coeternal Son of the immortal Father, accept the repentance of me, a sinner. Incline your ear and hear my prayer: I have sinned, O Lord, I have sinned before your face, and I am not worthy to lift up my eyes to your glory. I have provoked your goodness; I have transgressed your commandments and disobeyed your statutes. O Lord, be long-suffering with me and show me your mercy. O you who said through the prophet, "I desire not the death of the sinner, but that he may repent and live," show me your love and forgive me. Wherefore, even unworthy of heaven and of earth as I am, I despair not of your salvation. In this life I have wholly yielded myself to sin and have become the slave of the pleasures of this world. I have defiled your image in me and turned my back on your loving kindness. When I consider your infinite compassion, I dare to come back to you, my God and my maker. Receive me, O Christ, as you received the Adulteress; accept me as you accepted the Prodigal Son, the Publican, and the thief on the cross. Take away the heavy burden of my sins, O you who take away the sins of the world. You heal human weaknesses and call to yourself and give rest to those who are weary and heavy-laden.

Cleanse me, O Lord, from every stain of flesh and spirit; teach me to fulfill your will in fear and holiness that, having the witness of a pure conscience, I may receive my share of your holy things and may be united to your body and blood. May I have you to abide in me with the Father and the Holy Spirit. Grant me to receive the bread and wine which are your body and blood until my last breath and, thereby, to receive fellowship with the Holy Spirit as a provision for the journey to eternal life, and as an acceptable defense at your dread judgment-seat. Together with all your saints, may I be a partaker of the good things you have prepared for those who love you, O Lord my God. Amen.

2. Prayer of Our Venerable Father John Damascene

Lord and Master Jesus Christ, my God, who alone have power to absolve from sins, forgive all my transgressions both voluntary and involuntary, committed in word or deed. O loving God, allow me to partake of your divine, glorious, and pure mysteries. Let my sharing in your body and blood be for the cleansing of my sins and the healing of my body and a pledge of the life to come and of your kingdom. You are a merciful God, loving, kind, and full of compassion, and to you I give glory, Father, Son, and Holy Spirit. Amen.

3. Prayer of Our Holy Father Basil the Great

I know, O Lord, that if I partake unworthily of your pure body and precious blood, I will be guilty! I will be eating and drinking my own condemnation, not discerning your body and blood. When I consider your loving kindness, O my Christ and my God, I dare come to you who said, "Whoever eats my flesh and drinks my blood remains in me and I in him." Be merciful to me a sinner, O Lord, and do not rebuke me. Deal with me according to your mercy. Let the bread and wine be for the healing of my soul and body, for the enlightenment of my mind, and for the protection of my life. Let them give me confidence in you and love for my brothers and sisters. Let them be for the amendment of my conduct, for perseverance, for increase in virtue, and for

perfection in the communion of your Holy Spirit. Give me your body and blood, O Lord, as a provision for the journey to eternal life and for an acceptable defense at your judgment-seat. Do not let them be for my judgment or condemnation. Amen.

4. Prayer of Our Holy Father Simeon the New Theologian

From defiled lips and from a vile heart, an unclean tongue, and a polluted soul, receive this prayer, O Christ. Reject not my words, nor my demeanor, nor my persistence. Allow me, my Christ, to speak boldly of my own desires. Moreover, teach me what you want me to do and say. I have sinned more than the woman in the city who, knowing where you dined, O Christ my Master and God, bought ointment and dared to anoint your feet. As you did not reject her whose heart led her to you, do not despise me, O Word, but allow me also to clasp and embrace your feet and anoint them with a flood of tears, as with a precious ointment. Wash and purify me with your tears, O Word. Forgive my trespasses and grant me pardon. You know the multitude of my evil-doings. You know my wounds and my sores. But you also know my faith. You know what I intend to do and you hear my sighing. No tear is hidden from you, O God, my maker and deliverer. Your eyes behold that which I have not yet done, for in your book is written that which has not yet come to pass. Consider my lowliness. Look upon my affliction and pain. Forgive my every sin, O God of All, that with a pure heart, a fearful mind, and a contrite spirit, I may partake of your undefiled and most holy mysteries that bring divine life to all who eat and drink with a pure heart. For you said, O Master, “Whoever eats my flesh and drinks my blood remains in me and I in him.” True in every way is the word of my Lord and God. Partaking of deifying grace, I am no longer alone but with you, my Christ, the Light of the World. Do not allow me to live apart from you, O Giver of Life, who are my breath, my life, my joy, and the salvation of the world. Therefore, I draw near and you see my tears and my contrite soul. I beseech you, deliver me from my sins and grant me to partake without condemnation of your pure and life-creating mysteries, that, according to your word, you may remain in me, as wretched as I am. For, if I am found fallen from your grace, the tempter may deceive me and entice me from your deifying precepts. For this reason, bountiful Lord, I fall down before you and earnestly cry to you: As you accepted the Prodigal Son and the woman in the city when she came to you, so also receive me, prodigal and vile as I am. Now turning to you with contrition, O Savior, I know that no one has sinned against you as I have, nor done the things I have done. Yet I know too that neither the magnitude of the transgression nor the multitude of the sins surpasses the long-suffering patience of my God and his exceeding love for us. In your merciful compassion you cleanse and brighten those who earnestly repent, and you make them partakers of the light and of your divine nature. Strange as it may seem to angels and human reason, you speak to us as if we are true friends. Inspired with boldness, confident of your rich mercy, O Christ, and with both rejoicing and trembling, I who am like grass partake of fire, and, amazingly, I am refreshed and, like the burning bush of old, I am not consumed. Filled with gratitude, I worship, glorify, and magnify you, my God, for you are blessed, now and ever and forever. Amen.

5. Prayer of Our Holy Father John Chrysostom

O God, absolve, remit, and forgive the transgressions I have committed in thought, word, or deed, voluntarily and involuntarily. Pardon all my sins, for you are a gracious and loving God. Allow me to receive your holy body and blood for the good of my soul and the healing of my body; through the prayers of your most pure Mother, of the spiritual and holy powers of heaven who serve you in holiness, and of all the saints who have pleased you since time began. Yours is the kingdom and yours is the glory, Father, Son, and Holy Spirit. Amen.

When you approach for holy communion, you may say in your heart:

Behold, I draw near to divine communion, O Creator; let me not be destroyed. For you are fire to consume the unworthy. Then rather cleanse me from all that defiles.

The blood that makes divine, O (wo)man, let it be your fear, let it be your dread. It is fire to consume the unworthy. The divine body makes me a partaker of the divine nature, and likewise feeds me. It makes the spirit divine and wondrously nourishes the mind.

You have ravished my heart with your love, O Christ; your divine care has converted my soul. Yet, consume my sins with celestial fire.

Grant me to delight in you. Let me rejoice and exalt your incarnation and your second coming, O gracious Lord.

How shall I enter, unworthy as I am, into the splendor of your holy place? If I dare to go along into the bridal chamber my clothing will condemn me, for it is not wedding attire, and I will be bound and cast out by the angels. Purify my filthy soul, O Lord, and save me, for you love us all.

Loving Master, Lord Jesus Christ, my God, let not these holy gifts be to my judgment, in that I am unworthy; but rather for the cleansing and hallowing of soul and body and as a pledge of life eternal and the kingdom. For I hold it good to cling to God; to hope in the Lord for my salvation.

Thanksgiving Prayers After Holy Communion

Glory to you, our God, glory to you. (*Three times*)

1. Prayer of Our Holy Father Basil the Great

Lord my God, I thank you; for you have not rejected me, a sinner, but have made me worthy to be a partaker of your holy mysteries. I thank you for allowing me, unworthy as I am, to be a partaker of your most pure and heavenly gifts. O Lord who love us all, you died and rose for our sake; and you have given us these awesome and life-creating mysteries for the benefit and sanctification of our souls and bodies. Grant that they may bring about the healing of my soul and body; the defeat of every enemy; the enlightenment of the eyes of my heart; the calming of my thoughts and emotions; a faith that cannot be confounded; a love that does not pretend; a wisdom that overflows; the full observance of your commandments; the increase of your divine grace; and citizenship in your kingdom.

Being preserved in your holiness by them, I will remember your love at all times. I will live no longer for myself, but for you, my Lord and Benefactor. Thus, having spent my earthly life in the hope of life without end, I will attain eternal rest where the sound of rejoicing never ceases, where the delight of those who gaze upon the beauty of your face cannot be expressed.

For you, Christ our God, are our true desire, and the inexpressible joy of those who love you; and all creation glorifies you forever. Amen.

2. Prayer of Our Venerable Father John Damascene

God, my God, all-consuming invisible fire, you make your angels flaming fire. In your inexpressible love, you have condescended to give me your divine flesh. You have allowed me to partake of your divinity by possessing your most pure body and precious blood. May they penetrate my entire body and spirit and all my bones. May they burn away my sins, enlighten my soul, and brighten my understanding. May they sanctify me, make a dwelling-place in me so that I too may be in you forever, with your blessed Father, and your all-holy Spirit, through the prayers of your most pure Mother and all your saints. Amen.

3. Prayer of Our Holy Father John Chrysostom

Christ our God, mystically you have made me worthy to be a partaker of your most pure body and precious blood. I praise, bless and worship you; I glorify you and extol your salvation, O Lord, now and ever and forever. Amen.

4. Prayer to the Most Holy Theotokos

Most holy Lady, Theotokos, light of my darkened soul; my hope, my protection, my refuge, my comfort, and my joy: I thank you for enabling me, unworthy as I am, to be a partaker of the most pure body and precious blood of your Son.

You gave birth to the true Light; enlighten the eyes of my heart. You bore the source of immortality; give life to me who am dead in sin. O compassionate and loving Mother of the merciful God, have mercy on me; grant me compunction and contrition of heart, humility of

mind, and the recollection of my scattered thoughts. Make me worthy, even until my last breath, to receive the most pure and sanctifying mysteries without condemnation for the healing of my soul and body. Give me tears of repentance and confession that I may praise and glorify you all the days of my life; for you and blessed and glorified forever. Amen.

5. Another Prayer

O Lord Jesus Christ our God, may your holy body bring me everlasting life and may your precious blood remit my sins. May this Eucharist give me joy, health and happiness. At your dread second coming, grant that I, a sinner, may stand at the right side of your glory, through the prayers of your most pure Mother and of all the saints. Amen.

Psalm 33

I will bless the Lord at all times,
his praise always on my lips;

in the Lord my soul shall make its boast.
The humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,
not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.