

**Matins Propers**  
**Sunday of the Myrrh-bearing Women**

*All page references are to **The Order of Matins on Sundays After Pentecost, 2006***

*After "Glory to the holy, consubstantial...Amen", the following is sung, once by the celebrant and twice by the faithful:*

**Troparion - Special Tone 5**

Christ is ris - en from the dead! By death he tram - pled death,  
and to those in the tombs he grant - ed life.

*The service continues with the Hexapsalmos and the Litany of Peace.*

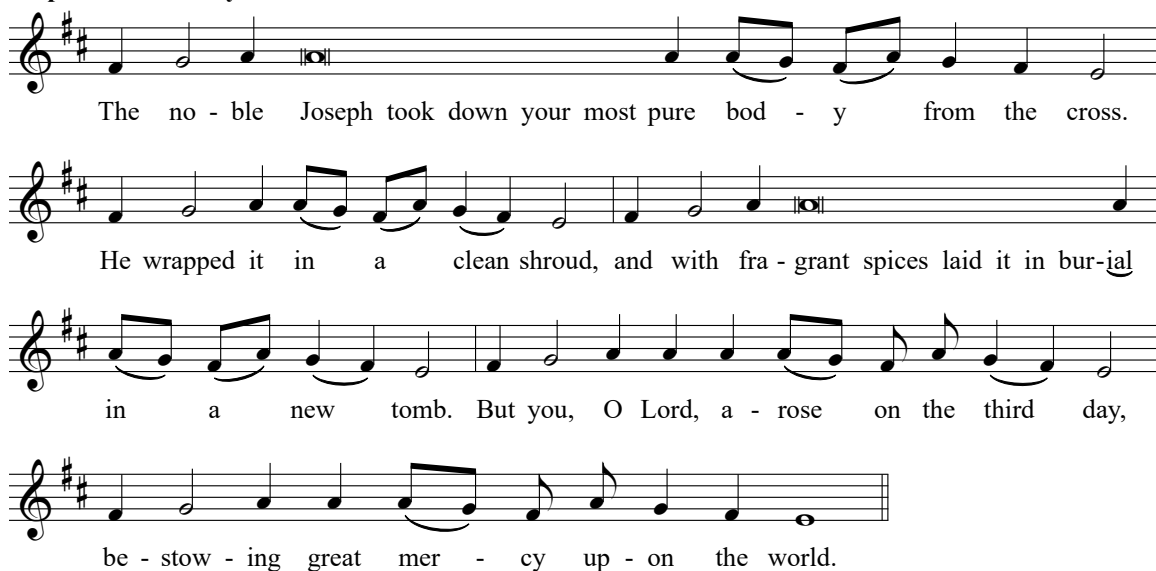
*"The Lord is God", Tone 2, p. 99.*

**Troparion of the Resurrection - Tone 2 (sung twice)**

When you de - scend - ed to death, O Im - mor - tal Life, you de - stroyed  
Ha - des by the brilliance of your di - vin - i - ty; and when you raised the dead  
from the depths of the earth, all the heav - en - ly pow - ers cried out:  
O Giv - er of Life, Christ our God, glo - - - ry to you.

**Cantor:** Glory...

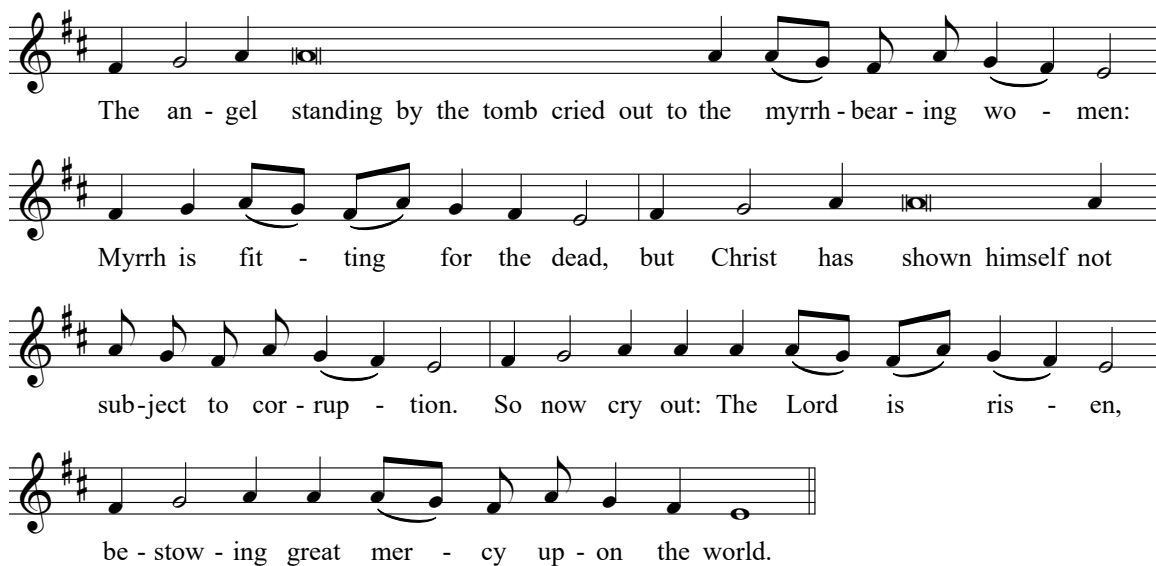
**Troparion of the Myrrh-bearers - Tone 2**



The no - ble Joseph took down your most pure bod - y from the cross.  
He wrapped it in a clean shroud, and with fra - grant spices laid it in bur - ial  
in a new tomb. But you, O Lord, a - rose on the third day,  
be - stow - ing great mer - cy up - on the world.

**Cantor:** Now and ever...

**Second Troparion of the Myrrh-bearers - Tone 2**



The an - gel standing by the tomb cried out to the myrrh - bear - ing wo - men:  
Myrrh is fit - ting for the dead, but Christ has shown himself not  
sub - ject to cor - rup - tion. So now cry out: The Lord is ris - en,  
be - stow - ing great mer - cy up - on the world.

**Sessional Hymn 1 - Tone 2**



You did not pre-vent the seal-ing of the stone at your tomb, and by your Resurrection



you bestowed on all the rock of fi-del-i-ty. O Lord, glo - - - ry to you!

**Cantor:** Arise then, Lord, lift up your hand.

O God, do not forget the poor

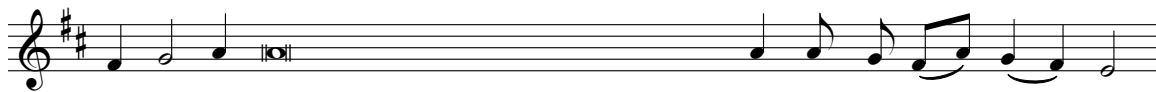


You did not leave the bos-om of the Fa - ther, yet for our sal - vation you accepted



the tomb and the Res - ur - rec - tion. O Lord, glo - - - ry to you!

**Cantor:** Glory...now and ever...



O The - o - tokos, the mysteries surrounding you are ex-ceed-ing-ly glo - rious,



and be-yond the pow-er of un - der - stand - ing. For you re-tained



the seal of pur - i - ty, and your vir - ginity re - mained in - vi - o - late;



yet you are ac - knowledged, with-out doubt, to be the Mother who gave birth

to the true God. We beg you, therefore, to en - treat him to save our souls.

**Sessional Hymn 2 - Tone 2**

The myrrh - bear - ing women ar-rived ear - ly in the morn - ing and see - ing

the tomb of the Lord empty, they ran to the a - pos - tles and said: The Might - y

One has bro - ken the strength of Death and has de - livered all those held in the

bonds of Ha - des. An - nounce with great confidence that Christ our God

is tru - ly ris - en and grants great mer - cy to us.

**Cantor:** I will praise you, Lord, with all my heart;  
I will recount all your wonders.

The wom - en pre-pared myrrh to a - noint you, and se - cret - ly came to your

tomb ear - ly in the morn - ing. They feared the bold - ness of the Jews,

and they ex - spect - ed the sol - diers to be keep - ing guard. But their  
 weak-ness tri-umphed o - ver man - ly strength for ten - der - ness finds  
 fa - vor with God. And so they cry out: A - rise, O Lord,  
 pro - tect us and save us for the love of your name.

**Cantor:** Glory...now and ever...

We praise you, O The - o - to - kos, for you are covered with glo-ry  
 more than an - y oth - er. Death has been put to death and Ha-des tram - pled  
 un - der-foot by the Cross of your Son. He raised us from death grant-ing  
 us e - ter - nal life. Par - a - dise is again offered for us to en - joy as be - fore.  
 There - fore, in thanksgiving we glorify the love and pow - er of Christ our God.

*The service continues with Psalm 118 and "Hosts of Angels", p. 18.*

*Hypakoe and Gradual Hymns, Tone 2, p. 104.*

*Prokeimenon, Tone 2, p. 107.*

*The third Resurrection Gospel: Mark 16: 9 - 20.*

*Hymn of the Resurrection, p. 26.*

*Psalm 50 with stichera, p. 28.*

## Canon

### Ode 1

#### Irmos

Take up the song of Mo - ses and cry a - loud,  
O my soul: He is my help - er and pro - tec - tor,  
and is be - come my sal - va - tion; this is my God  
and I will glo - ri - fy him.

#### Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

You suffered bodily on the Cross, O divinity beyond all suffering, and your side was pierced, opening a stream of blood and water to the world. You are our God and we glorify you. *Refrain*

I venerate your crucifixion; I glorify your burial; I praise and adore your Resurrection, and I cry out to you, O Lord of goodness: You are our God and we glorify you. *Refrain*

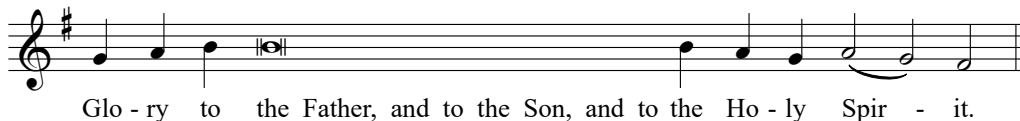
You have tasted the bitter gall, O Lord in whom the Church finds its sweetness. From your side which was pierced with the lance you gushed forth our immortality. You are our God and we glorify you. *Refrain*

O Savior who raised the dead, you yourself were numbered among the dead; you tasted death even though your body did not undergo corruption in the grave. You are our God and we glorify you. *Refrain*

Zion rejoices and may heaven exalt in joy with us; for Christ is risen, raising the dead who now sing: You are our God and we glorify you. *Refrain*

Joseph wrapped your most pure body in a white shroud, O Christ, and he placed you in a new tomb, O Savior, even though as God you raise the dead. *Refrain*

Hastening early in the morning, the holy myrrh-bearers have seen Christ; they proclaimed to the disciples: Christ is truly risen; come with us and sing praise to him.



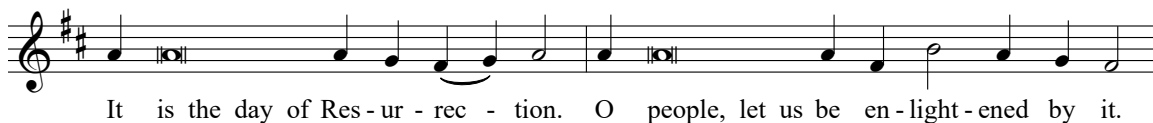
Most Holy Trinity, unique divinity, without beginning or end, Father, Son, and Holy Spirit, grant salvation to the world. You are our God and we glorify you.



In your womb, O most pure Virgin, you brought an end to the ancient curse. You blossomed forth our blessing by giving birth to your Child. He is God even though he bears our flesh.

**Katavasia**

*Tone 1 samopodoben*



The Passover is the Lord's Pass - o - ver, since Christ, our God, has brought  
 us from death to life and from earth to heav - en. We there - fore sing the  
 hymn of vic - to - ry.

**Ode 3**

**Irmos**

*Tone 2*

O God, the hus - band - man of all good trees and fruit,  
 make fruit - ful my bar - ren mind  
 in your com - pas - sion.

*Refrain*

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

On the Cross, O Jesus my Savior, you stretched out your hands pierced with nails to gather all your scattered people and lead them to the knowledge of God. *Refrain*

The people said to Pilate: Release Barabbas the criminal and raise up the Just One; crucify the sinless Lord. *Refrain*

When you were placed on the Cross, O Christ, the earth shook, light became dark, and many of the dead came forth from the grave venerating your power, O Lord. *Refrain*

Standing near your Cross, O Lord Jesus, your Mother cried out sighing: Alas, O my Son, where is the Lamb of God now going, the one who was immolated for the salvation of all? *Refrain*

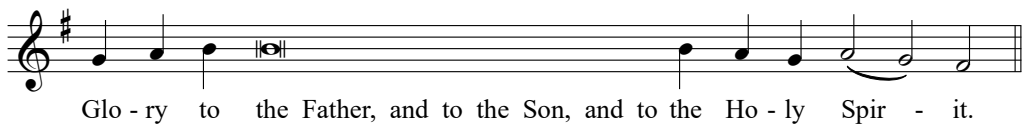
Bowing before your Cross and tomb, I praise your passion and the nails of your hands, together with the lance that pierced your side; and I worship your holy Resurrection. *Refrain*

Resurrected, you despoiled our Enemy; Adam and Eve were both freed, escaping the chains of death by your holy Resurrection. *Refrain*

When you resurrected, O Christ, the bars and gates of Hades were shattered; the chains of Death were broken, terrified by your power, O Lord. *Refrain*

May Joseph come and stand among us, saying: He is risen, the God whom I carried, Jesus the Redeemer, who in his love raised up Adam. *Refrain*

May the Twelve rejoice with us, with the myrrh-bearing women, with Joseph and the disciples of Christ, and with the holy women who followed Jesus.



Together with the Father, I also praise the Son, and I sing praise to the Spirit of truth. I adore the unique nature distinguished in three persons and united in one essence.



O blessed One of the root of Jesse! O holy Virgin, for our sake you gave birth in the flesh to the flowering rod who is Christ.

**Katavasia**

*Tone 1 samopodoben*



from the bar - ren rock, but from the foun - tain of im - mor - tal - i - ty,  
spring - ing up from the tomb of Christ. In him is our firm strength.

**Sessional Hymn - Tone 2**

With zeal, the holy women brought myrrh to your tomb, O Sav - ior,  
and their souls were filled with joy by a re - splend - ent an - gel. They pro - claimed  
you as the God of the u - ni - verse, and they cried joy - ful - ly to the dis - ci - ples:  
He is ris - en, our Lord and our Life.

**Cantor:** Glory...now and ever...

The choir of your disciples joined the myrrh - bear - ers with joy; to - geth - er  
with them we all cel - e - brate this feast and glo - ri - fy your ho - ly

Res - ur - rec - tion. Through their pray'rs, O Lord and Lover of us all, we  
 pray to you: Grant great mer - cy to your peo - ple.

**Ode 4**  
**Irmos**

*Tone 2*

Fore-see - ing your birth from a Vir - gin, the proph - et cried  
 a - loud: I have heard the re - port of you and was  
 a - fraid; for from Te - man and the o - ver - shad - owed  
 moun - tain have you come, have you come,  
 have you come, O Christ.

*Refrain*

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.





Now and ev - er and for - ev - er. A - men.

O Theotokos and most pure Virgin, implore without ceasing the One who dwelt in your womb and to whom you gave birth without seed, that he deliver me from the bond of my passions, for you can aid us as you wish.

**Katavasia**

*Tone 1 samopodoben*



Let Ha-bak-kuk, speak-ing in be-half of God, stand with us at the di-vine watch;



let him show us the brilliant an - gel who pro - claims: To - day, sal - va - tion



comes to the world; for Christ, be - ing al - might - y is ris - en.

**Ode 5**

**Irmos**

*Tone 2*



Driv-ing a - - - way the dark - ness of my soul



by the light of your di - vine com - mand-ments; en - light-en me,



O God and Sav - ior, for you on - ly are the King of Peace.



Stripping me of the ancient garment that had been woven for me by the power of iniquity, you have clothed me, O Lord, in the garment of immortality. *Refrain*

Alas, my sin has sewn me a garment of fig leaves; for I have followed the advice of the Serpent and not kept your commandment, O Savior. *Refrain*

My soul has been wounded by sin and injured by the robbers of thought. But Christ has come through Mary, and he will heal me by pouring on the ointment of his mercy. *Refrain*

Standing near the Cross of the Redeemer, the all-pure Theotokos cried out maternally and sighed: You now leave me all alone, O my Son and my God! *Refrain*

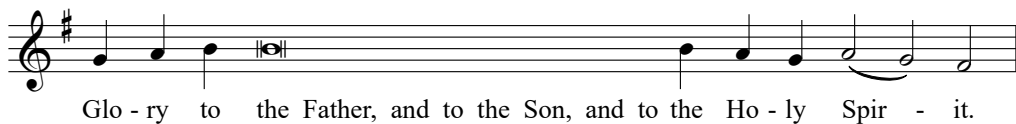
With the weapon of the Cross, you have destroyed the Serpent, that prince of evildoers; and by your Resurrection, O Lord, you have broken the sting of death. *Refrain*

O Death, where is your sting? Where is the victory of Hades? Rejoice, Adam, for Death is abolished by the life of him who is risen from the dead. *Refrain*

The myrrh-bearing women came to the tomb of him who carried life even to Hades, and they heard the good news of the Resurrection of Christ. *Refrain*

Celebrating today the memory of the holy myrrh-bearing women and of all your disciples, O Lord, we praise you in your radiant Resurrection *Refrain*

All the faithful, let us praise, as is fitting, the noble Joseph of Arimathea who took the body of Christ down from the Cross and piously gave him a respectful burial.



I worship you in three persons, O my God; I bow before the Father, the Son, and the most Holy Spirit, confessing the unity of the three persons.



We the faithful honor you with our hymns, for you surpassed nature in giving birth without seed to Christ, our only Lord who has himself renewed my corrupted nature.

**Katavasia**

*Tone 1 samopodoben*

Let us rise at ear-ly dawn and bring to our Mas-ter a hymn in-stead of myrrh,  
and we shall ssee Christ, the Sun of right-cous-ness, who en-light-ens  
the life of all.

**Ode 6**

**Irmos**

*Tone 2*

I am held fast, O Sav-ior, in the depths of sin and  
o-ver-whelmed by the sea of life: but, as you have  
brought out Jo-nah from the bel-ly of the whale, bring me  
out from the pas-sions and save me.

*Refrain*

Glo-ry to your ho-ly Res-ur-rec-tion, O Lord.



**Katavasia***Tone 1 samopodoben*

You have de - scend - ed into the realm of Death, O Christ, and have bro - ken



an - cient bonds which held the cap - tive. You a - rose from the tomb on the



third day like Jo - nah from the whale.

**Kontakion***Tone 2*

By your res - ur - rec - tion, O Christ our God, you told the myrrhbear - ers to re - joice;



and you stilled the weeping of Eve, the first moth - er. You com - mand - ed



your a - pos - tles to pro - claim: The Sav - ior is ris - en from the tomb.

**Ikos** Coming near to your tomb, O Savior, the myrrh-bearers hesitated, saying to each other: Who will roll the stone away from the tomb for us? They looked and saw that it had been rolled away. Startled by the sight of the radiant angel, they were seized with fear and wanted to flee, but the young man cried out to them: Do not be afraid! The One whom you seek is risen; come and see the place where the body of Jesus lay. Hasten to his disciples and proclaim to them:



The Sav - ior is ris - en from the tomb.

Ode 7

Irmos

Tone 2

As the cher - u - bim in heav - - en, the Chil - dren sang  
 to - geth-er in the fur - nace: Bless-ed are you, O God,  
 for in truth and judg-ment have you broughall these things  
 up - on us be - cause of our sins; and you are praised  
 a - - - bove all and glo - ri - - fied  
 for - - - ev - - - er.

*Refrain*

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

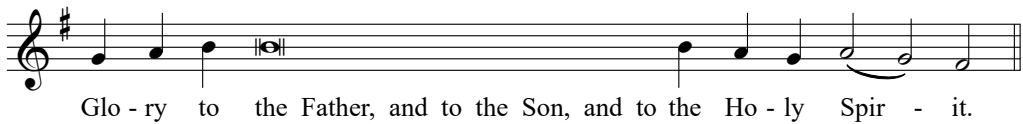
Wishing to save the work of your hands from wandering astray, O God of goodness, you endured being nailed to a cross to restore in your flesh, O Savior, the image that was broken by our passions. Destroying Hades, you raised up the dead with you. *Refrain*

Raised upon the Cross, O God of tenderness, you called all people back to you according to your promise. In truth, O Lord, you deigned to suffer death for our sins; even to the Thief you opened the gates of Paradise, O Savior. *Refrain*

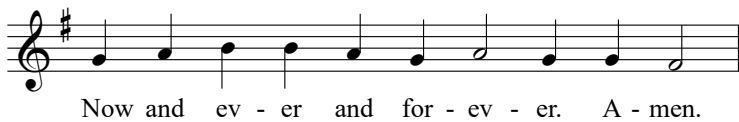
You raised the destroyed temple of your body from the grave on the third day according to your promise, so that you might truly manifest the glory that you share with us in faith; you freed the prisoners which Hades formerly held captive. *Refrain*

What do the stricken guards now say? How was he stolen whom they were not able to guard? If they did not see him raised up, how can they say that his body was stolen? The empty tomb together with the shroud and wrappings are witnesses to this. *Refrain*

Who is this dead One whom you guard? Why do you seal the stone for fear that someone might steal him? Behold now the tomb and the seals: How is he risen if he is not the Lord God? Rather believe the departed just ones who have appeared to many after their resurrection.



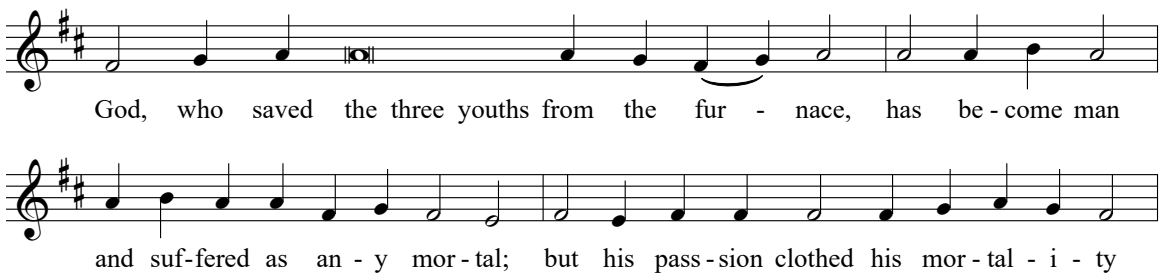
With the Father we also glorify the Son and the Holy Spirit, crying out with an unceasing voice: O Holy Trinity, have mercy on us! In your love, save us, O Divinity, glorified in three persons forever.



How have you held as an infant in your womb, O immaculate Virgin, the God whom the angels adore? According to the wisdom of his good will, he dwelt there to save all the children of Adam and to repeal the bitter condemnation that was reaped from the forbidden tree.

**Katavasia**

*Tone 1 samopodoben*



with the splendor of in - cor - rup - tion. He is the only blessed One, God of our  
fa - thers, and is wor - thy of all praise.

**Ode 8**  
**Irmos**

**Tone 2**

Let us praise him who, in the bush of old, pre - fig - ured the  
mir - - - - a - cle of the Vir - gin to Mo - ses on Si - nai;  
let us praise and ex - alt him a - bove all  
for - ev - - - - er.

*Refrain*

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

The rays of the sun were hidden in fear when they saw the sufferings of Christ. The dead rose up and the mountains trembled; the earth shook in fright and Hades was deprived of its spoils. *Refrain*

In days of old the thrice-blessed youths raised their hands in the furnace, Thus they prefigured the image of your precious Cross on which you, O Jesus Christ, shattered the power of the Enemy. *Refrain*

The arguments of the unbelievers are nothing but lies! For the soldiers saw nothing in their sleep. Who rolled away the stone from the tomb? It was none other than Christ who is risen and has raised all the dead with him. *Refrain*

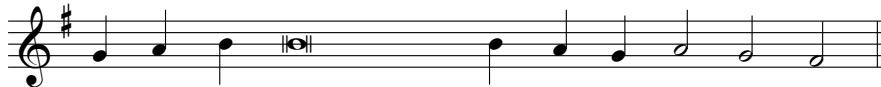
Who dried up the sterile fig tree? Who healed the paralyzed hand? Who fed the multitude in the desert? It was none other than Christ our God, who raised all the dead with him. *Refrain*

Who gave sight to the blind? Who healed the lepers and the lame? Who made the people cross the Red Sea as if on dry land? It was none other than Christ our God, who raised all the dead with him. *Refrain*

Who raised from the tomb the man who was dead four days? Who raised the dead son of a widowed mother? Who freed the paralytic from his mat? It was none other than Christ our God, who raised all the dead with him. *Refrain*

The rock itself is a witness together with the tomb that was guarded by the soldiers; even the seals placed on the tomb say: Christ is truly risen! He lives forever! *Refrain*

Christ is truly risen; Hades is empty, the Serpent is crushed, and Adam returned to grace. Despite the doubts of the impious, the entire human race is saved by Christ.



Let us bless the Father, Son, and Ho - ly Spir - it, Lord.

Together with the Father we also glorify the Son and the Holy Spirit as one God, the Holy Trinity, and we sing this hymn: Holy, holy, holy are you, O Lord, forever.



Now and ev - er and for - ev - er. A - men.

O Virgin, you carried the bread of heaven and the wheat of eternity in your womb. Without change or mixture you kneaded him from the dough of humanity and gave birth to him; having two natures, he is the only Christ and our God.



Let us praise, bless, and wor - ship the Lord, sing - ing and highly exalting him a - bove

all for - ev - er.

**Katavasia**

*Tone 1 samopodoben*

This is that cho - sen and ho - ly day, Feast of feasts, most sol - emn day,  
on - ly king and lord of all Sab - baths, on which we ev - er praise Christ.

*The Canticle of the Theotokos is **not** sung.*

**Ode 9**

**Irmos**

**Tone 2**

Who, a - mong those born up - on earth, has ev - er seen or  
heard of such a thing? That a Vir - gin should con - ceive  
and with - out pain or tra - vail bear a child. Be - hold - ing  
this your won - der, O Mar - y, pure The - o - to - kos,  
we ex - tol you.



On the Cross the Good Thief recognized you as God, and you made him an inhabitant of the heavenly Paradise when he said: Remember me, O almighty Savior. *Refrain*

For us you were insulted by the faithless and lawless impious ones, even though you were the One who wrote the tablets of the Law for your servant Moses on Sinai. *Refrain*

For us, O Savior, you drank vinegar and gall, even though you were the One who gave your body and precious blood as the nourishment for eternal life. *Refrain*

A sword pierced your life-giving side, o Christ, bringing forth blood and water as a source of eternal life for the world. *Refrain*

You were numbered among the dead, even though you gave life to us who were placed in the tomb. You emptied the tombs when you conquered Hades and raised up Adam. *Refrain*

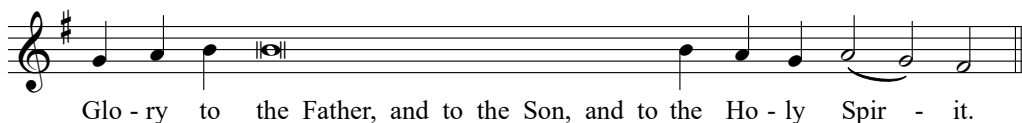
You are risen, O Jesus, and the Enemy is in chains; both Hades and the tombs are emptied, and the dead rise up to adore you. *Refrain*

Who would steal a dead body, especially a naked one? This is no myth; Christ is risen breaking down the gates and bolts of Hades. *Refrain*

Glory to you, o Christ, Savior and Source of life; you have made light dawn upon the darkness of error, illuminating the whole world by your Resurrection. *Refrain*

Let us praise Joseph, the noble counsellor; together with the myrrh-bearers and the disciples of the Lord, he attests to the Resurrection of Christ. *Refrain*

O faithful, let us praise Joseph of Arimathea, together with Nicodemus and the ointment-bearing women; for they said: The Lord is truly risen!



O eternal Father and uncreated Son, sharing the same throne with the Spirit, you are the only true God, in the triple unity of nature and the trinity of persons.



Now and ev - er and for - ev - er. A - men.

Jesse rejoices and David exalts! Behold, here is the Virgin who, as a branch planted by God, has given birth to Christ the eternal Flower.

**Katavasia**

*Tone 1 samopodoben*



Shine in splen - dor, O new Je - ru - sa - lem; for the glo - ry of the Lord



is ris - en up - on you. O Zi - on, now dance and be glad; and



you, pure The - o - to - kos, re - joice in the res - ur - rec - tion of your Son.

*"Holy is the Lord" Tone 2. p. 122.*

### Hymns of Light

You, O King and Lord, have fallen asleep in the flesh as a mortal man, but on the third day you arose. You have raised Adam from his corruption and made Death powerless. You are the Pasch of incorruption. You are the salvation of the world.

*Glory...now and ever...*

O myrrh-bearing women, listen to the news that brings joy: I have put Hades, that cruel tyrant, to flight; I have made the world rise from the depths of the tomb; I hasten to my friends, the disciples, and quickly bring this news to them. For it is my will that the work of my hands shines with joy because in days of old it gave birth to sorrow.

## Psalms of Praise

*Psalms of Praise, Tone 2, p. 122, concluding with:*

**Cantor:** Glory...

### **Doxastikon of the Myrrh-bearers - Tone 2**

The com - pan - ions of Mary were bear - ing oint - ments and won - der - ing  
how they would car - ry out their plan; but they saw the stone re - moved and a  
di - vine messenger ap - peared to them, and he gave peace to their trou - bled souls.  
For he said that the Lord Je - sus is ris - en. Take the  
good news to his dis - ci - ples and mes - sen - gers, so that they may go a - head to  
Gal - i - lee where they will see him ris - en from the dead. He is the Lord and  
Giv - er of life.

*Theotokion for normal Sundays, p. 40.*

*Great Doxology p. 41.*

*Troparion "You came forth from death..." p. 45.*

*Litany of Supplication, p. 45.*

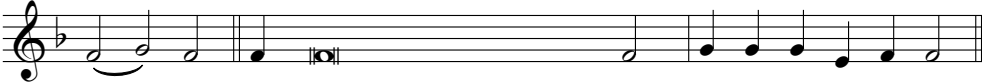
*Prayer over Bowed Heads, p. 47.*

## Paschal Dismissal

**Deacon:** Wisdom!

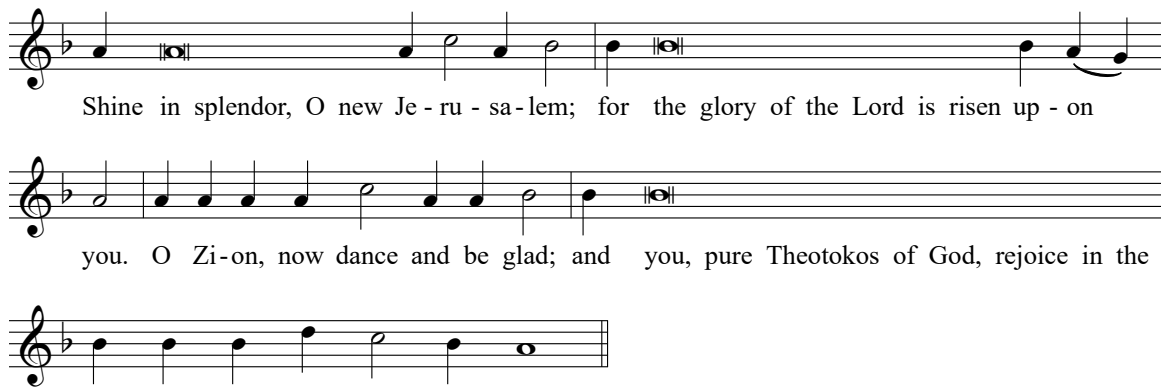
**Response:**   
Give the bles-sing.

**Celebrant:** Blessed is Christ our God, the One-Who-Is, always, now and ever and forever.

**Response:**   
A - men. O God, strengthen the true faith, for-ev - er and ev - er.

**Celebrant:** O most holy Theotokos, save us!


**Response:**



Shine in splendor, O new Je - ru - sa - lem; for the glory of the Lord is risen up - on  
you. O Zi-on, now dance and be glad; and you, pure Theotokos of God, rejoice in the  
res - ur - rec - tion of your Son.

**Celebrant:** Glory to you, O Christ our God, our hope; glory to you!

**Response:**



Christ is ris-en from the dead! By death he tram-pled death; and to those in the tombs

he grant - ed life. Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Give the bles - sing.

**Celebrant:** May Christ our true God, risen from the dead, have mercy on us and save us through the prayers of his most pure Mother, through the might of the precious and life-creating Cross, through the prayers of the holy, glorious and praiseworthy apostles, of the holy \_\_\_\_\_ (patron of this Church), and of the holy \_\_\_\_\_ (commemorated this day), and through the prayers of all the saints; for he is gracious and loves us all.

**Response:**

A - - - - - men.

*After the Dismissal, the celebrant says three times: “Christ is risen!” and the faithful respond each time: “Indeed he is risen!” The celebrant then sings once: “Christ is risen from the dead! By death . . .,” and the faithful sing:*

Christ is ris - en from the dead! By death he tram - pled death; and to those in the

tombs he grant - ed life. And to us he grant - ed life e - ter - nal.

Let us bow be - fore his resur - rec - tion on the third day!

*After the Dismissal, the second Gospel Stanza is sung, p. 55.*