

and grant to me a torrent of ever-liv-ing nour - ish - ment by your
sup - pli - ca - - - tions,

The service continues on page 9.

Prokeimenon for the first Sunday of the Great Fast.

Aposticha of the first Sunday of the Great Fast.

**Vesper Propers on the Evening of the
First Sunday of the Great Fast
March 10, 2019**

Our holy father Sophronius, patriarch of Jerusalem. He had John Moschus as a teacher and friend, with whom he visited monastic sites. He was elected patriarch of the see after Modestus. When the Holy City fell into the hands of the Saracens, he defended with vigor the faith and the safety of the people. (644)

Supplement for The Order of Vespers on the Sunday of Forgiveness (Cheesefare Sunday) and the Sundays of the Great Fast.

Psalm 140 and Stichera of Repentance in the tone of the week (Tone 1)

Stichera of the First Sunday of the Great Fast. Then:

Tone 4

Cantor *(on 3)*

Be-cause with the Lord there is mercy and fullness of redemp-tion, Is - ra - el
indeed he will re-deem from all its in - i - qui - ty.

Stichera of our holy father Sophronius - Tone 4 samohlasen

3

Named for moderation, O So - phro - ni - us, you were called be-fore time by
God. Wise and temperate in your deeds, you were just, reasona-ble, cou - ra - geous,
crowned with vir - tues and ta - lents. Like a pru - dent stew-ard you

ra - tion out what - ever is ne - cess - a - ry for bo - dy and soul.

Cantor *(on 2)*

Praise the Lord, all you na-tions, ac-claim him all you peo - ples!

②

From your mouth as a the-o - lo - - gian, O bles-sed So-phro - ni - us,

you thundered forth the resounding doc-tri - nal tea - chings, clear - ly pro-claim - ing the

divinity of the unbegot-ten Fa - ther, the co - e - ter - nal Son and Holy Spi - rit,

one God, ha - ving the same Essence, one in Tri - ni - ty, and

Tri - ni - ty in U - ni - ty.

Cantor *(on 1)*

Strong is the love of the Lord for us; he is faith-ful for - ev - er.

①

You wise - ly taught that the Word was coeter-nal with the Fa - ther,

bo - diless, united to the flesh in his Person, without confu-sion or change. He has

two na - tures, with two en - er - gies, of which He is com-posed,

and in both of which, in - div - i - si - bly, He can be con-tem - pla - ted

by vir - tue of their real un - ion.

The faithful STAND.

Cantor

Glo - ry to the Father and to the Son and to the Holy Spir-it, now and

ev - er and for - ev - er. A - men.

Theotokion - *in the same tone*

Be-dew my mind with showers of the All-holy Spi-rit, O all - pure one,

who ineffably gave birth to Christ, who with his compass-ions wash-es a-way

the count-less in - i - qui-ties of men; dry up the upwellings of my pas-sions