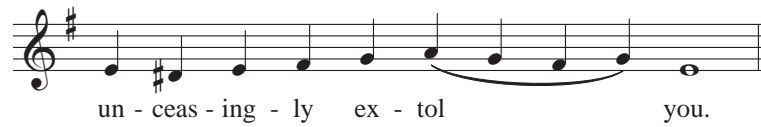


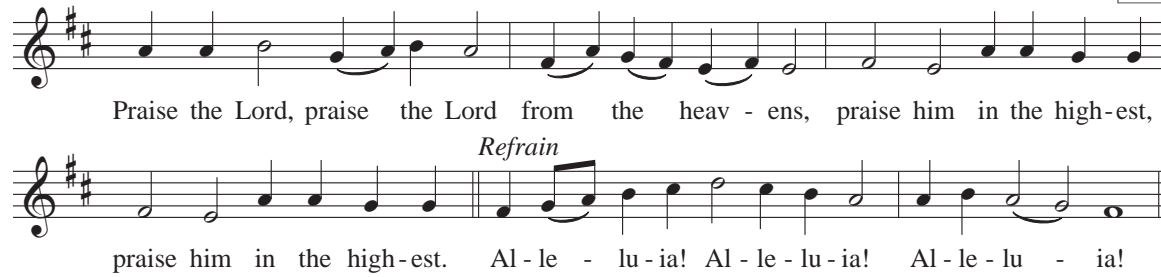
Divine Liturgy Propers, September 11, 2011
SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS
Post-festive Day of the Nativity of the Theotokos



un - ceas - ing - ly ex - tol you.

Communion Hymn for Sundays (Psalm 148:1):

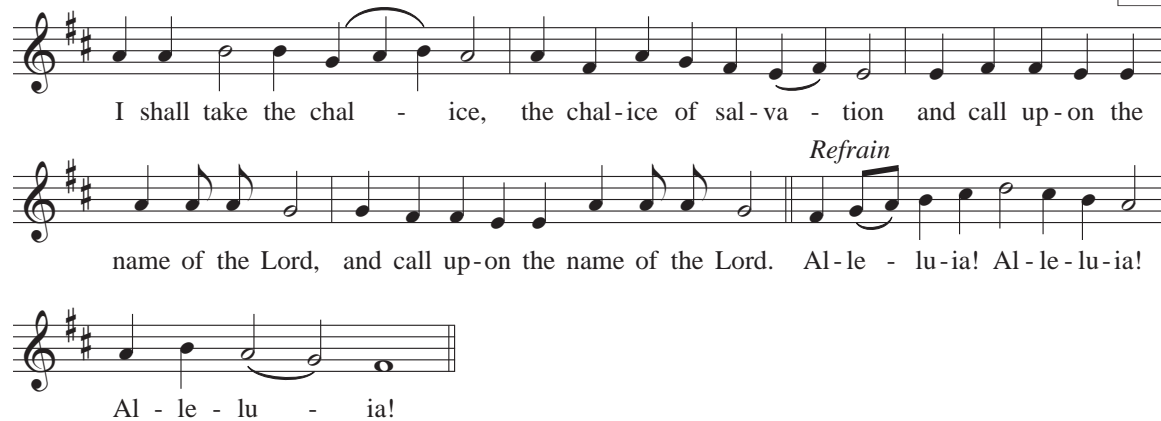
A



Praise the Lord, praise the Lord from the heav - ens, praise him in the high-est,
Refrain
 praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

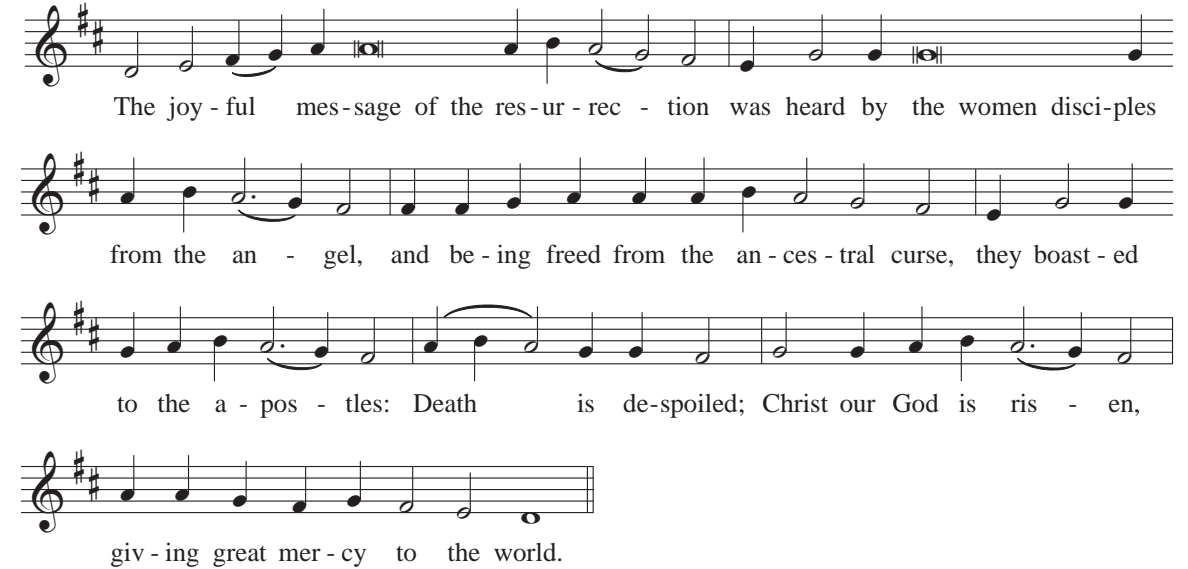
Communion Hymn of the Nativity of the Theotokos (Psalm 115:4):

A



I shall take the chal - ice, the chal-ice of sal - va - tion and call up-on the
Refrain
 name of the Lord, and call up-on the name of the Lord. Al - le - lu - ia! Al - le - lu - ia!
 Al - le - lu - ia!

Troparion of the Resurrection - Tone 4



The joy - ful mes - sage of the res - ur - rec - tion was heard by the women disci - ples
 from the an - gel, and be - ing freed from the an - ces - tral curse, they boast - ed
 to the a - pos - tles: Death is de - spoiled; Christ our God is ris - en,
 giv - ing great mer - cy to the world.

Troparion of the Nativity of the Theotokos - Tone 4



Your birth, O Vir - gin The - o - to - kos, her - ald - ed joy to the u - ni - verse;
 for from you arose the Sun of Jus - tice, Christ our God. Re - mov - ing the curse, he
 gave the bless - ing, and by de - stroy - ing Death, he grant - ed us e - ter - nal life.

Cantor

Glo-ry to the Father, and to the Son, and to the Ho-ly Spir - it, now and ever
and for - ev - er. A - men.

Kontakion of the Resurrection - Tone 4

O my Sav-ior and Re - deem - er, as God, you raised from the grave all those
who were in chains and de-stroyed the gates of Ha - des, and, as Lord, you
a - rose on the third day.

Prokeimenon of the Sunday before the Exaltation of the Cross - Tone 6 (Psalm 27:9,1):

Save your peo - ple, O Lord, and bless your in - her - i - tance,
and bless your in - her - i - tance.

Verse: To you, O Lord, I cry out: My God, be not silent to me.

Alleluia of the Sunday before the Exaltation of the Cross - Tone 1 (Psalm 88:20-22):

Al - le - lu - - - ia! Al - - - le lu - ia!
Al - le - lu - - - - ia!

Verse: I have exalted one chosen from my people and with my holy oil I have anointed him.

Verse: My hand shall protect him and my arm shall make him strong.

Instead of "It is truly proper . . .", the Magnification and Irmos of the Nativity of the Theotokos:

Magnification:

Ex - tol, ex - tol, O my soul, O my soul,
the Vir - gin Mar - y born of the bar - ren wo - - - man.

Irmos:

Tone 6 Irmos, simple setting

Vir - gin - i - ty is something for - eign to moth - ers, and child - bear - ing
is strange for vir - gins. But in you, O The - o - to - kos, both the one
and the oth - er have come to pass. There - fore, we, the peo - ples of the earth,