

Communion Hymn - For Sunday (Psalm 148:1):

A

Praise the Lord, praise the Lord from the heav - ens, praise him

*Refrain*  
in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia!

Communion Hymn of the Cross (Psalm 4:7):

A

We have been signed, O Lord, with the light of your face.

We have been signed, O Lord, with the light of your face.

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Divine Liturgy, September 20, 2009  
SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS

Hymn

*melody: Pod tvoј pokrov / We Hasten to Your Patronage*

1. Christ called the crowd to Him and said, "If you would fol - low Me,  
2. What prof - it, then, to gain the world And then to lose one's soul?  
3. For I am dead to my old self; With Christ I'm cru - ci - fied;

De - ny your - self, take up your cross, And my dis - ci - ple be!  
What can be giv - en in ex - change That still would keep us whole?  
The life I live is not my own - Yes, to my "self" I've died!

For those who seek to save their life Will lose it at the end;  
If we be - have a - shamed of Christ, With wit-ness far from grand,  
Christ lives in us; a life of faith—From sin and death set free,

But life lost for the Gos - pel's sake Will live on as My friend."  
Christ will dis - own us each when we're Be - fore the judg - ment - stand.  
That I may know that lov - ing Lord, Who gave Him - self for me.

**First Antiphon (Psalm 21:2)**

My God, my God, hear me; why have you for-sak - en me? Far from my  
 sal - vation are the words of my trans - gres - sions. Through the pray'rs of the  
 The - o - to - kos, O Sav - ior, save us. Glo - ry to the Father, and to  
 the Son, and to the Ho - ly Spir - it, now and ev - er and for - ev - er. A - men.  
 Through the pray'rs of the The - o - to - kos, O Sav - ior, save us.

**Second Antiphon (Psalm 66:2):**

Why, O God, have you cast us off for - ev - er? Why does your an - ger smoulder  
 against the sheep of your pas - ture? O Son of God, cru - ci - fied in the flesh,  
 save us who sing to you: Al - le - lu - - - ia!

*Instead of "It is truly proper . . ."*

**Magnification:**

Ex - tol, ex - tol, O my soul, O my soul,  
 the most pre - cious cross of the Lord.

**Irmos:**

*Tone 6 Irmos, simple setting*

You are a mystical paradise, O The - o - to - kos; Christ has blos - somed forth from  
 you with - out till - ing. He plant - ed the life - bearing tree of the cross on the earth.  
 As we now ex - alt the cross and bow be - fore it, we pro - claim  
 your great - - - ness.

Instead of "Holy God", the following is sung (music on pages 32-33):

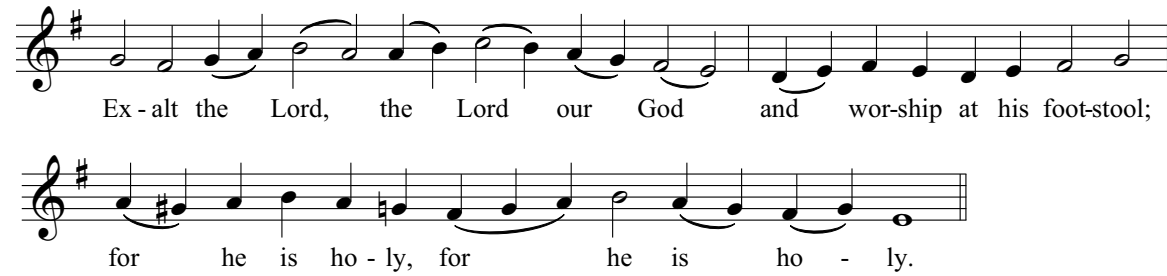
We bow to your cross, O Lord, and we glorify your holy resurrection. (three times)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

And we glorify your holy resurrection.

We bow to your cross, O Lord, and we glorify your holy resurrection.

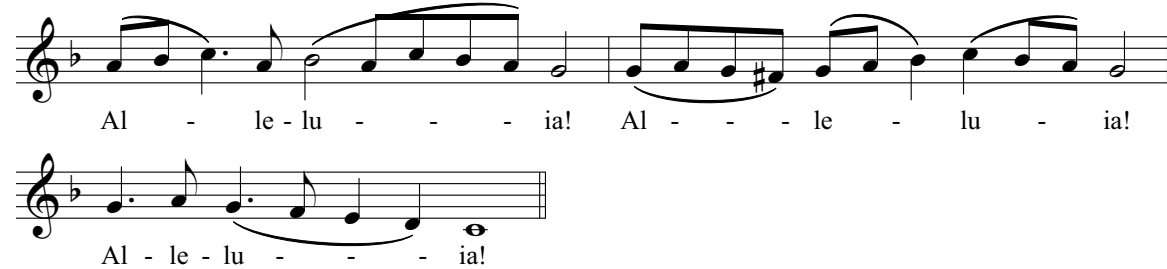
**Prokeimenon of the Cross - Tone 7** (Psalm 98:5,1):



Ex - alt the Lord, the Lord our God and wor-ship at his foot-stool;  
for he is ho - ly, for he is ho - ly.

*Verse:* The Lord is King; let the peoples rage.

**Alleluia of the Cross - Tone 1** (Psalm 73:2,12):



Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

*Verse:* Remember your flock which you acquired long ago.

*Verse:* God is our King from all ages; he has accomplished salvation in the middle of the earth.

**Hymn of the Incarnation - Resurrection Tone 7** (other versions on pp. 18 and 21):



Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it,  
now and ev - er and for-ev - er. A - men. O on - ly - begotten Son and  
Word of God, who be - ing im - mor - tal, deigned for our sal - va - tion  
to be - come in - car - nate of the ho - ly Theotokos and ever - Vir - gin Mar - y,  
and be - came man with - out change; you were al - so crucified, O Christ our God,  
and by death have tram - pled Death, be - ing One of the Ho - ly Trin - i - ty,  
glo - rified with the Father and the Ho - ly Spir - it, save us.

**Third Antiphon** (Psalm 94:1)



Come, let us sing joyful - ly to the Lord; let us ac - claim God our Sav - ior.  
O Son of God, cru - ci - fied in the flesh, save us who sing to you:

Al - le - lu - - - ia!

**Entrance Hymn (Psalm 94:6):**

Come, let us wor - ship and bow be - fore Christ. O Son of God,  
cru - cified in the flesh, save us who sing to you: Al - le - lu - ia!

**Troparion of the Resurrection - Tone 7**

You have de-destroyed Death by your cross; you o-pened par - a - dise to the thief.  
The sor - row of the myrrh - bearers you turned to joy. You com - mand - ed your  
a - pos - tles to pro - claim: Christ our God, you have ris - en, grant - ing great  
mer - cy to the world.

**Troparion of the Cross - Tone 1**

Save your peo - ple, O Lord, and bless your in - her - i - tance. Grant vic - to - ry

to your Church o - ver e - vil, and pro - tect your peo - ple by your cross.

*Cantor*

Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it, now and ever  
and for - ev - er. A - men.

**Kontakion of the Cross - Tone 4**

Christ our God, who were willingly raised up - on the cross, grant your mercies to  
the new peo - ple who bear your name. By your pow - er grant joy to the Church.  
Give her vic - to - ry o - ver e - vil with your in - vin - cible tro - phy,  
the weap - on of peace, as an al - ly.