

FIRST SUNDAY OF THE GREAT FAST
Sunday of Orthodoxy
February 10, 2008



1. With joy we keep the ho - - - ly Fast
 2. Now is the time ac - cep - - - ta - ble!
 3. You took our flesh, O Christ our God,
 4. To God, the bless - ed Three - - - in - One,



And gath - er on the Lord's own Day
 To - day, the day our Sav - ior calls!
 That we be saved from death and sin.
 Who made and saves and sanc - ti - - - fies,

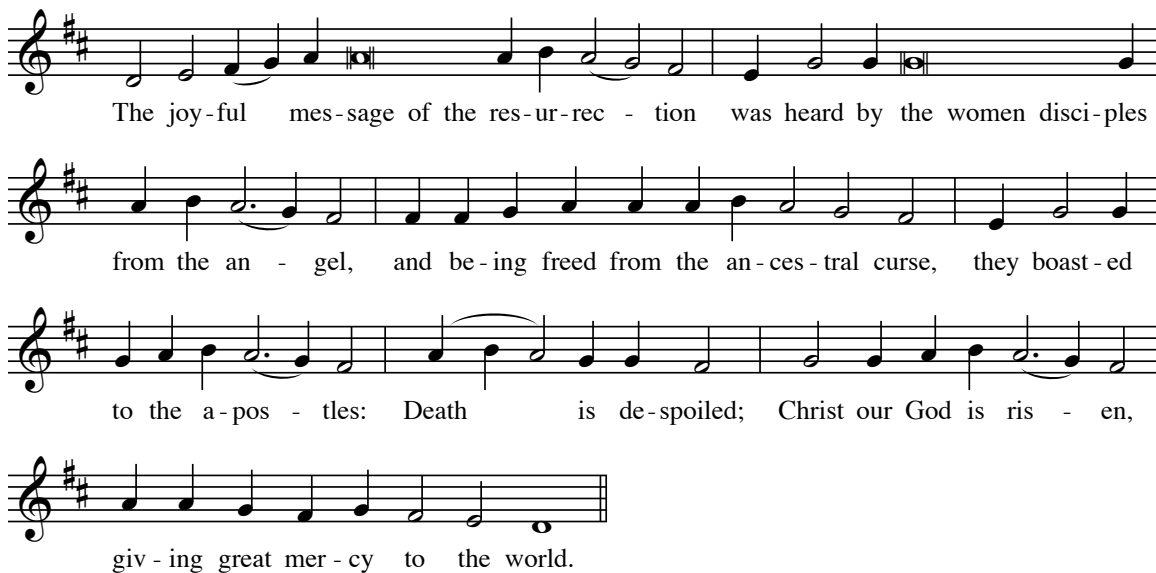


That through His Word and Sac - - - ra - ment,
 Let us cast off the weight of sin
 In i - cons, we this faith ex - press,
 All praise in heav - en now is sung,



We may give thanks to Christ, the Way.
 And rise a - gain from e - vil's falls.
 As we our Pas - chal fast be - - - gin.
 While earth with thanks and love re - - - plies!

Troparion of the Resurrection - *Tone 4*



The joy-ful mes-sage of the res-ur-rec - tion was heard by the women disci-ples
from the an - gel, and be-ing freed from the an-ces-tral curse, they boast-ed
to the a-pos - tles: Death is de-spoiled; Christ our God is ris - en,
giv - ing great mer - cy to the world.

Troparion of the Sunday of Orthodoxy - *Tone 2*



We bow be - fore your sa-cred im-age, O gra-cious Lord, and beg for-giveness for
our of - fens-es, O Christ our God; for you, of your own good will, ascended
the cross in your hu - man na - ture to de - liv - er from the enemy's
bondage those whom you cre - a - ted. There-fore, we grate-ful - ly cry
out to you: By your com - ing to save the world, O Sav - ior,

you have filled all with joy.

Cantor

Glo-ry to the Father, and to the Son, and to the Ho-ly Spir-it, now and ever and

for - ev - er. A - men.

Kontakion - Tone 8

O The - o - to - kos, the indescribable Word of the Fa - ther be - came describable

when he took flesh from you. Our soiled im-age was restored to its or-i-gi-nal form,

com-min-gled with di-vine beau - ty. This is the very salva-tion we pro-fess,

de - pict - ing it in word and deed.

Prokeimenon - Tone 4 (Daniel 3:26,27):



Bless-ed are you and praise-wor-thy, O Lord, the God of our fa - thers,
and glo - ri - ous for - ev - er is your name.

Verse: For you are just in all that you have done for us.

Alleluia - Tone 4 (Psalm 98:6):

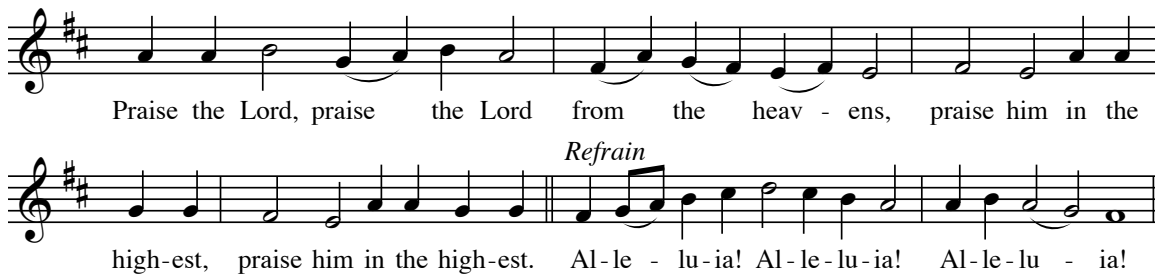


Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: Moses and Aaron were among his priests;
Samuel was among those who called upon his name.

Verse: They called upon the Lord and he answered them.

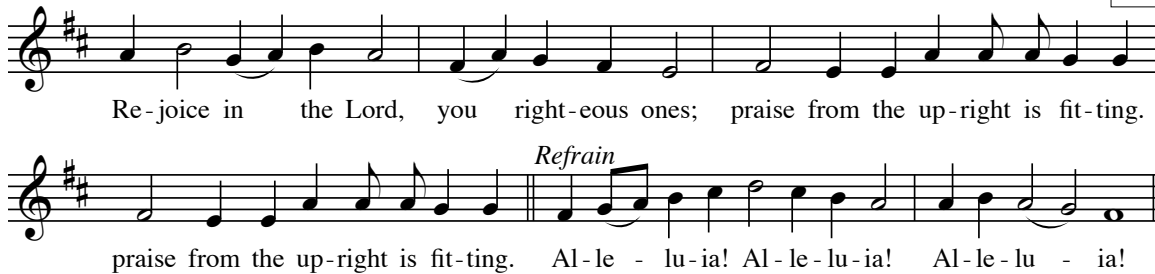
Communion Hymn for Sundays (Psalm 148:1):



Praise the Lord, praise the Lord from the heav - ens, praise him in the
Refrain
high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

And for the righteous ones (Psalm 32:1):

A



Re-joice in the Lord, you right-eous ones; praise from the up-right is fit-ting.
Refrain
praise from the up-right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

