

Communion Hymn (Psalm 148:1):

A

Praise the Lord, praise the Lord from the heav - ens, praise him
Refrain
 in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!
 Al - le - lu - ia!

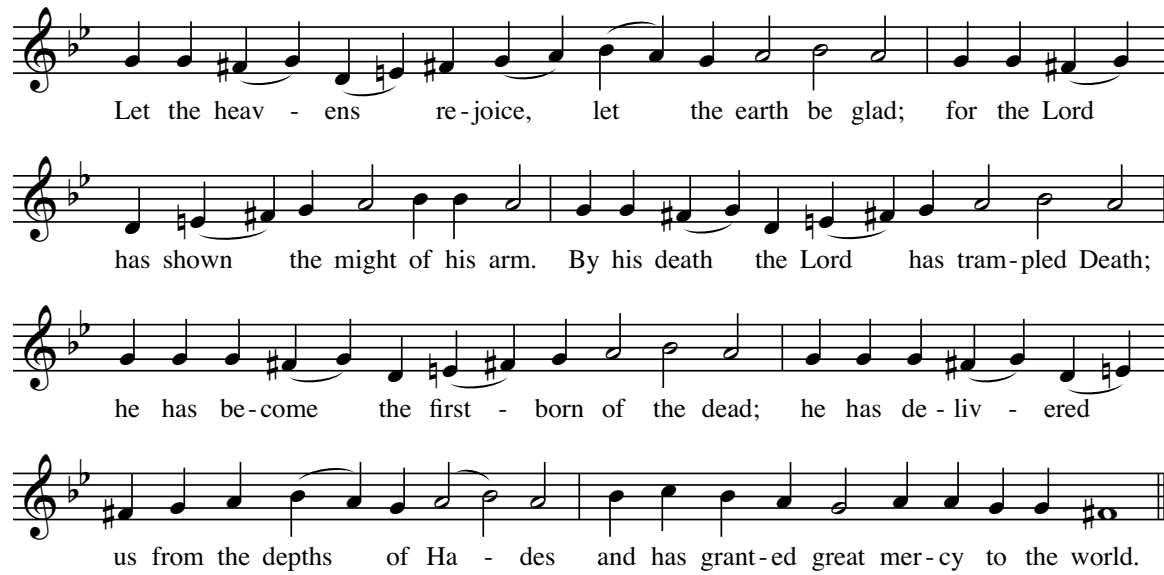
SUNDAY OF CHEESE-FARE
Commemoration of the Expulsion of Adam and Eve from Paradise
February 3, 2008

Hymn

melody: Krestu Tvojemu/At the Most Holy Cross (Grekokatolicki Duchovny Pisni, 1969)

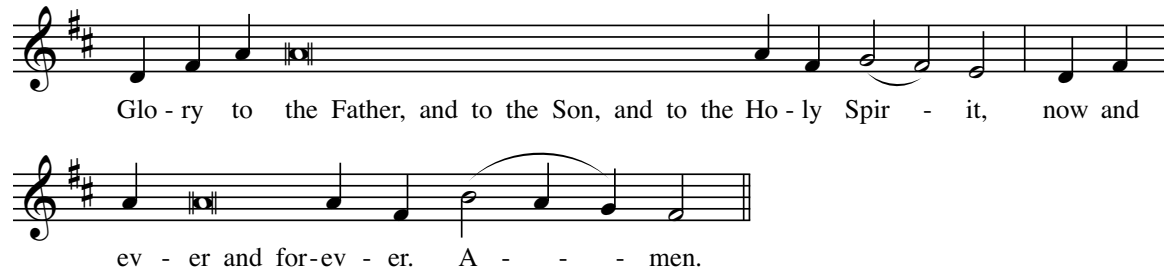
1. Lord and Cre - a - tor, from clay You formed me,
 2. Stripped of my heav - n'ly gar - ment through sin - ning,
 3. In dis - o - be - dience, Ad - am was ban - ished;
 4. As we be - gin this sea - son of fas - ting,
 Gave me a soul through life - giv - ing breath;
 Clothed now with leaves and gar - ments of skin,
 Par - a - dise closed! He sat there and cried.
 Thus sanc - ti - fy - ing bod - y and soul,
 O - ver cre - a - tion made me a rul - er!
 I eat my bread through work - ing and swea - ting.
 Give us Your grace to wel - come this sea - son;
 Flee - ing from pas - sions, vir - tues e'er seek - ing,
 But Sa - tan tempt - ed, lured me to death.
 Your voice is deaf - ened through e - vil's din.
 Fast - ing and pray'r will hum - ble our pride.
 We set Christ's Pas - cha as fi - nal goal!

Troparion of the Resurrection - Tone 3



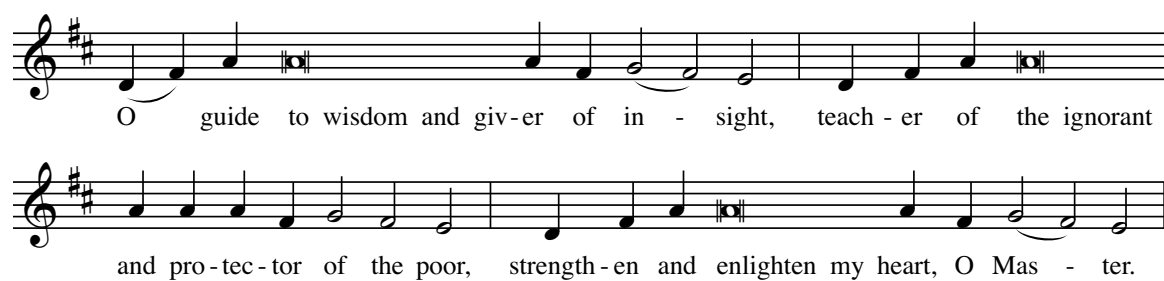
Let the heav - ens re-joice, let the earth be glad; for the Lord
has shown the might of his arm. By his death the Lord has tram-pled Death;
he has be-come the first - born of the dead; he has de - liv - ered
us from the depths of Ha - des and has grant-ed great mer-cy to the world.

Cantor

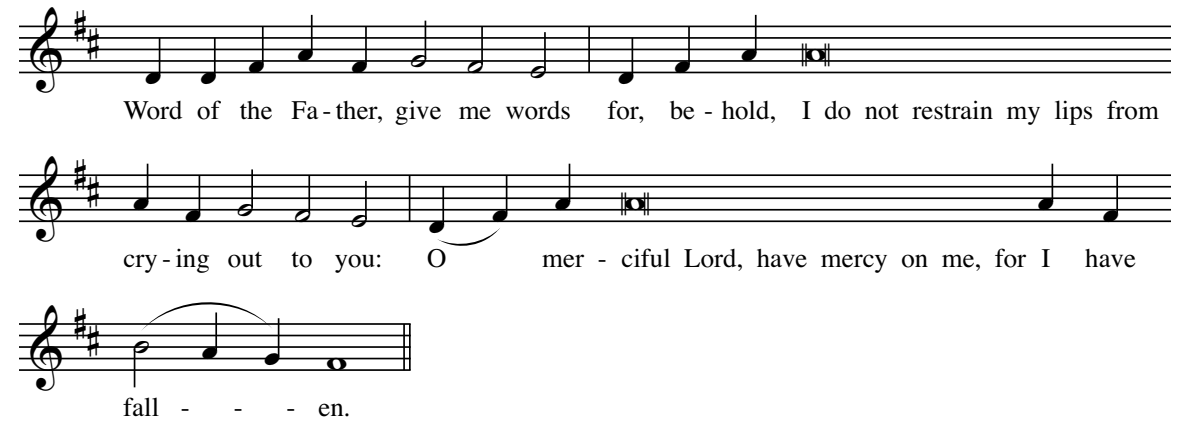


Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it, now and
ev - er and for-ev - er. A - - - men.

Kontakion of Cheesefare Sunday - Tone 6

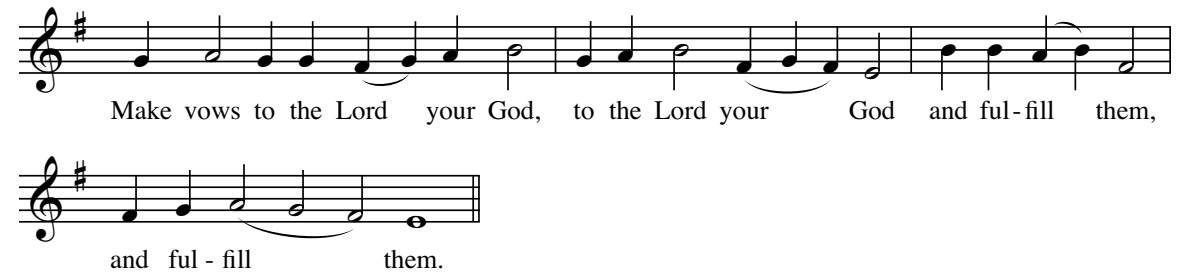


O guide to wisdom and giv-er of in - sight, teach - er of the ignorant
and pro-tec-tor of the poor, strength-en and enlighten my heart, O Mas - ter.



Word of the Fa-ther, give me words for, be - hold, I do not restrain my lips from
cry-ing out to you: O mer - ciful Lord, have mercy on me, for I have
fall - - - en.

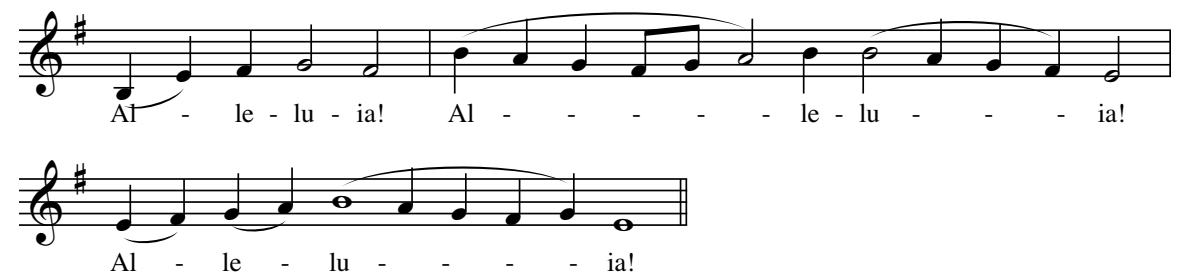
Prokeimenon - Tone 8 (Psalm 75:12,2):



Make vows to the Lord your God, to the Lord your God and ful-fill them,
and ful - fill them.

Verse: God is known in Judah; in Israel his name is great.

Alleluia - Tone 6 (Psalm 91:2,3):



Al - le - lu - ia! Al - - - - le - lu - - - ia!
Al - le - lu - - - - ia!

Verse: It is good to give thanks to the Lord and to sing praise to your name, O Most High.

Verse: To proclaim your mercy in the morning, and your faithfulness throughout the night.